

TWIN LAKES PRESS

March 2017

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 www.lec.org

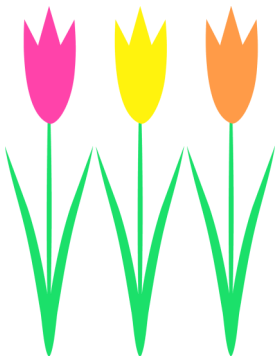


Like us on
Facebook

Twin Lakes Senior Living Community

Six Dimensions of Wellness

Emotional • Intellectual
Physical • Social
Spiritual • Vocational



Spring Tea Party

Thursday, March 23rd from 1:00pm to 3:00pm in the Main Dining Room

Tea, homemade sandwiches, and cookies will be served.

Please call Ashley DePeel at X1321 to sign up.

March Madness



You can pick up your bracket at the Welcome Center, the Connection, or Resident Services starting on Monday, March 13th.

Brackets are due back by Monday, March 13th at 5:00pm to the Welcome Center, Connection, or Resident Services.

Donations are accepted, and all proceeds benefit the Friends of Twin Lakes.

Ladies Chat



Join Norma for chatting with old and new friends, food and a craft! All ladies are welcome!

Ladies chat will be returning in April!

CAMPUS NOTES

CENTRAL CAMPUS

Resident Meeting

Thursday, March 2nd at
4:00pm in the Chapel

Coffee Chat

Tuesday, March 14th at
10:00am in the Card Room

NORTH CAMPUS

Resident Meeting

Friday, March 3rd at
9:00am at the
Clubhouse

Coffee Chat

Friday, March 17th at
9:00am at the
Clubhouse

SOUTH CAMPUS

Resident Meeting

Friday, March 3rd at 10:30am in the
Montgomery Room

All Campus Sing-A-Long with Mike Pendell

Tuesday, March 14th at
7:00pm in the
Fireside Room



Please Welcome New Residents

Central Campus: Don & Nancy Gurney

South Campus: Nancy DeBrunner



Health and Therapy

Services

Services include blood pressure screenings, dressing changes, B-12 injections, PT/INR testing and many other services. Twin Lakes now offers Psychological Services as well. Please call x1320 for more information.

Podiatry Clinic

Monday, March 6th
Call X1320 to schedule your appointment.

Reminder regarding the Vial of Life

Please be sure your medical information, medications, and emergency contact numbers are up-to-date. If your Vial is missing or if you need assistance, please call x1320.

If you would like a **Wellness Visit** (functional assessment and update Vial of Life), please call Joan x1320 to schedule.

Walk-in Clinic hours

Tuesday and Thursday, 11:00am -2:00pm
Joan is on campus Monday, Tuesday and Thursday 8:00am-4:00pm. On the days/evenings Joan is not on campus, residents may call Hannaford Court (Assisted Living Unit) X1329 for assistance with non emergency needs.

You may leave a message anytime (X1320), and your call will be returned when Joan returns to the office.

Free Hearing Evaluations

Friday, March 10th
Call X1320 to schedule your appointment.

Dermatology services are available in the Health and Therapy Suite. The next available Dermatology clinic is Thursday, May 4th. Please call X1320 for appointment.

Healthy Living Wellness For Life: Eating For A Sharper Mind!
Therapy Program—Friday, March 10th at 11:00am in the Montgomery Room.

A NOTE FROM JIM

An Appreciative Attitude

Having an appreciative attitude is an important life skill that at any age can add quality to a person's life. By being appreciative, the focus is on others instead of oneself. Therefore we all can be more productive and understanding.

Developing an appreciative attitude means that we must first learn to appreciate. In somewhat of a paradoxical way of not being boastful or arrogant, we need to respect ourselves by being grateful for what we have and what we have achieved. Each day we can look for people we should have appreciated more. This can be friends we need to tell how much they have been helpful and supportive, or this could be an acquaintance who shared ideas and feelings, or this could be a family member who needs a little recognition or appreciation. At the end of every day we can be *thankful* for the day, be *thankful* for what we have done and what we could have done better, and be *grateful* for our well being. When we practice this for a few weeks, it will become a part of our daily routine.

