

# legacy

Fall 2018

A PUBLICATION OF LIFE ENRICHING  
COMMUNITIES FOUNDATION

## A Musical Feast, Supporting Others through Music

DETAILS ON PAGE 2



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A Life Enriching Communities Foundation  
Publication  
Fall 2018

Life Enriching Communities Foundation  
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www.lec.org

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*Legacy is published by the Life Enriching Communities Foundation supporting the residents, family members and associates who utilize the resources of Life Enriching Communities. Affiliated with the West Ohio Conference of the United Methodist Church, Life Enriching Communities offers equal housing and employment to all persons regardless of race, religion or national origin.*

### VISION

Residents, associates and those otherwise engaged with LEC thrive in our communities and in their lives

### MISSION

The LEC Foundation supports and promotes Life Enriching Communities' mission and impact through:

- Generating resources to fill ever-evolving and expanding needs
- Educating stakeholders to engage with us in service to those whose lives we are positioned to touch

### Core Values

Respect • Innovation • Spirituality • Excellence  
• Stewardship

**ON THE COVER:** L-R: University of Cincinnati College-Conservatory of Music/Twin Towers Artists in Residence students: Matthew McAllister, Annie McAllister, Shu-Li Cheah, Bryan Bonowetz, Victor Cardamone, Holly Nelson and Yan Izquierdo.

## Enrichment & Education Series

### New Enrichment & Education



### Series A Hit

Earlier this year, the Life Enriching Communities (LEC) Foundation launched a series of quarterly educational programs offered to enhance and enrich the lives of our associates, residents and the community at large. These presentations, titled the Life Enriching Communities Foundation Enrichment & Education Series, are offered complimentary to attendees and focuses on the pillars of wellness LEC holds dear... emotional, physical, spiritual, social, vocational, and intellectual.

To date, the Foundation has served over 200 residents, family members, associates, and general public attendees through these informative and interactive sessions. These events have included collaborative corporate partners, valued industry leaders, and some of our very own residents who serve as experts in their fields. This year, events have included:

***Empowering Women through Financial Education***, led by Cindy Coggins and Jerri Wentz of Graystone Consulting

***Spirituality & Aging: Pilgrimage into the Last Third of Life***, led by Rev. Susan Jinnett-Sack, District Superintendent for the Northern Kentucky United Methodist Church

***Total Joint Replacement & Wellness***, led by Twin Lakes Resident Dr. Richard Freiberg, MD.

"We look forward to offering even more events to enhance the lives of our community members, create significant impact on others, and strengthen collaborative partnerships" says Dan McManus, Executive Director, Life Enriching Communities Foundation.

## JOIN US for the Journey of Caregiving

Join us for our next program, The Journey of Caregiving presented by Merrill Lynch – Tuesday, November 13th, 6:30 pm at Twin Lakes or Wednesday, November 14th, 6:30 pm at Twin Towers. For more information visit [lec.org/news-and-events](http://lec.org/news-and-events), mark your calendar and RSVP to Katie at (513) 247-1357 or [katie.jones@lec.org](mailto:katie.jones@lec.org)



# Donors Recognized for Generosity, Commitment to LEC Credo

They exemplify Life Enriching Communities' (LEC) encouraging credo, "Live Your Best Life," and now their generous donations to the Life Enriching Communities Foundation will help ensure that residents and associates can do just that for years to come.

David and Sonja Stratman, longtime residents at Twin Lakes, and the late Louise Tatgenhorst, who lived at Twin Towers for many years, were honored recently for their charitable gifts during the annual Voices of Giving Awards program. The awards, presented by the Greater Cincinnati Planned Giving Council – the professional association for those who market and administer charitable planned gifts – recognize area philanthropists who have made a planned gift or bequest to a local not-for-profit organization.

"We love Twin Lakes. We 've been here 15 years, and life just seems to get better all the time," says David Stratman. "We love the residents and the associates who work here. Everything is great. It's home. And so, we wanted to give something back."

Thus, the Stratmans decided to name the Life Enriching Communities Foundation in their estate plans. For years to come, their bequest will ensure LEC associates receive needed assistance during times of hardship.

David, a former optician, donates his time repairing residents' and associates' eyeglasses every Monday morning. Sonja, born in Nuremberg, Germany in 1927, travels about the local region, giving captivating talks about the struggle of growing up under Hitler's regime. She donates all speaking honorariums to Twin Lakes' Pastoral Care Fund, the heart of LEC's spiritual foundation.

Louise Tatgenhorst regularly served others through the many activities and organizations she was involved in, including the Twin Towers Auxiliary and its Annual Tea. A former nurse at Children's Hospital and a beloved Sunday School teacher, Louise was heavily involved in the Westwood United Methodist Church, Church Women United, the Oak Crest Organization, and Cub Scouts.



