

TWIN LAKES PRESS

January 2017

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 www.lec.org



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Twin Lakes Senior Living Community

Six Dimensions of Wellness

Emotional • Intellectual
Physical • Social
Spiritual • Vocational



Thank you from all the associates here at Twin Lakes for donating to the Christmas Fund. Your generosity and kindness are very much appreciated this Holiday Season.

Happy New Year and welcome to 2017! When you were a child, did you ever imagine what life would be like in the 21st Century? As a young boy I enjoyed watching the animated Hanna-Barbera television show "The Jetsons." Whereas Hanna-Barbera's earlier program, "The Flintstones," took place in prehistoric times, "The Jetsons" peered into the future and gave us a glimpse of what daily life might look like. Some observers have noted that many of the technologies predicted in "The Jetsons" have actually been developed, such as video phone calls (Skype), robotic vacuum cleaners, flat screen televisions, and reading news on an electronic tablet. Other Jetsons' images, such as personal flying vehicles, may become a reality in the not too distant future. The way we live has certainly changed over time. Technological innovation has, in many ways, made life easier. Yet as much as the world has changed, our basic human needs for love, friendship, community, hope, and encouragement have not changed at all. Robots are no substitute for the warmth of fellow human beings who care about us, who support us in our times of need, and who celebrate with us in joyful moments. This year take time to build new friendships, renew old friendships, and enjoy the people around you. Friendship and community are never out of date! Peace and blessings to you!

Chaplain Paul

A NOTE FROM JIM

A few months ago Scott McQuinn, President and CEO of Life Enriching Communities, spoke to our Leadership team on "Legacy. Discussing the meaning and challenging the team; what is your Legacy?"

I have been contemplating that subject ever since and asking myself what my Legacy will be.

I realize that "leaving a legacy" has many, many definitions and usages, but it is not all about historic achievements, being a famous world leader, nor all about being an inventor or other renowned person who has changed society. The most usual dictionary definition of Legacy is "a personal gift either material or abstract." In my opinion it is much more than that. It is about what a person leaves and contributes personally to an individual or a group of individuals.

I am so blessed to be at Twin Lakes around so many talented and generous individuals who contribute their talents to make our community better. Now that is leaving a Legacy. It is clear then that each one of us can leave a legacy by contributing ideas, concepts, and talents to others to be remembered. It is unfortunate that sometimes we don't realize what someone has contributed to us until that person has left this earth. That is unfortunate because we want to thank them for the gifts they have given us.

I believe that everyone leaves a legacy. So what is your Legacy?

Thank you for living here at Twin Lakes – this community is a very special place to live and to work, a true community where we sincerely care for one another.

I wish everyone a joyful new year! I say joyful because happy is a moment in time, where joyful is more enduring; so I wish you a JOYFUL 2017!

Campus Shop

The Campus Shop

Hours:

Monday - Friday: 9:30am - 12:00pm, 1:30pm - 4:00pm, & 6:00pm - 7:30pm
Saturday - Sunday: 1:00pm - 3:00pm

Phone:

513 - 247-1346

BEST WISHES TO ALL OF OUR RESIDENTS, ASSOCIATES, VOLUNTEERS AND CUSTOMERS FOR A VERY HAPPY NEW YEAR FILLED WITH GOOD HEALTH, HAPPINESS AND GOD'S BLESSINGS IN 2017!

During the month of January, the Campus Shop will be transitioning to a new line of greeting cards. In order to do this we will need to clear our racks and one spinner of all current cards. Our new supplier will continue to furnish us with cards for all occasions at the reasonable price of \$1 per card plus tax. He will also see that our racks and one spinner are continuously refilled. All of Ann Flournoy's cards will be displayed on one spinner and will be priced as marked. We hope you will like our new arrangement and will continue to take advantage of our great selection of inexpensive and attractive cards.