Using this attitude of gratitude, we automatically train ourselves to notice the good and the positive in every situation. Some other helpful ways to have an appreciative attitude are:

1. Don't get involved in Negative Gossip. It is never healthy or productive. Excuse yourself and get away!
2. Go out of your way to express gratitude to others. Appreciation is so helpful to all!
3. Control your response. Don't get defensive. Think before you speak and appreciate the comment (even if they are negative).
4. See the Big Picture. Some problems that seem really big are actually small problems with big opportunities.

So this is a perfect opportunity for me to thank all of you for your wisdom, your direction, and your suggestions to me for improving our services to make Twin Lakes BETTER! Thank you for living here at Twin Lakes. I appreciate all of you.

Campus Shop

The Campus Shop

Hours:

Monday - Friday: 9:30am - 12:00pm, 1:30pm - 4:00pm, & 6:00pm - 7:30pm
Saturday - Sunday: 1:00pm - 3:00pm

Phone:

513 - 247-1346

HAPPY SAINT PATRICK'S DAY! REMEMBER TO WEAR SOMETHING GREEN! IF YOU DO NOT HAVE ANYTHING GREEN, CHECK IN THE CAMPUS SHOP.

SPRING STARTS ON MARCH 20 AND THE CAMPUS SHOP WILL BE STOCKED AND READY WITH NEW MERCHANDISE, GIFTS OF ALL KINDS, SCARVES AND BUNNIES AND RABBITS ARRIVING.

EASTER SUNDAY IS APRIL 16, BUT NOW IS THE TIME TO START YOUR SPRING AND EASTER SHOPPING.

THE SALE CART WILL HAVE NEW MERCHANDISE, SO GIVE IT A LOOK.

While shopping at the Campus Shop, take a moment to enjoy a delicious cup of coffee, tea, or cocoa along with a roll, muffin, or cookies. If soft drinks or juices are more to your liking, we have Coke products and 100% juices along with chips, crackers, and peanuts. Our nice cold bottles of water continue at 50 cents each. Try to find that price at any sports event you may attend! We need and appreciate your patronage.

Spring and Easter and Plants and Flowers bring to mind the wonderful Benken gift cards sold in the Campus Shop. These \$25 gift cards allow your friend or family member to choose their own plants and flowers throughout the Spring when they have time to shop and plant. And the best part is such a purchase contributes \$5 to the Benevolent Care and Pastoral Care Funds.

If there is an item you want us to carry, please have the volunteer write the item in the journal on the counter. The volunteer will need your name and phone number so we can notify you concerning the item. However, please do not bring items to the Shop requesting that we sell them. Thanks.

Have you renewed your membership in "Friends of Twin Lakes" auxiliary for 2017? We are hoping to have every resident, every associate and family members and friends on our team. When we have fundraising events, we need many auxiliary members to help us make these events a success. All membership forms should be directed to Joan Mettey, Membership Chair, at Central Campus internal mailbox 1128. It is very important that the check be made payable to "Friends of Twin Lakes." Thanks.

A BIG "THANK YOU" TO ALL WHO PATRONIZED THE VALENTINE'S DAY CANDY AND CUPCAKE SALE WHICH WAS A BIG SUCCESS. WE LOOK FORWARD TO SEEING YOU AGAIN IN 2018.

Bulletins

Enjoy a complimentary birthday luncheon with Jim Mayer!

If your birthday is in **March**, and you would like to attend the luncheon on **Wednesday, March 15th** in the Main Dining Room at 12:00pm, you *must RSVP* to the Connection at X1333 by **Friday, March 10th**.

Construction Update

During the month of March, Danis will continue the installation of footings and foundation walls in the garage, as well as the continuation of structural steel framing for the first floor. They will begin the construction of stairwells and elevator shafts. Regarding the six existing tie-in IL units, there will be shoring, demolition, and a new concrete footing to be poured. Also during this time, we expect the delivery of hardware, vinyl wall covering and carpet for the corridor renovations.

Friends of Twin Lakes Clothes and Shoes Collection for Matthew 25.

Please bring any donations to the Connection.

Thursday, March 1st - Friday, March 31st



Birthday Cake Party

Wednesday, March 22nd at 1:00pm in the Art Studio

Movies with Adam!

Do you love movies and hanging out with friends?
Join Adam every first and second Saturday of the month at 1:00pm in the M&E Room for a great movie!

SPIRITUAL

Catholic Mass

Catholic Mass is celebrated every Wednesday morning in the Chapel at 10:30am. Because of the solemnity of the celebration, please arrive a few minutes before Mass begins.