Louise Tatgenhorst

Louise generously included the Twin Towers General Fund of Life Enriching Communities Foundation as a beneficiary of her retirement plan. The General Fund supports areas of greatest need at Twin Towers.

LEC is honored to recognize these three individuals who have made such lasting, loving impressions on the Twin Lakes and Twin Towers communities. David and Sonja Stratman will forever be remembered for their altruistic spirit of giving and their dedication to perpetuating Life Enriching Communities Foundation's ministries long into the future. And Louise Tatgenhorst's legacy is one of compassion, generosity, a positive spirit and a can-do dedication to improving Twin Towers.



(L to R) Dan McManus, Executive Director, Life Enriching Communities Foundation; Scott McQuinn, President and CEO, Life Enriching Communities; Sonja Stratman; David Stratman; Gretchen Ramstetter, Development Manager, Twin Lakes and Jim Mayer, Executive Director, Twin Lakes.

# A Musical Feast, Supporting Others through Music

On October 12th, residents, family members, associates, board members, and sponsors enjoyed an evening of classical entertainment and fine dining at the 3rd annual A Musical Feast at Twin Towers Senior Living Community. The evening featured performances by our Artists in Residence from the University of Cincinnati-College Conservatory of Music (CCM): Bryan Banowetz, Victor Cardamone, Shu-Li Cheah, Annie McAllister, Matthew McAllister, Holly Nelson and Yan Izquierdo.

Twin Towers was showcased as the artists played in three locations throughout the campus. Before the event officially began, guests were treated to a cello performance by Shu-Li Cheah as they enjoyed hors d'oeuvres and browsed the silent auction. To kick the event off, Life Enriching Communities President and CEO Scott McQuinn, welcomed all guests and elaborated on the strong relationship between the University of Cincinnati –CCM program and Twin Towers. Executive Director Vicki Hickman then introduced all of the artists and noted the significant accomplishments they have made in their young careers. Guests then dispersed to the performance venues and enjoyed three 20 minute performances by the artists. During the intermissions, food and beverages were served and 25 gift baskets were bid on through the silent auction. The evening ended with desserts and coffee, while the guests had an opportunity to meet and get to know the CCM artists-in-residence.

The partnership with CCM, created in 2015, offered free housing to two graduate students and live musical performances for the Twin Towers community. Since then, the "Artists-in-Residence" program has grown to six students. This intergenerational arrangement has numerous benefits, and has a positive impact on everyone involved. The benefits the students receive far surpass free housing; this partnership aligns with CCM's mission to immerse students in their community. Additionally, the artists perform monthly recitals for the residents during their residency.

One of the original artists, Annie Barr, has since gotten married to her husband, Matt McAllister. After finishing up her Master's degree, Annie chose to pursue her Doctoral degree through CCM. Today, she and her husband are both artists-in-residence.

Funds raised through A Musical Feast are used to support the mission of the Life Enriching Communities Foundation, including Benevolent and Pastoral Care for the residents of Twin Towers and Twin Lakes.

The Benevolent Care Fund is the cornerstone of our ministry. This fund ensures that the residents of Twin Towers and Twin Lakes who have outlived their personal financial resources or experienced a catastrophic event can continue to live at home, receiving the highest quality care and service. This Fund provides

support for LEC Benevolent Care costs which, on average, reach over \$1 million annually.

The Pastoral Care Fund is the heart of our ministry. This fund preserves, protects and perpetuates our spiritual foundation by ensuring the residents of Twin Towers and Twin Lakes, their family members, and our associates receive spiritual support and counseling. This Fund provides the support necessary to maintain the chaplaincy ministry, including worship services, life transition and grief counseling, and Bible study programs.

We would like to thank our sponsors who helped make this event a wonderful success.

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# A Musical Feast



1.

1. Victor Cardamone, student, University of Cincinnati College-Conservatory of Music/Twin Towers Artist-in-Residence;
2. Scott McQuinn, President & CEO, Life Enriching Communities;
3. Ron Beshear, Chairperson, Life Enriching Communities Foundation and Gretchen Ramstetter, Development Manager, Life Enriching Communities Foundation;
4. Annie McAllister, student, University of Cincinnati College-Conservatory of Music/Twin Towers Artist-in-Residence;
5. Holly Nelson, student, University of Cincinnati College-Conservatory of Music/Twin Towers Artist-in-Residence;
6. Appetizers;
7. Silent Auction items;
8. Mark Mountel, Director of Purchasing and Information Technology, Life Enriching Communities and Chuck Bixby, President & CEO, Infinite Services Contracting Corporation;
9. David Denny, event guest



2.



3.



6.



4.