The Campus Shop thanks all our customers for their patronage in 2016, and we ask your continued support in 2017. All the net profit of the Campus Shop benefits the Benevolent Care and Pastoral Care Funds. Friends of Twin Lakes donated \$277,000 to those Funds from 2007 to the present. Please encourage all your family and friends to visit and enjoy the Campus shop.

The Campus Shop will have a "BIG AFTER CHRISTMAS SALE" in January, 2017 with lots of bargains. Come and browse and check out all the sale items.

Please continue to save the flip tabs from cans for the Ronald McDonald House. A container for the tabs is on the counter in the Campus Shop.

All residents, associates, and current community members will receive an invitation in January to join Friends of Twin Lakes auxiliary or renew their membership for 2017. The total dues and related donations for 2016 totaled \$10,760, an increase over 2015 of \$2,220. Payment of dues for membership to Friends of Twin Lakes, especially at a level above the general level, is very important to the Benevolent Care and Pastoral Care Funds which receive all our net profit. Encourage family members and friends to join our auxiliary because we need all the help we can get when we have fundraisers.

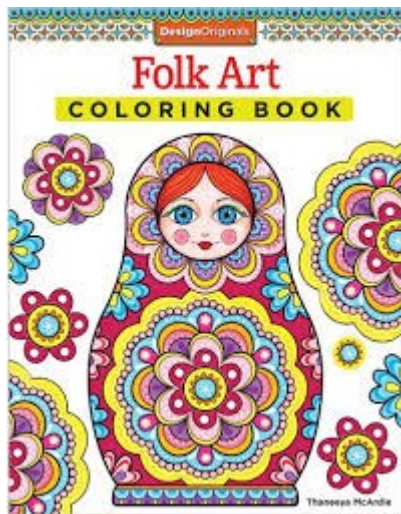
Winter began on December 21, and hot coffee, tea and cocoa are available in the Campus Shop to take away the chill which has arrived. Stop by and get a warming cup for just \$1. Delicious pastries and cookies are also available to have with your hot drink. Tables and chairs outside the shop are available so you can relax.

PLEASE DO NOT LET ALL THE CONSTRUCTION AND THE LOSS OF THE WELCOME CENTER DOOR KEEP YOU AWAY FROM THE CAMPUS SHOP. WE NEED ALL THE CUSTOMERS WE CAN GET.

Bulletins

Enjoy a complimentary birthday luncheon with Jim Mayer!

If your birthday is in **January** and you would like to attend on **Wednesday, January 18th** in the Main Dining Room at 12:00pm, you *must RSVP* to the Connection at X1333 by **Friday, January 13th**.



Winter Days Can Be Dull

Why not brighten Mondays with new friends & reconnect with old in the relaxed setting of our Coloring Club? We provide coloring designs from simple to complex. You provide the pleasant company. Ladies and gentlemen both welcome. Every Monday at 3:15pm in the Card Room.

Purchase of Postage Stamps

A maximum of three books per person will be sold at a time. If you would like to buy more than three books, please let us know and we will order a larger amount for you. These can be purchased at the Welcome Center and Resident Services Desks.

Walden's Memory in the Making Art Show

Wednesday, January 18th starting at 2:00pm through Thursday, January 19th until 3:00pm in the Fireside Room.



Movie Matinee Featuring "Batman vs. Superman"

Monday, January 30th at 3:00pm in the Montgomery Room
Snacks and drinks will be provided.

SPIRITUAL

Catholic Mass

Catholic Mass is celebrated every Wednesday morning in the Chapel at 10:30am. Because of the solemnity of the celebration, please arrive a few minutes before Mass begins.

*Celebrants for the month of **January** are:*

January 4th	Fr. Albert Bischoff, S.J.
January 11th	Fr. Albert Bischoff, S.J.
January 18th	Fr. Pat Crone
January 25th	Fr. Pat Crone

Televised on Channel 1852 at 10:30am.

Sunday Ecumenical Worship Services

All Are Welcome! Come As You Are!
All services are held in the Chapel at 4:00pm.