*Celebrants for the month of **March** are:*

March 1st (Ash Wednesday)	Fr. Albert Bischoff, S. J.
March 8th	Fr. Tom Wray
March 15th	Fr. Albert Bischoff, S. J.
March 22nd	Fr. Albert Bischoff, S. J.
March 29th	Fr. Albert Bischoff, S. J.

Televised on Channel 1852 at 10:30am.

Sunday Ecumenical Worship Services

All Are Welcome! Come As You Are!
All services are held in the Chapel at 4:00pm.
The Ash Wednesday Service is at 2:00pm.

March 1st	Ash Wednesday Service
March 5th	Reverend Tom York
March 12th	Holy Communion Service
March 19th	Chaplain Jerry Mueller
March 26th	Chaplain Jerry Mueller

Televised on Channel 1852 at 4:00pm.

COMING SOON AFTER EASTER

A series of book discussions of
"The Book of Joy"

By: The Dalai Lama and Archbishop Desmond Tutu

Discussions arranged by Chaplain Jerry Mueller and Bernard Dauenhauer.
Dates and times TBA in the April TWIN LAKES PRESS.

For information, please contact Bernard: Phone X1728 or bpdorjef@gmail.com

TRANSPORTATION

Need a ride? Have an appointment?

Twin Lakes provides both private and medical transportation services.

Appointments must be made five (5) days in advance, are available on a first come, first served basis, and are subject to availability.



SHOPPING SHUTTLE

Montgomery Shopping Center

McKinley and Villas at 9:00am

Central Campus at 9:30am

Continuous return trips until 11:00am

Thursdays in March: 2nd, 9th, 16th, 23rd, 30th

Trader Joe's Shuttle

Wednesday, March 8th at 1:00pm

Kenwood Towne Centre and Kenwood Theater

Wednesday, March 29th at 10:30am

Return Trips: 12:00pm, 1:00pm, 2:00pm, and 3:00pm

Big Screen Movies

Sully

2016, Rated PG-13, 96 minutes

Saturday, March 4th

On Thursday, January 15th, 2009, the world witnessed the "Miracle on the Hudson" when Captain Chesley Sullenberger, nicknamed "Sully," glided his disabled plane onto the frigid waters of the Hudson River, saving the lives of all 155 aboard. However, even as Sully was being heralded by the public and the media for his unprecedented feat of aviation skill, an investigation was unfolding that threatened to destroy his reputation and his career.

This movie will be shown at 1:00pm in the M&E Room.

Wild Oats

2016, Rated PG-13, 86 minutes

Saturday, March 11th

A retired widow hits the jackpot when she receives a life insurance check mistakenly made out for \$5,000,000 instead of \$50. She and her best friend then take off, only to become media sensations and fugitives from justice.

This movie will be shown at 1:00pm in the M&E Room.

Concussion

2015, Rated PG-13, 123 minutes

Saturday, March 18th

When Dr. Bennet Omalu's autopsy studies lead him to conclude that multiple concussions could be the underlying cause of the brain disorders suffered by many U.S. football players, he encounters harsh resistance from the NFL establishment.

This movie will be shown at 1:00pm in the Montgomery Room.

Finding Dory

2016, Rated PG, 97 minutes

Saturday, March 25th

From the Academy Award®-winning creators of Disney*Pixar's Finding Nemo (Best Animated Feature, 2003) comes an epic undersea adventure filled with imagination, humor and heart. When Dory, the forgetful blue tang (Ellen DeGeneres), suddenly remembers she has a family who may be looking for her, she, Marlin (Albert Brooks), and Nemo (Hayden Rolence) take off on a life-changing quest to find them...with help from Hank, a cantankerous octopus; Bailey, a beluga whale who's convinced his biological sonar skills are on the fritz; and Destiny, a nearsighted whale shark! Dive into the movie overflowing with unforgettable characters, dazzling animation and gallons of fun!

This movie will be shown at 1:00pm in the Montgomery Room.

Movie Matinee Featuring "Moby Dick"

Thursday, March 30th at 3:00pm in the Montgomery Room


Gregory Peck triumphs in his starring role as the obsessed Capt. Ahab in this big-screen version of Herman Melville's classic novel. Ahab longs to hunt down and kill Moby Dick, the great white whale who tore off Ahab's leg years ago. Unfortunately, his maniacal fixation spreads to the crew and ultimately leads to disaster. The legendary John Huston directed this faithful adaptation, which racked up numerous critics' awards.