7.



5.



8.

9.

# Grateful Hearts Recognize Exceptional Service

Often we hear from our guests and prospective residents that something “just feels different” when they tour our Twin Lakes and Twin Towers campuses. We believe the difference is our commitment to providing exceptional, everyday experiences for every life we touch. Every day our associates take the time to “go the extra mile” in making a difference in the lives of our residents and their family members.

Earlier this year, the Life Enriching Communities Foundation introduced the Grateful Hearts Program which gives residents, family members and associates the opportunity to recognize an associate who has made a meaningful difference in their lives while at the same time supporting the mission of the Life Enriching Communities Foundation.

To participate, you make a donation in honor of an Associate who makes a difference in your life and write

a brief note to share your thanks. We will recognize your honoree to commemorate both their service and your generosity.

Grateful Hearts gifts enable us to provide care for those in need, seek innovative approaches to senior care and offer exceptional experiences to our residents and patients.

## Congratulations to those associates who have received recognition through the Grateful Hearts Program July - September.

- |                   |                  |                 |
|-------------------|------------------|-----------------|
| Jeffery Blackmore | Jay Klenk        | Joan Reiniger   |
| Corey Buckler     | Leah Lataille    | Doug Rich       |
| Thomas Camp       | Steve Ledwin     | Judy Rich       |
| Melanie Carter    | Andy Lipps       | Ashley Riley    |
| Sam Dawson        | Harry Meyer      | William Rouse   |
| Roberta Dawson    | Gregory Mueller  | Tiffany Sampson |
| Miriam Dierker    | James Mueller    | Tina Spicer     |
| Doug Frankenberg  | Rick Olano       | Keith Strahm    |
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| Arthur Hodge      | Janet Overley    | Stanley West    |
| Russell Johnson   | Tamia Perry      | Ryan Woolley    |
| Richard Kent      | Deborah Peterson |                 |
| Paul Ketterer     | Nicholas Rechten |                 |

## Grateful Hearts Program

Recognizing associates who make a meaningful difference

**Yes, I want to honor those who have made a difference.**

Associate's Name \_\_\_\_\_

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

I would like to make a one-time gift of:

\$25    \$50    \$100    \$250   \$\_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature (Name as it appears on your card) \_\_\_\_\_

**Please let us know the impact this Associate(s) has had on your life. Use additional paper as necessary.**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Contact or Mail to:**

Twin Lakes Senior Living Community  
Attn: Gretchen Ramstetter  
9840 Montgomery Road, Cincinnati, Ohio 45242  
(513) 247-1362  
gretchen.ramstetter@lec.org

Twin Towers Senior Living Community  
Attn: Matt Hilderbran  
5343 Hamilton Ave., Cincinnati, Ohio 45224  
(513) 853-2009  
matt.hilderbran@lec.org



### Associates Bless Residents with Continued Support

Each year, the associates of Life Enriching Communities (LEC), Twin Towers and Twin Lakes Senior Living Communities and Confident Living are asked to consider a gift that will help minister to the needs of the Twin Lakes and Twin Towers families through the Life Enriching Communities Foundation. The 2018 Appeal, themed Be the Blessing, offered our team the opportunity to show their commitment and belief in our purpose of providing exceptional everyday experiences in Christian community to everyone we serve.

Together, 265 associates raised over \$29,000 to benefit the Benevolent Care, Pastoral Care and General funds,

which the Life Enriching Communities Foundation works to sustain, preserving the future of Life Enriching Communities.

Showcasing dedication to our residents of Twin Towers and Twin Lakes and making a powerful testament of associate priorities, nearly 40% the funds raised this year were designated to Benevolent Care. The Benevolent Care Fund is the cornerstone of our ministry and ensures residents who have outlived their personal financial resources or experienced a catastrophic event continue to live at home, receiving the highest quality care and service.

LEC, Twin Towers and Twin Lakes Senior Living Communities associates are truly a blessing to our organization!

### Get a Jump on 2019 Cross Estate Planning Off Your To-Do List

**A new year will offer a fresh start on your personal goals and resolutions. It's also the perfect time to take stock of where you are in your estate planning.**

**When surveying your plan, make sure you review the following:**

- ❑ Wills and trusts. Review your will or trust for any life change such as a birth, death, marriage or a move to a different state.
- ❑ Beneficiary designations. Remove any beneficiary on your life insurance or retirement plans who is deceased or is a former spouse, and consider adding a charitable organization like the Life Enriching Communities Foundation.
- ❑ Durable power of attorney. Make sure your durable powers of attorney for financial and health care are current. A copy of the financial power of attorney should be given to your family members, while a copy of your health care power of attorney should be provided to both family members and health care providers.
- ❑ Safe-deposit box. Catalog the contents of your safe-deposit box. Give a written copy to a trusted family member and note any items you are holding for someone else.
- ❑ Bank or brokerage accounts. Name designated heirs or the Life Enriching Communities Foundation as recipients of bank or brokerage account proceeds at your death.\*

❑ Charitable contributions. If you've included a gift to the Life Enriching Communities Foundation in your estate plan, review the details of your gift and let us—and your loved ones—know of your intentions. This will guarantee that your wishes are carried out after your lifetime.