January 1st	Chaplain Paul Burden
January 8th	Chaplain Jerry Mueller
January 15th	Chaplain Paul Burden
January 22nd	Chaplain Paul Burden
January 29th	Chaplain Paul Burden

Televised on Channel 1852 at 4:00pm.

Let this New Year give you
all the strength and
courage to win over your
vices and enhance your
virtues. Have a very Happy
New Year with Family and
Friends!



TRANSPORTATION

Need a ride? Have an appointment?

Twin Lakes provides both private and medical transportation services.

Appointments must be made five (5) days in advance, are available on a first come, first served basis, and are subject to availability.



SHOPPING SHUTTLE

Montgomery Shopping Center

McKinley and Villas at 9:00am

Central Campus at 9:30am

Continuous return trips until 11:00am

Thursdays in January: 5th, 12th, 19th, 26th

Trader Joe's Shuttle

Wednesday, January 18th at 1:00pm

Kenwood Towne Centre and Kenwood Theater

Wednesday, January 25th at 10:30am

Return Trips: 12:00pm, 1:00pm, 2:00pm, and 3:00pm

Big Screen Movies

The Longest Yard

2005, Rated PG-13, 113 mins.

Saturday, January 7th

While doing time, a professional quarterback persuades a fellow convict and former gridiron coach to prepare a group of jailbirds for a game against the guards. But the team is in for a little surprise when game time rolls around.

My Big Fat Greek Wedding

2002, Rated PG, 95 mins.

Saturday, January 14th

In this romantic comedy, a single Greek woman falls in love with a non-Greek man, which is a problem for members of her strict family -- particularly her traditional father, whose Greek pride knows no bounds.

The Jungle Book

2016, Rated PG, 105 mins.

Saturday, January 21st

Inspired by the animated Disney classic, this live-action adaptation of Rudyard Kipling's beloved novel follows young Mowgli as he navigates a jungle full of wonder and peril with his animal allies Bagheera the panther and Baloo the bear.

Me Before You

2016, Rated PG-13, 110 mins.

Saturday, January 28th


Planning to stay just six months, Lou Clark takes on the job of looking after rich but depressed Will Traynor, who's been left a quadriplegic by an accident. Despite Will's disillusionment, Lou is determined to show him that his life is worth living.

All movies will be shown at 1:00pm in the Montgomery Room.

Movies with Adam!

Do you love movies and hanging out with friends?
Join Adam every third Saturday of the month at 1:00pm in the M&E Room for a great movie! If you have any movie requests, please fill out the insert labeled "Another Movie Choice" and return it to Ashley in the Connection.

Calendar of Events

Sunday	Monday	Tuesday	Wednesday
1 4:00 Ecumenical Worship Service - CH Happy New Year Connection Closed No Transportation	2 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR No Transportation	3 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS	4 9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 7:00 Tom White - FS
8 4:00 Ecumenical Worship Service - CH	9 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 12:20 Vikings Beyond the Legend 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR Rudino's Night 5:00pm to 7:30pm	10 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 All Campus Sing-A-Long- FS 7:00 Space Shuttle Program - Mont	11 9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 12:05 Warbird Museum 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 3:00 Alzheimer's Support - DS 4:00 Friends of Twin Lakes- CH
15 4:00 Ecumenical Worship Service - CH	16 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 3:30 "Bookies" - CL	17 10:00 CC Coffee Chat - CR 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 10:05 Cathedral Basilica Tour 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 3:00 Play BINGO! - AS 7:00 Boeing Co. History - Mont	18 9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 11:00 Aqua Level 2 - AA 1:00 Trader Joe's Shuttle 1:30 Mahjong - CR 7:00 Iceland Presentation - CH
22 11:15 Kevin Lewis Playing Piano - FS 4:00 Ecumenical Worship Service - CH	23 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 4:00 Dick Watson - FS	24 9:30 Explore Your Appetite 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS	25 9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Kenwood Towne Center Shuttle 10:30 Jack Casino 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA
29 4:00 Ecumenical Worship Service - CH 8	30 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 11:40 Mystery Lunch (2nd Choice) 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:00 Movie Matinee Featuring "Superman vs. Batman" Mont 3:15 Coloring Book Club - CR	31 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Liquid Village - CH	

