

TWIN LAKES PRESS

June 2015

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Twin Lakes Senior Living Community

 www.lec.org

Six Dimensions of Wellness

Emotional ~ Intellectual
Physical ~ Social
Spiritual ~ Vocational

Save the Date for the Baseball BBQ

Friday, July 24th 11:30am to 1:30pm



Kick off the Summer Concert Series with our very own resident Walt Griesinger's Howard Bloemaker Band

Wednesday, June 17th from
7:00pm to 8:30pm

Outside the Connection

The HBO Band is a 5 piece band including the trumpet, sax/clarinet, trombone, keyboards, and drums. Music selections include big band, latin, Dixieland, show tunes, Great American Songbook, some pop, jazz and country.



It is time to start thinking about July 4th! Twin Lakes has a reputation of having great participation in the Independence Day Parade in the City of Montgomery.

We need your support by helping to decorate on *Friday, July 3rd at 1:00 pm*. For questions, please call Nancy Schwander at X1362.

We need riders/walkers in the parade on *Saturday, July 4th*. It is great fun for all ages to show our patriotic spirit. Invite your family to come join us.

Please stop by the Connection on *Monday, June 1st at 9:00am* to sign up to ride on the tent covered Viox truck, the Twin Lakes bus, and our new golf cart.

CAMPUS NOTES

CENTRAL CAMPUS

Resident Meeting

Thursday, June 4th at
4:00pm in the Chapel

Coffee Chat

Tuesday, June 16th at
10:00am in the Card Room

NORTH CAMPUS

Resident Meeting

Friday, June 5th at
9:00am at the
Clubhouse

Coffee Chat

Friday, June 19th at
9:00am at the
Clubhouse

SOUTH CAMPUS

Resident Meeting

Friday, June 5th at 10:30am
in the Montgomery Room

All Campus Sing-A-Long

Join *Louise Lake and Friends* on
Wednesday, June 10th at 7:00pm in the
Fireside Lounge.

Monthly Birthday Cake Celebration

Tuesday, June 23rd
1:00pm in the Art Studio
All are Welcome!

Please Welcome New Residents



South Campus: Bernie Shucktis

Central Campus: Diana Stuck

North Campus: Tom & Shirley Bohmer

Health and Therapy

Hours:

Clinic Nurse Joan is on campus
Monday, Tuesday, and Thursday,
8:00am - 4:00pm.

Clinic Nurse Brandee is on campus
Monday-Friday, 3:00pm-11:00pm.

Services:

Services include blood pressure screenings,
dressing changes, B-12 injections, PT/INR
testing and many other services. Twin Lakes now
offers Psychological Services as well. Please call
x1320 or x1353 for more information. *Free Hearing
Evaluations June 8th, call X1320 to schedule.*

Podiatry Clinic:

Monday, June 15th and Tuesday, June 16th
Call X1320 to schedule your appointment.

Walk-in Clinic hours:

Tuesday and Thursday, 11:00am - 2:00pm
Monday through Friday, 7:00pm-8:00pm
You may leave a message anytime (x1320), and
your call will be returned when
Joan or Brandee returns to the office.

Reminder regarding the Vial of Life:

Please be sure your medical information,
medications, and emergency contact numbers are
up-to-date. If your Vial is missing or if you need
assistance, please call x1320.

Flu Shots:

Available in the Health and Therapy Suite on:
Monday through Friday, 7:00pm—8:00pm
Tuesdays and Thursdays, 11:00am—2:00pm

Heritage Healthcare, our Therapy Department, is offering a free educational program
the third Thursday of each month.

Hone in on Home Safety
Thursday, June 18th
1:00pm in the Montgomery Room

A NOTE FROM JIM



An Appreciative Attitude

Having an appreciative attitude is an important life skill that at any age can add quality to a person's life. By being appreciative the focus is on others instead of oneself. Therefore we all can be more productive and understanding.