Snacks and drinks will be provided.

Calendar of Events

Sunday	Monday	Tuesday	Wednesday
	<p>KEY TO THE AREAS</p> <p>AA Aquatic Area AS Art Studio BR Billiards Room CC Central Campus CF Cafe CH Chapel CON The Connection</p>	<p>CL Clubhouse at NC CR Card Room CS Campus Shop DS Daystar Room LIB Twin Lakes Library LIL Living Is Learning FS Fireside Lounge</p>	<p>1</p> <p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 7:00 Wayne Yaeger and Pamela Mallory - FS</p>
<p>5</p> <p>4:00 Ecumenical Worship Service - CH</p>	<p>6</p> <p>9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 7:00 Irish Songs with Larry And Dianne - FS</p>	<p>7</p> <p>10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 11:10 Explore Your Appetite 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Reflections Jazz Duo - FS</p>	<p>8</p> <p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:00 Trader Joe's Shuttle 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 3:00 Alzheimer's Support - DS 4:00 Friends of Twin Lakes- CH</p>
<p>12</p> <p>4:00 Ecumenical Worship Service - CH</p>	<p>13</p> <p>9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR Rudino's Night 5:00pm to 7:30pm</p>	<p>14</p> <p>10:00 CC Coffee Chat - CR 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 3:00 Play BINGO! - AS 7:00 All Campus Sing A Long - FS</p>	<p>15</p> <p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 7:00 Mark Cormican - FS</p>
<p>19</p> <p>4:00 Ecumenical Worship Service - CH</p>	<p>20</p> <p>9:30 Muscles in Motion - M&E 9:50 Hilton Netherland Tour 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 3:30 "Bookies" - CL 4:00 Dick Watson - FS</p>	<p>21</p> <p>10:00 Circuit Training - M&E 10:00 Oil Painting - AS 10:00 National Issues Forum - Mont 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Growing Up Under the Swastika - CH</p>	<p>22</p> <p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:00 Birthday Cake Party - AS 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 7:00 HBO Band - CH</p>
<p>26</p> <p>4:00 Ecumenical Worship Service - CH</p>	<p>27</p> <p>9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 7:00 Macular Degeneration Presentation - CH</p>	<p>28</p> <p>10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 11:40 Mystery Lunch 2nd Choice 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Camino de Santiago Presentation - CH</p>	<p>29</p> <p>9:00 Walk It Out - CON 9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Kenwood Towne Center Shuttle 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:30 Aqua Level 3 - AA 7:00 Dixieland Domes - CH</p>
<p>8</p>			

March 2017

Thursday	Friday	Saturday
<p style="text-align: right;">2</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 11:10 Mystery Lunch 1st Choice 2:30 Aqua 20-20-5 - AA 4:00 CC Resident Meeting-CH 7:00 Growing Up In WW2 - CH</p>	<p style="text-align: right;">3</p> <p>9:00 NC Resident Meeting - CL 9:30 Muscles in Motion - M&E 10:30 SC Resident Meeting -Mont 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:00 Art for Everyone - AS 2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">4</p> <p>10:30 Joyful Joints - AA 1:00 Hong Kong Mahjong - CR 1:00 Movies with Adam - M&E <u>Sully</u> 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i></p>
<p style="text-align: right;">9</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Duplicate Bridge - CR 1:15 Art Museum: Dressed to Kill 2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">10</p> <p>9:30 Muscles in Motion - M&E 11:00 Therapy Program - MONT 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:00 Art for Everyone - AS 2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">11</p> <p>10:00 SC Ladies Coffee Chat-PDR 10:30 Joyful Joints - AA 1:00 Hong Kong Mahjong - CR 1:00 Movies with Adam - M&E <u>Wild Oats</u> 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i></p>
<p style="text-align: right;">16</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Art & Unwind - AS 2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">17</p> <p>9:00 NC Coffee Chat - CL 9:20 Ballet: Bold Moves 9:30 Muscles in Motion - M&E 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:30 Aqua Level 3 - AA Happy St. Patty's Day! </p>	<p style="text-align: right;">18</p> <p>10:30 Joyful Joints - AA 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont <u>Concussion</u> 3:00 Piano Recital - FS 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i></p>
<p style="text-align: right;">23</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Spring Tea Party - MDR 1:00 Duplicate Bridge - CR 2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">24</p> <p>9:30 Muscles in Motion - M&E 10:15 La Comedia 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">25</p> <p>10:00 SC Ladies Coffee Chat-PDR 10:30 Joyful Joints - AA 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont <u>Finding Dory</u> 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i></p>
<p style="text-align: right;">30</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 2:30 Aqua 20-20-5 - AA 3:00 Movie Matinee Featuring "Moby Dick" - Mont</p>	<p style="text-align: right;">31</p> <p>9:30 Muscles in Motion - M&E 11:00 Aqua Level 2 - AA 1:30 Scrabble - CR 2:00 Art for Everyone - AS 2:30 Aqua Level 3 - AA</p>	<p>M&E Movement & Education MCK McKinley Place MDR Main Dining Room Mont Montgomery Room NC North Campus PS Pottery Studio SC South Campus RT Rotunda WCC Welcome Center Conf.</p> <p style="text-align: right;">9</p>