January 2017

Thursday	Friday	Saturday
<p style="text-align: right;">5</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>2:00 Pianist from CCM - FS</p> <p>2:30 Aqua 20-20-5 - AA</p> <p>4:00 CC Resident Meeting-CH</p>	<p style="text-align: right;">6</p> <p>9:00 NC Resident Meeting - CL</p> <p>9:30 Muscles in Motion - M&E</p> <p>10:30 Ping Pong - BR</p> <p>10:30 SC Resident Meeting -Mont</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">7</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Hong Kong Mahjong - CR</p> <p>1:00 Big Screen Movie - Mont <u>The Longest Yard</u></p> <p>7:00 Bingo - AS</p> <p>7:30 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">12</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>1:00 Duplicate Bridge - CR</p> <p>1:00 Twin Lakes Veterans' Group-AS</p> <p>2:30 Aqua 20-20-5 - AA</p> <p>7:00 Mark on the Guitar - FS</p>	<p style="text-align: right;">13</p> <p>9:30 Muscles in Motion - M&E</p> <p>10:30 Ping Pong - BR</p> <p>11:00 Aqua Level 2 - AA</p> <p>11:10 Mystery Lunch (1st Choice)</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">14</p> <p>10:00 SC Ladies Coffee Chat-PDR</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Hong Kong Mahjong - CR</p> <p>1:00 Big Screen Movie - Mont <u>My Big Fat Greek Wedding</u></p> <p>7:00 Bingo - AS</p> <p>7:30 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">19</p> <p>*Fences at AMC West Chester Outing*</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>2:00 Jazz Singer - CH</p> <p>2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">20</p> <p>9:00 NC Coffee Chat - CL</p> <p>9:30 Muscles in Motion - M&E</p> <p>10:30 Ping Pong - BR</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">21</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Hong Kong Mahjong - CR</p> <p>1:00 Big Screen Movie - Mont <u>The Jungle Book</u></p> <p>1:00 Movies with Adam - M&E</p> <p>7:00 Bingo - AS</p> <p>7:30 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">26</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>1:00 Duplicate Bridge - CR</p> <p>1:00 Birthday Cake Party - AS</p> <p>2:30 Aqua 20-20-5 - AA</p> <p>7:00 Craig's Coffee House Chat - FS</p>	<p style="text-align: right;">27</p> <p>9:30 Muscles in Motion - M&E</p> <p>10:00 National Issues Forum- Mont</p> <p>10:30 Ping Pong - BR</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">28</p> <p>10:00 SC Ladies Coffee Chat-PDR</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Hong Kong Mahjong - CR</p> <p>1:00 Big Screen Movie - Mont <u>Me Before You</u></p> <p>7:00 Bingo - AS</p> <p>7:30 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p>KEY TO THE AREAS</p> <p>AA Aquatic Area</p> <p>AS Art Studio</p> <p>BR Billiards Room</p> <p>CC Central Campus</p> <p>CF Cafe</p> <p>CH Chapel</p> <p>CON The Connection</p>	<p>CL Clubhouse at NC</p> <p>CR Card Room</p> <p>CS Campus Shop</p> <p>DS Daystar Room</p> <p>LIB Twin Lakes Library</p> <p>LIL Living Is Learning</p> <p>FS Fireside Lounge</p>	<p>M&E Movement & Education</p> <p>MCK McKinley Place</p> <p>MDR Main Dining Room</p> <p>Mont Montgomery Room</p> <p>NC North Campus</p> <p>PS Pottery Studio</p> <p>SC South Campus</p> <p>RT Rotunda</p> <p>WCC Welcome Center Conf.</p>
		9

Going Out

SIGN-UPS

Please note that Sign-ups will open on the 1st day of the month and will close the 4th day of the month. To sign up, please call the Activity Line at X1321. Leave your name, phone number and APT/ VILLA number.