Developing an appreciative attitude means that we must first appreciate. In somewhat of a paradoxical way of not being boastful or arrogant, we need to respect ourselves by being grateful for what we have and what we have achieved. Each day we can look for people we should have appreciated more. This can be friends we need to tell how much they have been helpful and supportive, or this could be an acquaintance who shared ideas and feelings, or this could be a family member who needs a little recognition or appreciation. At the end of every day we can be thankful for the day, be thankful for what we have done and what we could have done better, and be grateful for our well being. When we practice this for a few weeks, it will become a part of our lives.

Using this attitude of gratitude, we automatically train ourselves to notice the good and the positive in every situation. Some other helpful ways to have an appreciative attitude are:

- Don't get involved in Negative Gossip. It is never healthy or productive. Excuse yourself and get away!
- Go out of your way to express gratitude to others. Appreciation is so helpful to all!
- Control your response. Don't get defensive. Think before you speak and appreciate the comments (even if they are negative).
- See the Big Picture. Some problems that seem really big are actually small problems with big opportunities.

So this is a perfect opportunity for me to thank all of you for your wisdom, your direction, and your suggestions to make Twin Lakes BETTER! We are a wonderful community that lives, works, and has fun together. Thank you for living here at Twin Lakes. I appreciate all of you.

NEWS FOR YOU

The Campus Shop

Hours:

Monday—Friday: 9:30am—12:00pm, 1:30pm—4:00pm, & 6:00pm—7:30pm
Saturday—Sunday: 2:00pm—4:00pm

Phone:

513-247-1346

ARE YOU A MEMBER OF “FRIENDS OF TWIN LAKES?”

Based on residents listed in the Twin Lakes directory, there are approximately 285 residents who live at Central Campus including the Twin Lakes Villas, Hannaford Court, North Campus and South Campus.

However, only 213 Residents are currently members for 2015. I am waiting to hear from the other 72 Residents. Please pick up a membership form at the Campus Shop or contact Joan Mettey, Membership Chair at 247-1828. Our goal each year is to have 100% Membership in “Friends of Twin Lakes.”

The Friends of Twin Lakes is partnering with “Everything But the House” to have a pre-Whale of a Sale in the Honda Annex June 21-27, 2015. This will not replace the Whale of a Sale on September 12th. We will continue to take in donations through August too. Right now the Honda Annex garage is very full of donations. “Everything But the House” will manage the prep work, catalog all items on their website and sell on-line. By working with them, this will reduce the amount of items to a more manageable amount for the Friends of Twin Lakes to organize and sell.

We are excited to be hosting the Rev. Dr. Tim Waugh of the United Methodist Church, Ohio River Valley District, to speak at Twin Lakes. He will present an overview of the Annual Conference which takes place in June. He is happy to answer any questions you many have regarding the denomination. If you have any specific questions in mind, please call or email Sara Smith, LEC Community Representative at Sara.Smith@lec.org or extension X1356. Please feel free to invite your friends to this presentation. All are welcome! Pastor Tim is the Assistant to the Superintendent, Ohio River Valley District. Light refreshments will be served.

Time: 2:30 pm

Place: Montgomery Room

Date: June 15th

The World of iPads!

Carol Robinson is offering private iPad sessions. Please call Carol directly at X1843.

Enjoy a complimentary birthday luncheon with Jim Mayer!

If your birthday is in **June** and you would like to attend on **Monday, June 29th** in the Main Dining Room, you *must* **RSVP** to The Connection at x1330 by **Friday, June 19th**.

Resident Corner

Martha Seaman

Martha Steed grew up in Middletown Ohio. Her father, an executive at Armco Steel, was very interested in conservation, and her family spent time each summer in the Upper Peninsula of Michigan. She has always been enthusiastic about growing things, but music has also been another of her interest. She participated in several music organization throughout high school. After graduation she was faced with choosing a major; however, college majors in conservation were limited at that time. So she decided to attend Miami University where she majored in vocal music. After her graduation from Miami, Martha and two friends set out for New York City where they lived and worked for two years and had wonderful experiences.