Going Out

SIGN-UPS REMINDER

Please note that Sign-ups will open on the 1st day of the month and will close the 4th day of the month. To sign up, please call the Activity Line at X1321.

Cincinnati Ballet Dress Rehearsal Presents "Bold Moves" with lunch at Rock Bottom Brewery

Friday, March 17th at 10:30am

Cost: \$20 includes ticket and transportation, plus lunch on your own.

Bold Moves features Cincinnati Ballet like you've never seen before. Keeping a finger on the pulse of the contemporary dance world, this mixed-repertoire performance features two exhilarating and diverse dances which boldly explore pioneering collaboration and innovation that defies traditional expectations of classical ballet. Bold Moves also showcases artistic collaboration and cultural exchange in new and interesting ways, featuring Israeli innovators including the famed choreographer Ohad Naharin and Cincinnati's own Ariel Quartet.

Transportation Schedule:

- South Campus Mail Kiosk: 9:20am
- Central Campus Apt. Building: 9:25am
- Clubhouse at North Campus: 9:30am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.

Walk It Out to Summit Park in Blue Ash

Wednesday, March 29th

Meet in the Connection at 9:00am.

Cost: \$14, includes transportation and boxed lunch. One type of lunch for everyone.

To sign up, please call the Activity Line at X1321. Leave your name, phone number, APT/VILLA number and if you want a boxed lunch. *Estimated time back to Twin Lakes 1:00pm.*

The Center for Holocaust and Humanity Education Presents "Anne Frank: A History for Today"

Monday, April 3rd at 1:00pm

Cost: \$10 ticket

Anne Frank's Diary of a Young Girl and the story of her life and death resonate with people of various ages and backgrounds. Today, children and their families continue to be victims of violence, war, and conflict. This exhibit allows visitors to consider the effects of prejudice, discrimination, hate, and violence. Through the story of Anne Frank, visitors are encouraged to examine their own attitudes towards others.

Join us for a one hour tour and a Speaker's Bureau presentation

Transportation Schedule:

- South Campus Mail Kiosk: 12:35 am
- Central Campus Apt. Building: 12:40am
- Clubhouse at North Campus: 12:45am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.

GOING OUT

Ride About in the New Bus

Wednesday, April 5th

Cost: Free to attend

Join us for a ride through Hyde Park, Alt Park, Mariemont, and Indian Hill to see flowering dogwoods, pear trees, daffodils and many more flowers.

Transportation Schedule:

- South Campus Mail Kiosk: 1:00pm
- Central Campus Apt. Building: 1:05pm
- Clubhouse at North Campus: 1:10pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 2:30pm.*

Mystery Lunch (1st Date Choice)

Wednesday, April 12th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:40am
- Central Campus Apt. Building: 11:45am
- Clubhouse at North Campus: 11:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

Cincinnati Symphony Orchestra Presents Louis Langrée Conducts Brahms Fest with lunch to follow

Friday, April 14th at 11:00am

Cost: \$40 includes ticket and transportation, plus lunch on your own.

The CSO's popular Brahms Fest goes out with a bang: Brahms' luminous and lyrical Symphony No. 3. The brilliant and captivating pianist Hélène Grimaud performs Brahms' dramatic Piano Concerto No. 2. Interesting fact about Grimaud: she experiences synesthesia, causing her to "see" music as color. Welcome Louis Langrée and the CSO back from their performance tour of Asia!