CONFIRMATIONS

You should receive confirmation slips within 3 business days of our final sign up date. In the unlikely event that you do not receive any form of confirmation slips (including wait list) please call Ashley at X1352. For each of the outing/s that you have committed to, there will be a receipt verifying your advanced payment attached to your confirmation slip.

CANCELLATION POLICY

Please be aware, starting on January 1st, 2017, in keeping with Twin Lakes established policies, you will be charged for any trip (lunches, concerts, tours, etc.) that you sign up for regardless as to whether you attend or not. We will do our best to fill your spot from the wait list. However, if we are unable to fill your spot/s you will incur the stated cost for the outing.

Cathedral Basilica of the Assumption Tour

Tuesday, January 17th at 11:00am

Cost: \$15 includes ticket and transportation plus lunch on your own at Pompilios.

The Roman Catholic St. Mary's Cathedral Basilica of the Assumption in Covington, Kentucky, is a minor basilica in the United States. Construction of the cathedral began under the Diocese of Covington's third bishop, Camillus Paul Maes, in 1895 to replace an 1834 frame church that was inadequate for the growing congregation. Pope Pius XII elevated the cathedral to the rank of minor basilica December 8, 1953.

Please expect to be walking for the majority of the tour.

Transportation Schedule:

- South Campus Mail Kiosk: 10:05am
- Central Campus Apt. Building: 10:10am
- Clubhouse at North Campus: 10:15am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:30pm.*

GOING OUT

Afternoon Matinee to AMC West Chester 18 Theaters

Fences

Thursday, January 19th

FENCES is directed by Denzel Washington from a screenplay by August Wilson, adapted from Wilson's Pulitzer Prize-winning play. The film stars Denzel Washington, Viola Davis, Jovan Adepo, Stephen McKinley Henderson, Russell Hornsby, Mykelti Williamson, and Saniyya Sidney. The film is produced by Scott Rudin, Denzel Washington and Todd Black.

****Time is TBD****

Jack Cincinnati Casino

Wednesday, January 25th

Cost: \$7 transportation, plus lunch on your own.

The two-story casino is 100,000 square feet and has 2,000 slot machines, 85 table games and a 31-table World Series of Poker room. Jimmy Buffett's Margaritaville, Bobby's Burger Palace, and Prism Steak and Seafood are three of the casino's four restaurants that will be located inside the facility.

Transportation Schedule:

- South Campus Mail Kiosk: 10:30am
- Central Campus Apt. Building: 10:35am
- Clubhouse at North Campus: 10:40am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 2:30pm.

Cincinnati Symphony Orchestra Presents

Rachmaninoff: Symphony No. 2 lunch at Bronte Bistro

Friday, February 3rd at 11:00am

Cost: \$40 includes ticket and transportation, plus lunch on your own.

CSO Principal Oboist Dwight Parry takes center stage with the CSO this weekend, performing Strauss' enchanting Oboe Concerto under the direction of Edo de Waart, among the world's most prominent conductors. The Concerto begins with a rhapsodic extended "aria" for the oboe, followed by passages of extraordinary beauty and color. Rachmaninoff's intensely passionate Symphony No. 2 opens with surging melodic motives and moves from one sumptuous phrase to another toward its superbly shaped, soaring finale.

Transportation Schedule:

- South Campus Mail Kiosk: 9:50am
- Central Campus Apt. Building: 9:55am
- Clubhouse at North Campus: 10:00am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.

Mystery Lunch (1st Date Choice)

Tuesday, February 7th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:00pm.