While in New York, she worked for a real estate agent, but, upon her return to southwestern Ohio, Martha became a reservations agent for TWA. Subsequently she met Bill Seaman who was an attorney with Frost and Jacobs. They dated, were married, and soon bought a house with acreage in Indian Hill. They had two children, and she was very active in their activities. In addition, over the years, the family acquired seven much loved German Shepherds. So there she lived a full life with her husband, children, and pets, and also actively pursued her passion for gardening. She has been a master gardener for over fifteen years.

Recently, the City of Montgomery honored Martha Seaman for her outstanding volunteer efforts. She has been involved in community, arts, and gardening activities. In addition to serving on the Twin Lakes Landscape Committee, she also involved with the Arbor Day seedlings, hanging baskets for the community, Beautification Day and plant swaps. Last springs, she was graduated from the Tree Commission Academy after completing a two-year course on urban trees: their needs and problems.

After the death of her husband, Martha watched Twin Lakes being built and decided to move into a villa on the North Campus. She has been an outstanding resident. She has worked for Friends and served as its president for two years. We are fortunate to have her in our Twin Lakes family and congratulate her on all the well deserved recognition.

BIRTHDAY!

Fran Haas	3rd	Jane Mitchell	18th
Nancy Peters Frank	3rd	Phyllis VonHolle	18th
Bette Ries	3rd	Jane Allen	20th
Carol Robinson	4th	Fred Betz	22nd
Marilyn Antle	7th	Jean Clark	22nd
Ruth Ann Anson	8th	John Inderhees	22nd
Genie Goggin	8th	Daisy Wilson	22nd
Suzanne Querol	8th	Ed Zeno	22nd
Joyce Moore	9th	Wilda Dunlop-Mills	24th
Martha Klein	10th	Roy Franchi	27th
Jack Wild	10th	Dave Dobbs	28th
Kenneth Eiler	11th	Marge Freshley	29th
Ann Mezibov	11th	Barbara Moulton	30th
Barbara Betz	13th		
Bob Askew	17th		

Craft Time!

Wednesday, June 3rd at 1:00pm in the Art Studio

Paint pine cones to look like beautiful zinnias! All painting supplies will be provided. Invite your friends!



We will use these painted pine cones as decoration throughout Twin Lakes!

Calendar of Events...

Sunday	Monday	Tuesday	Wednesday
1	<p>9:00 Sign ups Begin in The Connection</p> <p>9:30 Muscles in Motion- M&E 10:30 Ping Pong- BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:00 American Mahjong-AS 1:30 Bible Study-CR 2:00 Youth Choir from Georgia-CH 3:30 Aqua Level 3- AA</p>	2	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:00 Pine Cone Crafting-AS 1:30 Mahjong - CR 2:00 Twin Lakes Support Group-DS 3:30 Aqua Level 3 -AA</p>
7	<p>9:30 Muscles in Motion- M&E 10:30 Ping Pong- BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 12:40 Omnimax 1:00 American Mahjong-AS 1:30 Bible Study-CR 3:30 Aqua Level 3- AA</p> <p style="text-align: center;">LEC Night at Rudino's 5:00pm to 7:30pm</p>	8	<p>10:00 Oil Painting - AS 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:30 Social Bridge - CR 2:00 Raptor Inc.-CH 3:00 Play Bingo!-AS 3:30 Aqua 20-20-5 - AA</p>
14	<p>9:30 Muscles in Motion-M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 11:20 Mystery Lunch 1:00 American Mahjong-AS 1:30 Bible Study-CR 2:30 Rev. Dr. Tim Waugh-Mont 3:30 Aqua Level 3- AA 3:30 The Bookies -CL</p>	15	<p>10:00 CC Coffee Chat-CR 10:00 Oil Painting - AS 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:30 Social Bridge - CR 3:00 Play BINGO! - AS 3:30 Aqua 20-20-5 - AA 7:00 Sonja Stratman Presents "Growing up under The Swastika"</p>
21	<p>9:30 Muscles in Motion- M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:00 American Mahjong-AS 1:00 Celebrate Summer with UDF Ice Cream-AS 1:30 Bible Study - CR 3:30 Aqua Level 3- AA</p>	22	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 10:30 Kenwood Towne Centre Shuttle 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 3:30 Aqua Level 3- AA 4:35 Explore Your Appetite to Anchor in Over the Rhine</p>
28	<p>9:30 Muscles in Motion- M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:00 American Mahjong-AS 1:30 Bible Study - CR 3:30 Aqua Level 3- AA</p>	29	<p>10:00 Oil Painting - AS 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:30 Social Bridge - CR 3:00 Play BINGO! - AS 3:30 Aqua 20-20-5 - AA 7:00 Traveling Song and Dance Troupe-CH</p>
6	<p>7:00 Ecumenical Worship Service-CH</p>	30	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:00 Twin Lakes Support Group-DS 3:30 Aqua Level 3- AA</p>

