

TWIN LAKES PRESS

October 2016

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 www.lec.org

 Like us on
Facebook

Twin Lakes Senior Living Community

Six Dimensions of Wellness

Emotional • Intellectual
Physical • Social
Spiritual • Vocational

Save the Date for the Holiday Dinner Outing

McCormick and Schmick's
on Thursday, December 15th at 6:00pm

We will be in the second floor suite overlooking the fountain square ice rink and the Christmas tree downtown!

MCCORMICK & SCHMICK'S
SEAFOOD RESTAURANT



Harvest Festival

Thursday, October 27th from
6:00pm to 8:00pm

Enjoy the petting zoo, pony rides, balloon artist, face painting, trick or treating, games, prizes and more!

Please consider donating candy for the festival. You can drop it off in the Connection. All candy should be wrapped. Please stop by or call the Connection to volunteer running a game.



General Election Information

Anyone who wishes to vote in the **Tuesday, November 8th, 2016** General Election must be registered to vote with the Hamilton County Board of Election by **Tuesday, October 11, 2016.**

If you are not registered through the Hamilton County Board of Election, you must complete and mail in a voter registration form. Please stop by the Connection to pick up your voter registration forms and/or Absentee Ballot. Don't miss out on voting during this exciting election!



CAMPUS NOTES

CENTRAL CAMPUS

Resident Meeting

Thursday, October 6th at
4:00pm in the Chapel

Coffee Chat

Tuesday, October 18th at
10:00am in the Card Room

NORTH CAMPUS

Resident Meeting

Friday, October 7th at
9:00am at the
Clubhouse

Coffee Chat

Friday, October 21st at
9:00am at the
Clubhouse

SOUTH CAMPUS

Resident Meeting

Friday, October 7th at 10:30am in
the Montgomery Room



All Campus Sing-along With Louise Lake and Marge Freshley

Tuesday, October 11th at 7:00pm in the
Fireside Room

Health and Therapy

Services

Services include blood pressure screenings, dressing changes, B-12 injections, PT/INR testing and many other services. Twin Lakes now offers Psychological Services as well. Please call x1320 for more information.

Podiatry Clinic

Monday, October 10th and
Tuesday, October 25th
Call X1320 to schedule your appointment.

NEW- Dermatology services are available in the Health and Therapy Suite.

*No clinic for October, next clinic available is
Thursday, November 3rd.*

Please call X1320 for appointment.

Twin Lakes will offer flu vaccines in October. Watch your in-house mailbox for dates and times.

Therapy Program

Held on the third Thursday of every month

Thursday, October 20th at 1:00pm in the Movement and Education Room

"Defining Gravity"

Walk-in Clinic hours

Tuesday and Thursday, 11:00am - 2:00pm
Monday through Friday, 7:00pm - 8:00pm
You may leave a message anytime (X1320), and your call will be returned when Joan or Brandee returns to the office.

Reminder regarding the Vial of Life

Please be sure your medical information, medications, and emergency contact numbers are up-to-date. If your Vial is missing or if you need assistance, please call x1320.

Free Hearing Evaluations

Friday, October 14th
Call X1320 to schedule your appointment.

A NOTE FROM JIM

One of the most rewarding parts of my job as the Executive Director of Twin Lakes is being part of so many wonderful people's lives and building such tremendous relationships. These relationships are deep and everlasting even after someone has left this earthly world.

As I pause to remember, I think about how the love and wisdom of these wise peoples' philosophies have affected my life and my values.

Some examples of the wisdom they gave to me:

It is more important HOW you say something than What you say.

Always listen to your heart before making a tough decision.

Don't expect someone to do something that you would not do.

Be positive and emphasize positive thoughts.

Never look back.

Pray for others before you pray for yourself.

Try to break an idea down to its simplest form.

Think about it overnight.

Remembering these stories and remembering the individuals that I learned these values from are so vivid and real that they are engraved in my mind and my heart. Remembering an individual to me is the highest form of honoring someone. The longer you think about them the higher you honor that person. So a well lived life to me is proportional to the memories that you have about them and what they have given you.

That makes me think about all the individuals who have affected my life; their common thread is that they all lived their lives with a strong conviction of sincerity with their relationships. Also these individuals were all very humble and lived their lives with action vs. intention.

Again I want to express how much I am honored to meet, work for, and be around so many wonderful people at Twin Lakes.

Bulletins

The Twin Lakes "Transition Group" will be taking a break for the remainder of the Summer. The group will resume in November.