Going Out

Explore Your Appetite to Walt's Barbeque

Thursday, February 16th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

Warren County Historical Society Museum Dressing Through the Decades Lunch and Learn

Wednesday, February 15th at 11:00am

Cost: \$32 includes gourmet catered lunch, ticket and transportation

Enjoy a gourmet catered served lunch, the company of new and long-time friends, and a special lesson in history. The "Textile Ladies" of the Warren County Historical Society's textile department have put together an overview of the clothes worn by women of southwest Ohio over the last 150 years. Delving deeply into the vast and varied clothing collection of the WCHS's textile vault, they have prepared a look at the practical and impractical fashions of each decade. Over a dozen authentic ladies' outfits will be on display and discussed.

Transportation Schedule:

- South Campus Mail Kiosk: 10:20am
- Central Campus Apt. Building: 10:25am
- Clubhouse at North Campus: 10:30am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 2:00pm.*

Mystery Lunch (2nd Date Choice)

Wednesday, February 22nd

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:40am
- Central Campus Apt. Building: 11:45am
- Clubhouse at North Campus: 11:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

POPS: Sutton Foster

Friday, February 24th at 8:00pm

*****This outing is for POPS Series Subscribers only. You may call the Activity Line at X1321 to sign up for transportation only if you have your own POPS ticket.*****

Transportation Schedule:

- South Campus Mail Kiosk: 6:40pm
- Central Campus Apt. Building: 6:45pm
- Clubhouse at North Campus: 6:50pm

To sign up for TRANSPORTATION ONLY please call the Activity Line at X1321. *Estimated time back to Twin Lakes 11:00pm.*

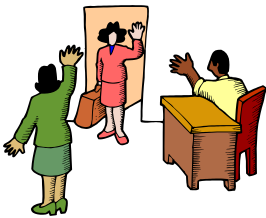
Construction Updates

Central Campus IL Expansion Project – Project Update

The excavation of the new parking garage has been completed. In the month of January, Danis will be working on pouring the footings as well as the foundation walls of the parking garage and the new community room. After the foundations are in place, the first floor slab will be poured and the structural steel will be placed. The mound of dirt next to Montgomery Road will be used to backfill the foundation walls once the structural steel has been installed for support. During this time, the demolition of the six Independent Living apartments at the connection point of the new building will continue.



Volunteer Services



The McKinley Place Welcome Center entrance is in need of volunteer greeters. You can select a 2 hour shift that is convenient with your schedule. One day per week or one day per month will be appreciated. The requirements are to greet and welcome our visitors. Nancy Schwandner will be happy to meet with you to provide some additional information, so please call her at extension X1362.

It will soon be time to take down the beautiful Christmas decorations. January 9th & 10th will be our days to pack up and store the decorations until next year. Do you have some spare time either of these days to help? Give Nancy a call at extension X1362 to coordinate your availability.



Staying In

<p>Tom White Wednesday, January 4th at 7:00pm in the Fireside Room</p>	<p>Pianist From CCM Thursday, January 5th at 2:00pm in the Fireside Room</p>
<p>All Campus Sing-A-Long Tuesday, January 10th at 7:00pm in the Fireside Room</p>	<p>Space Shuttle Program Presentation Tuesday, January 10th at 7:00pm in the Montgomery Room</p>
<p>Ladies Chat with Norma Thursday, January 12th at 6:00pm in the Card Room</p>	<p>Mark Cormican on the Guitar Thursday, January 12th at 7:00pm in the Fireside Room</p>
<p>Boeing Co. History Presentation Tuesday, January 17th at 7:00pm in the Montgomery Room</p>	<p>Iceland Presentation Wednesday, January 18th at 7:00pm in the Chapel</p>
<p>Jazz Singer Thursday, January 19th at 2:00pm in the Chapel</p>	<p>Kevin Lewis, a student volunteer, will be playing the piano on Sunday, January 22nd at 11:15am in the Fireside Room!</p>
<p>Dick Watson Monday, January 23rd at 4:00pm in the Fireside Room</p>	<p>Craig's Coffee House Chat Join us for chatting with old and new friends and some great music! Thursday, January 26th at 7:00pm in the Fireside Room</p>
<p>Movie Matinee Featuring "Batman vs. Superman" Monday, January 30th at 3:00pm in the Montgomery Room</p>	<p>Art for Everyone Friday, January 6th, 13th, and 27th at 2:00pm in the Art Studio</p>
<p>Birthday Cake Party Thursday, January 26th at 1:00pm in the Art Studio. Enjoy delicious cake and January Birthdays!</p>	<p>Liquid Village American Standards Let's have a party with music! Tuesday, January 31st at 7:00pm in the Chapel</p>