June 2015

Thursday	Friday	Saturday
<p style="text-align: right;">4</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:30 Left Center Right-AS 2:00 Troubadours Concert-CH 3:30 Aqua 20-20-5 - AA 4:00 CC Resident Meeting-CH</p>	<p style="text-align: right;">5</p> <p>9:00 NC Resident Meeting-CL 9:30 Muscles in Motion - M&E 10:30 SC Resident Meeting-Mont 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 3:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">6</p> <p>10:30 Aqua HydroWalk - AA 1:00 Big Screen Movie-Mont <u>Being There</u> 7:00 Bingo-AS 7:30 Open Bridge - CR</p>
<p style="text-align: right;">11</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:00 Duplicate Bridge - CR 1:30 Left Center Right-AS 3:30 Aqua 20-20-5 - AA 7:00 Ladies Chat -CR</p>	<p style="text-align: right;">12</p> <p>9:30 Muscles in Motion - M&E 10:00 Findlay Market 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:00 Joe Bride-CH 3:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">13</p> <p>10:30 Aqua HydroWalk - AA 1:00 Big Screen Movie-Mont <u>Patch Adams</u> 7:00 Bingo-AS 7:30 Open Bridge - CR</p>
<p style="text-align: right;">18</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 11:00 Aqua Level 1-AA 11:00 Balance Class-M&E 1:00 Therapy Program-Mont 1:30 Left Center Right-AS 3:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">19</p> <p>9:00 NC Coffee Chat-CL 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 1:20 Butterfly Show 1:30 Scrabble - CR 3:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">20</p> <p>10:30 Aqua HydroWalk-AA 1:00 Big Screen Movie-Mont <u>The Best of Me</u> 7:00 Bingo-AS 7:30 Open Bridge - CR</p>
<p style="text-align: right;">25</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 11:00 Aqua Level 1 - AA 11:00 Balance Class-M&E 1:00 Duplicate Bridge - CR 1:30 Left Center Right-AS 3:30 Aqua 20-20-5 - AA 7:00 Jump and Jive Band-CH</p>	<p style="text-align: right;">26</p> <p>9:00 Walk It Out 9:30 Muscles in Motion-M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 3:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">27</p> <p>10:30 Aqua HydroWalk - AA 1:00 Big Screen Movie-Mont <u>Like Father Like Son</u> 7:00 Bingo-AS 7:30 Open Bridge - CR</p>
<p style="text-align: right;">2</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 11:00 Aqua Level 1 - AA 1:30 Left Center Right-AS 3:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">3</p> <p>9:30 Muscles in Motion-M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 3:30 Aqua Level 3 - AA 5:20 BAMSO</p>	<p style="text-align: right;">4</p> <p>1:00 Big Screen Movie-Mont <u>Selma</u> 7:00 Bingo-AS 7:30 Open Bridge - CR</p>
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SPIRITUAL

Catholic Mass

Catholic Mass is celebrated every Wednesday morning in the Chapel at 10:30am. Because of the solemnity of the celebration, please arrive a few minutes before Mass begins.