\*State laws govern payable on death accounts and transfer on death accounts. Please consult with your bank representative or investment advisor if you are considering these gifts.

#### Don't Have an Estate Plan?

It's never too late to plan for the future. Contact us for more information on how you can create an estate plan that provides for you and for the Life Enriching Communities Foundation.

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513-247-1362

The information in this publication is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for hypothetical purposes only and are subject to change. References to estate and income taxes include federal taxes only. State income/estate taxes or state law may impact your results.

As we celebrate the holiday season, it is a time for REMEMBRANCE and RECOGNITION of those we love. Please join us in commemorating their lives through the Life Enriching Communities Foundation's end of year

## Light Up a Life at Twin Lakes • December 6th

Each year we set aside time to celebrate and honor those who have passed and those who continue to impact our lives through the lighting of our tree.

Each light sponsored represents a gift of love during this holiday season.

With your gift of \$20 for a single light or \$50 for a strand of lights, you support the Twin Lakes Benevolent Care Fund helping to ensure that residents in need continue to remain a part of our community, receiving the highest quality care.

Please join us on December 6th at 6:30 p.m. in the Chapel for a powerful program for those memorialized and honored, a special holiday performance by a local choir, light refreshments, and caroling throughout the campus.



## Blessing of the Angel Tree

at Twin Towers • December 7th

Christmas Angels hold a special place in the hearts of those connected with Twin Towers.

Each year we set time aside to celebrate those we love during the Christmas season by hanging an Angel on one of our trees. Each Angel represents a gift of love for our residents, family member, or friend. Hundreds of angels have adorned our Christmas trees over the years.

Every Angel supports the Twin Towers Benevolent Care Fund which ministers to and allows those individuals who have outlived their assets to remain a part of our community and caring environment.

Please join us on December 7th at 6:30 p.m. in The Gulden Community Center for a powerful program for those memorialized and honored, a special holiday performance by The Cincinnati Boychoir Ambassadors, light refreshments and caroling throughout the campus.

To make a gift to the Light Up a Life or the Blessing of the Angel Tree, fill out the form below (returning in the enclosed envelope), visit [www.lec.org/donate](http://www.lec.org/donate), or contact Katie Jones at 513-247-1357. Thank you for your generous support of our ministry!

Please Choose:  Light Up a Life at Twin Lakes  Blessing of the Angel Tree at Twin Towers

Name of Honoree(s): \_\_\_\_\_

Memorial  Honorarium Relationship(s): \_\_\_\_\_

### CONTACT INFORMATION:

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address, City, State, Zip: \_\_\_\_\_

PAYMENT INFORMATION:  Check enclosed, payable to LEC Foundation  See credit card below

Name on card: \_\_\_\_\_ Credit Card #: \_\_\_\_\_

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## A SPECIAL THANK YOU TO OUR DONORS

On behalf of the residents of both Twin Towers and Twin Lakes who benefit from your gifts, we wish to express our sincere appreciation to the individuals who contributed June 1, 2018 through September 30, 2018. Thank you for expressing your loving care to our residents with your generous gifts.

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## UPCOMING EVENTS

### Light Up a Life

Please join us for the annual Light Up a Life Celebration as we honor and remember those dear to the Twin Lakes family on Thursday, December 6th at 6:30 p.m. in the Chapel. The evening begins with a commemoration program and the lighting of the tree, followed with entertainment and light refreshments.

### Blessing of the Angel Tree

You are invited to attend the Blessing of the Angel Tree on Friday, December 7th at 6:30pm in the Gulden Community Center. The Cincinnati Boychoir Ambassadors will be performing and will light up the season with music from their 2018-19 season. There will be caroling following the Blessing of the Angel Tree. It will be a joyous time of Remembering and Recognizing those that we love!



### I Believe in Santa Paws at Twin Lakes

Make a stop at Twin Lakes for "I Believe in Santa Paws" during the Holiday in the Village event sponsored by the City of Montgomery on Saturday, December 2nd from 5:00 p.m. to 8:00 pm. There will be crafts for children, musical entertainment for the adults and refreshments for all. Enjoy the fun at Twin Lakes and ride the shuttle for more Holiday in the Village events at Ohio National, Bethesda North and the Universalist Church.