Staying In



Making Ends Meet
How Should We
Spread Prosperity and
Improve Opportunity?



For many Americans, the recovery from the 2007 recession, a recovery that officially began in 2009, feels very remote or nonexistent. Even as the stock market surges and millions of jobs have been created, they see a very different picture. Many Americans still believe in the basic notion that anyone who works hard should be able to support a family and get ahead. What can we do to make that happen?

Call X1321 to sign up for a seat and join the National Issues Forum in the Montgomery Room on Friday, January 27th at 10:00am for a discussion of the issue.

The Connection

Interested in the 24 Hour Fitness Room?

To access the Connection during “OFF Hours” (e.g. “after posted open hours with **NO wellness specialist** on duty”) you must comply with all of the following:

Residents must receive a Physician’s Consent Annually (which cannot be waived) to participate during our “Off Hours.”

Residents will be assessed and given an orientation of entry into the center, such as, opening and closing procedures, placement of pull cords, and safe handling of the equipment. Assessments will be given by the Connection Team.

To access the center during off hours participants must go to the Life Safety office and show they are wearing their SARA pendant and sign out the Fitness Room key. When you are finished with your workout, take the Fitness Room key back to Life Safety.

Questions? Please contact Jon Williamson at 247-1331 or stop by the Connection for more information.

LEC Foundation

It's A New Year: Make Sure Your Plans Are Up To Date!

Get Peace of Mind by Following These Tips

Make sure your plans for the future cover all the important aspects of protecting yourself and your loved ones. Look over this list for helpful suggestions on ways to add to your security.

- 1. Review your will or living trust.** Update your will or trust after significant life events, such as a change in marital status, death, birth, adoption, move to another state or significant increase in your estate. Remember that tax law changes can also have an impact on your existing estate plan.
- 2. Choose an executor or trustee.** This person holds an important job, serving as the quarterback of the estate settlement process. You should pick someone responsible, organized and trustworthy.
- 3. Name a power of attorney.** Assign someone to handle your financial affairs in the event that you are unable to do so yourself.
- 4. Create a living will.** Draft a living will that makes your wishes known regarding extraordinary measures for keeping you alive. You should inform your family members of your wishes in advance.
- 5. Check up on insurance.** Evaluate your insurance periodically. Make sure you have enough to cover changing needs.
- 6. Watch your investments.** Your finances are your future, and the more you learn about investing, the easier it becomes.
- 7. Give a gift.** Take advantage of the annual gift exclusion, which allows you to give up to a specified dollar amount to any number of individuals each year without the gifts becoming subject to gift tax.
- 8. Support a favorite cause.** An unlimited amount of money can be given free of federal gift and estate taxes to a qualified charitable organization, such as Twin Lakes, during your lifetime or after.

A gift to Life Enriching Communities Foundation for the benefit of Twin Lakes through your estate is an easy way to extend your support into the future. For more information or to discuss your options, please contact the Life Enriching Communities Foundation.

Thank You!

Nancy Schwandner, Twin Lakes- x 1362, Email: nancy.schwandner@lec.org

Tom Reusch, Twin Towers- x 2009, Email: thomas.reusch@lec.org

Dan McManus, LEC Foundation- x 3540, Email: dan.mcmanus@lec.org