Celebrants for the month of June are:

June	3rd	Fr. Albert Bischoff, S. J.
June	10th	Fr. Pat Crone.
June	17th	Fr. Pat Crone.
June	24th	Fr. Albert Bischoff, S. J.

Televised on Channel 1851 at 10:30am.

Sunday Ecumenical Worship Services

All Are Welcome! Come As You Are!
All services are held in the Chapel at 7:00pm.

June 7th	Chaplain Jerry Mueller
June 14th	Chaplain Paul Burden
June 21st	Chaplain Paul Burden
June 28th	Chaplain Paul Burden

Televised on Channel 1851 at 7:00pm.

Late spring and early summer bring three important patriotic holidays: Memorial Day in May, Independence Day in July, and the often overlooked Flag Day in June. Such days remind us to pause and to reflect on the gift of freedom that we enjoy and the sacrifices that have been made to protect and defend that precious gift. During my recent annual military training I was reminded of how much our service members and their families give in order to protect our nation and our allies and to help keep our world more peaceful. As we enjoy the summer months filled with traveling, picnics, and other fun activities may we be mindful of those who serve and have served our nation with honor and distinction. Please pray for our troops and their loved ones. Please pray for peace in our world.

Rev. Paul Burden

TRANSPORTATION

Need a ride? Have an appointment?

Twin Lakes provides both private and medical transportation services.

Appointments must be made five (5) days in advance, are available on a first come, first served basis, and are subject to availability.



SHOPPING SHUTTLE

Montgomery Shopping Center:

McKinley and Villas at 9:00am
Central Campus at 9:30am
Continuous return trips until 11:00am
Thursdays in June: 4th, 11th, 18th, 25th

Trader Joes

Wednesday, June 17th
1:00pm—2:00pm

Kenwood Towne Centre and Kenwood Theater

Wednesday, June 24th at 10:30 am

Return Trips: 12:00pm, 1:00pm, 2:00pm, and 3:00pm

Big Screen Movies

Being There, Pg-13 (1979) Saturday, June 6th at 1:00pm

The uncomplicated life of simple-minded Chance is changed after a run-in with wealthy Eve, and soon his "wisdom"—mostly garden related—has Washington's political elite hailing him as brilliant. 130min

Patch Adams, (1998) Saturday, June 13th at 1:00pm

After spending time in a mental institution, Hunter "Patch" Adams decides to become a doctor, based on his lighthearted hypothesis that introducing patients to humor will significantly improve their quality of life. 116min

The Best of Me, PG-13 (2014) Saturday June 20th at 1:00pm

In this wistful drama, sparks reignite between former high school flames when they return to their hometown decades later for a funeral. But painful memories of the past may prevent them from having a future together. 118min

Like Father Like Son, NR (2013) Saturday, June 27th at 1:00pm

When successful businessman Ryota Nonomiya learns that his 6-year-old son was switched at birth with another child, he and his wife must decide whether to seek out their biological son or choose the boy they've been raising. 120min

Selma, PG (2014) Saturday, July 4th at 1:00pm

Commemorating the 50th anniversary of the 1965 civil rights march from Selma, Alabama, to Montgomery, this stirring historical drama highlights the courage of the marchers as they withstand racist and violent attacks by the police. 128min

All Movies will be shown in the Montgomery Room at 1:00pm.

The Connection

Hours of Operation

MONDAY—FRIDAY
SATURDAY

7:00am—5:30pm
8:00am—12:30pm

**Join the June Balance Class
with our newest associate
David Pullem.**

Tuesdays and Thursdays in June
from 11:00am to 11:30am in the
Movement and Education Room

Walk It Out at Otto Armleader Park

Friday, June 26th

Please meet in the Connection at 9:00am
Flat and paved surface, multiple paths
totaling 3 miles.