Transportation Schedule:

- South Campus Mail Kiosk: 9:50am
- Central Campus Apt. Building: 9:55am
- Clubhouse at North Campus: 10:00am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:30pm.*

Explore Your Appetite to Ron's Roost Restaurant

Thursday, April 20th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

Going Out

Mystery Lunch (2nd Date Choice)

Tuesday, April 25th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:40am
- Central Campus Apt. Building: 11:45am
- Clubhouse at North Campus: 11:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

Keeneland on Thursday April 27th

Experience a five star buffet and an exhilarating horse race all while overlooking the grandstand racetrack in the Lexington Room at Keeneland!

Cost: \$70/person, which includes transportation, general admission, room admission, buffet, taxes and program.*

Window Table available for an additional \$10 per person. Please indicate your preference when calling the Activity Line.

The dress code is as follows:

Gentlemen: Suits or sport coats, dress slacks, dress shirt with collar and tie, dress shoes and dress socks.

Ladies: Clothing of comparable formality to gentlemen, including but not limited to suits, dresses, tailored pantsuits or dress slacks.



Transportation Schedule:

- South Campus Mail Kiosk: 9:30am
- Central Campus Apt. Building: 9:35am
- Clubhouse at North Campus: 9:40am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 7:00pm.*

The Connection

Please welcome Tracy Stegall as our new Wellness Coordinator for The Connection. Tracy started at Twin Lakes as a Resident Assistant in Hannaford Court in 2007. She then became an LPN. Tracy left Twin Lakes and then returned as a Wellness Specialist in The Connection for about a year. In addition to her experience in The Connection and familiarity with Twin Lakes, we are looking forward to her enthusiasm, professionalism and leadership.

Also, please welcome Gabe Stiver as our new Wellness Specialist in The Connection. Gabe is a graduate of Mount St. Joseph University with a Bachelor of Science in Sports Management.

We are very excited to have them join our Twin Lakes family!

Staying In

Spring Tea Party

Thursday, March 23rd from 1:00pm to 3:00pm
in the Main Dining Room

Tea, homemade sandwiches, and cookies will
be served.

Please call Ashley DePeel at X1352 to sign
up.

Macular Degeneration Presentation

Join Daniel M. Miller, M.D., PhD for a
presentation on your vision.

Monday, March 27th at 7:00pm in the
Chapel

Camino de Santiago Presentation

Jim Scott's daughter Linda and her
husband Rob Bartlett spent 31 days
hiking the "pilgrim trail" across Northern
Spain. Join Rob as he takes you on a
trip through the Camino de Santiago.

Tuesday, March 28th at 7:00pm in the
Chapel

Dixieland Domes

Join us for your favorite songs!

Wednesday, March 29th at 7:00pm in
the Chapel

Movie Matinee Featuring "Moby Dick"

Thursday, March 30th at 3:00pm in the
Montgomery Room

Snacks and drinks provided.

Ronny Salerno, author of *Fading Ads of Cincinnati*,

will showcase images and backgrounds of the book's photos on

**Thursday April 6th at 7:00 PM
in the Chapel.**

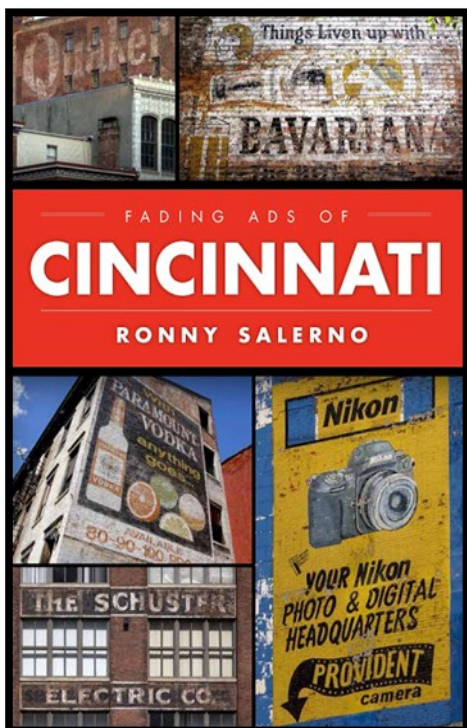
Proudly introduced by TL Driver, **Nick Rehtin**! Rehtin's slideshow
presentation was recently featured before a capacity audience at the *Taft
Museum* as part of its exhibit:

"Forgotten Cincinnati: Photographs from the 1880's"

Ronny Salerno is a freelance photographer based out of Cincinnati, Ohio. A
graduate of Northern Kentucky University, he specializes in editorial,
commercial, event and fine art photography. His editorial work has been
featured with *ABC News*, *NBC News*, *The Cincinnati Enquirer*, *Dayton Daily
News*, *City Beat*, *The Cincinnati Business Courier* and *The Big Picture* while
examples of his commercial work can currently be found on supermarket and
retail shelves.

Readers are invited to visit his blog at:

<http://queencitydiscovery.blogspot.com>, or enjoy his commercial work found
on ronnysalerno.com.



Staying In

How Should We Meet the Challenges of a Warming Planet?

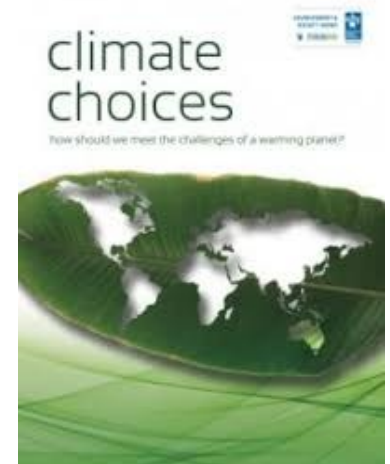
All around is evidence that the climate is changing. Summers are starting earlier and lasting longer. Heat waves are becoming more frequent and intense. Dry regions are getting drier and wet regions are seeing heavier rains. Record cold and snowfalls blanket some parts of the country, while record fires ravage forests across the West.

The more extreme and unpredictable weather being experienced around the world points to dramatic changes in climate—the conditions that take place over years, decades, and longer.

Climate disruptions have some people worried about their health, their children, their homes, their livelihoods, their communities, and even their personal safety. They wonder about the future of the natural areas they enjoy and the wild animals and plants that live there. In addition, there are growing concerns about our national security and how climate change might affect scarce resources around the planet and increase global tensions.

Tuesday, March 21st at 10:00am in the Montgomery Room

To reserve a seat at the next Forum, call the Activity Line at X1321.



LEC Foundation

Remember to invite your neighbors to join you for dinner at Rudino's Sports Bar for **Twin Lakes Night at Rudino's** on Monday, March 13, 2017 from 5:00 – 7:30 pm. Rudino's donates back to the Twin Lakes Benevolent Care Fund 10% of the sales each month.

Our efforts to raise 1.5 M toward the construction of the Shirley M. Davies Community Center are still underway. It is going to be a wonderful space which will accommodate many new program opportunities. As of mid – February we have raised \$1,102,116. Please consider a gift to the Davies Center. Many residents have chosen to give a portion of their Entrance Fee Refund. To learn more details please call Dan McManus in the LEC Foundation office at 247-3540.

LEC Foundation

Family Comes First When You Give Find the Perfect Way to Share Your Generosity

Many of us want to provide more for the causes closest to our hearts, but also do what's best for our own family. Making a gift that pays you income can be a thoughtful expression of your gratitude for Twin Lakes that also ensures your loved ones are well cared for in the future. It's a flexible way to give to Twin Lakes and get an immediate tax deduction.

Everyone Wins With a Charitable Remainder Trust

You can make a gift that allows you to receive regular payments for yourself or others you choose—for example, your spouse, your children or a sibling—for a lifetime. What's left after the lifetimes of those receiving payments goes to improving Twin Lakes and creates an enduring connection for the future. Other possible benefits of this approach include:

- Receiving a money-saving federal income tax deduction in the year you make the gift
- Increasing your current income
- Eliminating up-front capital gains tax

By securing your family's financial stability first, you gain peace of mind while recognizing an organization that shares your values and has great meaning to you.

Make the Most of Your Gift

We're happy to answer any questions you may have about this opportunity to provide for you, your loved ones and Twin Lakes in the future. To learn more about how you can touch the lives of those we serve and receive a personalized illustration of your benefits, please contact Dan McManus at 513-719-3540 or dan.mcmanus@lec.org.