Cost: \$7 for transportation, and
\$6.95 for a boxed lunch.

Sign ups begin on
Monday, June 1st and end
on Thursday, June 4th.

GOING OUT

How to Reserve Your Spot for the Next Outing

Sign-ups begin at ****9:00am**** on the designated date stated in the outing description. Stop by The Connection or call x1330. Leave your name, address, phone number, and the name of outing(s) you would like to attend. On the first day of sign-ups, those who come in person at 9:00am will take priority and will be signed up on a first come, first serve basis. If you call, you may leave a message, and your reservation will be taken in the order it is recorded. Within five business days of signing up, you will receive a confirmation receipt with event details. At this time, your confirmation is final, and no refunds are available unless there is a waiting list and we can fill your spot.

Your confirmation slip serves as your reservation form, please do not lose this.
Your reservation is not guaranteed until you have received your written confirmation.

Cincinnati Reds

Reds vs Phillies
Wednesday, June 10th

Transportation Schedule:

- South Campus Mail Kiosk: 11:20am
- Central Campus Apt. Building: 11:25am
- Clubhouse at North Campus: 11:30am

**Sign ups
have
expired.**

Mystery Lunch

Monday, June 15th
(Cost \$7.00 plus lunch on your own)

Transportation Schedule:

- South Campus Mail Kiosk: 11:20am
- Central Campus Apt. Building: 11:25am
- Clubhouse at North Campus: 11:30am

**Sign ups begin
on Monday,
June 1st and
end on Friday,
June 12th.**

One-Derings Lavender Farm

Wednesday, June 17th

Enjoy lunch consisting of chicken salad, fruit, broccoli salad, lavender shortbread cookies, mints, peppermint tea and lavender lemonade; then we will take a group tour of the lavender field!

Cost: \$25, includes lunch, tour of lavender farm and transportation.

Please Note: This outing is non-wheelchair accessible.

Transportation Schedule:

- South Campus Mail Kiosk: 11:05am
- Central Campus Apt. Building: 11:10am
- Clubhouse at North Campus: 11:15am

**Sign ups begin on
Monday, June 1st and
end on Friday, June 5th.**

Cincinnati Museum Center At the Omnimax Presents:

“D-Day Normandy 1944”
Monday, June 8th at 2:00pm

Transportation Schedule:

- South Campus Mail Kiosk: 12:40pm
- Central Campus Apt. Building: 12:45pm
- Clubhouse at North Campus: 12:50pm

**Sign ups begin on
Monday, June 1st and end
on Thursday, June 4th.**

Butterfly Show

Friday, June 19th

“Butterflies of the Philippines”

This spring marks Krohn Conservatory’s 20th annual butterfly show, featuring exotic winged beauties from around the globe.

Cost: \$7 for transportation, plus ticket for show.

Transportation Schedule:

- South Campus Mail Kiosk: 1:20pm
- Central Campus Apt. Building: 1:25pm
- Clubhouse at North Campus: 1:30pm

**Sign ups begin
on Monday,
June 1st and
end on Friday,
June 12th.**

Explore Your Appetite

Wednesday, June 24th

Anchor in Over the Rhine

Anchor brings a classic seafood experience to land-locked Cincinnatians!
Cost \$7 for transportation, plus dinner on your own.
Dinner ranges from \$10 to \$35.

Transportation Schedule:

- South Campus Mail Kiosk: 4:35pm
- Central Campus Apt. Building: 4:40pm
- Clubhouse at North Campus: 4:45pm

**Sign ups begin on
Monday, June 1st
and end on Friday,
June 19th.**

GOING OUT

Findlay Market

Friday, June 12th

In historic Over The Rhine, it is Cincinnati's oldest continuously operated public market.

We will enjoy lunch and tour of the market.

We will provide coolers to keep on the bus if you decide to purchase food to bring home!

Cost: \$7 transportation, plus lunch and goodies on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 10:00am
- Central Campus Apt. Building: 10:05am
- Clubhouse at North Campus: 10:10am

**Sign ups begin on Monday,
June 1st and end on
Friday, June 5th.**

BAMSO

Friday, July 3rd at 6:00pm

Join us for "Hollywood Summer Blockbusters." Keep an eye out for superheroes, aliens, and especially that shark near the shore!

Transportation Schedule:

- South Campus Mail Kiosk: 5:20pm
- Central Campus Apt. Building: 5:25pm
- Clubhouse at North Campus: 5:30pm

**Sign ups begin on
Monday, June 1st and end
on Friday, June 26th.**

Mystery Lunch

Wednesday, July 29th

(Cost \$7.00 plus lunch on your own)

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

**Sign ups begin on
Monday, June 1st
and end on Friday,
July 17th.**



Explore Your Appetite: Remezo

Wednesday, July 15th

From the blue waters of the Aegean Sea flourished the Kefi of Remezo. Taste the sun drenched olives.

Savor the sea salt and lemon of fresh grilled seafood and the earth bound simplicity of homemade bread. The bittersweet ending of Authentic Greek Coffee. You don't need a passport to experience

Greece at Remezo. Come acknowledge what the "ancient world" has known for centuries.
Cost \$7 for transportation, plus lunch on your own. Lunch ranges from \$7 to \$25

Transportation Schedule:

- South Campus Mail Kiosk: 11:30am
- Central Campus Apt. Building: 11:35am
- Clubhouse at North Campus: 11:40am

**Sign ups begin
on Monday, June
1st and end on
Friday, July 10th.**

staying in

Youth Choir from Georgia!

Monday, June 1st at 2:00pm
in the Chapel

This group is on a mission trip, and they enjoy singing old hymns.

Nordin Piano Studio

Tuesday, June 2nd at 7:00pm in the
Fireside Room.

Welcome back the students from the Nordin Piano Studio. The students range in age from 6 to 14 and enjoy playing classical and patriotic songs.

STAYING IN

Troubadours Concert
Thursday, June 4th
at 2:00pm in the Chapel

Linda McAlister and Students Concert
Sunday, June 7th at 2:00pm in the Chapel.
Young students will entertain with a program of familiar music accompanied by our Chapel pianist, Avedis Manoogian.

Raptor Inc.
Tuesday, June 9th at 2:00pm in the Chapel

Join this non profit that helps rehabilitate injured hawks, owls, and falcons.

All Campus Sing-A-Long
Join Louise Lake and Friends
Wednesday, June 10th at 7:00pm
in the Fireside Lounge.

There will be three live birds of prey!

Friends of Twin Lakes Meeting
Wednesday, June 10th
4:00pm in the Chapel

Ladies Fireside Chat
All ladies are invited on
Thursday, June 11th
from 7:00pm to 8:00pm in the Card Room.

Sonja Stratman Presents:
Growing up under the swastika
Tuesday, June 16th at 7:00pm
in the Chapel

Joe Bride
Mr. Bride is "Close and very personal" with four presidents, a secretary of state, astronauts, vice presidents, movie stars and memorable sports heroes and events.

Summer Concert Series
Presents:
Howard Bloemaker Band
Wednesday, June 17th from
7:00pm to 8:30pm
Outside the Connection

Join Joe on Friday, June 12th
2:00pm to 3:00pm in the Chapel.

Jump and Jive Band
Join this 19 person band for a high energy concert!
Thursday, June 25th
7:00pm to 9:00pm in the Chapel

Celebrate Summer with UDF Ice Cream
Join everyone in the Art Studio on
Monday, June 22nd from
1:00pm to 3:00pm.

Traveling Song and Dance Troupe
Tuesday, June 30th at
7:00pm in the Chapel
This group will feature songs like Boogie Woogie Bugle Boy, God Bless the USA, Grand Ole Flag, Don't Fence Me In, Military Medley and many more.