If you have any questions, please call Chaplain Paul Burden at X1365.

Enjoy a complimentary birthday luncheon with Jim Mayer!

If your birthday is in **October** and you would like to attend on **Thursday, October 20th** in the Main Dining Room at 12:00pm, you *must* **RSVP** to the Connection at X1330 by **Friday, October 14th**.

LEC Foundation

The Life Enriching Communities Foundation cordially invites you to

A Musical Feast

Please join us for an enjoyable evening of impressive entertainment, delicious food, and an array of silent auction items on Friday, October 14th at 6:30pm at Twin Towers Gulden Community Center.

All proceeds support the ministries of Twin Towers and Twin Lakes Senior Living Communities.

Twin Lakes will be providing transportation.
For more information call Nancy Schwandner. X1362



SPIRITUAL

Catholic Mass

Catholic Mass is celebrated every Wednesday morning in the Chapel at 10:30am. Because of the solemnity of the celebration, please arrive a few minutes before Mass begins.

*Celebrants for the month of **October** are:*

October 5th	Fr. Albert Bischoff, S. J.
October 12th	Fr. Pat Crone
October 19th	Fr. Albert Bischoff, S. J.
October 26th	Fr. Pat Crone

Televised on Channel 1852 at 10:30am.

Sunday Ecumenical Worship Services

All Are Welcome! Come As You Are!
All services are held in the Chapel at 4:00pm.

October 2	Chaplain Jerry Mueller
October 9	Chaplain Paul Burden
October 16	Chaplain Paul Burden
October 23	Reverend Josh Miller
October 30	Chaplain Paul Burden

Televised on Channel 1852 at 4:00pm.

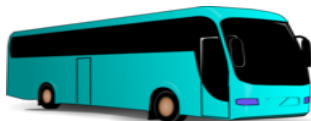
Kentucky farmer, writer, and poet Wendell Berry has said, "A community is the mental and spiritual condition of knowing that the place is shared, and that the people who share the place define and limit the possibilities of each other's lives. It is the knowledge that people have of each other, their concern for each other, their trust in each other, the freedom with which they come and go among themselves." Wendell Berry reminds us of the importance of human community. This theme, among several others, is reflected in Berry's book What Are People For? On October 19 I will join Dr. Bernhard Dauenhauer in leading a fall book discussion on What are People For? We invite you to join us as we reflect on Wendell Berry's ideas for building a more stable and sustainable world. For more information, please contact Chaplain Paul at x1365. I hope you have a blessed October! – Chaplain Paul

TRANSPORTATION

Need a ride? Have an appointment?

Twin Lakes provides both private and medical transportation services.

Appointments must be made five (5) days in advance, are available on a first come, first served basis, and are subject to availability.



SHOPPING SHUTTLE

Montgomery Shopping Center

McKinley and Villas at 9:00am

Central Campus at 9:30am

Continuous return trips until 11:00am

Thursdays in October: 6th, 13th, 20th, 27th

Trader Joes Shuttle

Wednesday, October 12th

1:00pm - 2:00pm

Kenwood Towne Centre and Kenwood Theater

Wednesday, October 26th

Return Trips: 12:00pm, 1:00pm, 2:00pm, and 3:00pm

Big Screen Movies

Vertigo

1958, Rated PG, 129 mins.

Saturday, October 1st

One of Alfred Hitchcock's darkest and most compelling suspense films tells the story of police detective Scottie Ferguson (James Stewart), who has a crippling fear of heights -- and an all-consuming obsession with a married woman. When an old friend asks him to tail his wife (Kim Novak), Scottie is drawn into a vortex of deceit and murder. But that's only the beginning as a mesmerizing score draws Scottie to the film's haunting final shot.

Silver Linings Playbook

2012, Rated R, 122 mins.

Saturday, October 8th

After a stint in a psychiatric hospital, bipolar Pat has no choice but to move back in with his football-obsessed parents. While he tries in vain to reconcile with his wife, Pat meets a woman who's as unstable as he is -- and she changes his life.

Stalag 17

1953, Not Rated, 120 mins.

Saturday, October 15th

For the Allied prisoners of Stalag 17, every escape attempt ends the same way: disaster. Cynical Sgt. Sefton (William Holden, in his Oscar-winning role) thinks they're all fools for trying -- but soon his hectoring starts raising suspicions that there's a German spy among them. Could that spy be him? Director Billy Wilder effortlessly mixes broad comedy and high-tension drama in this World War II classic.

Grudge Match

2013, Rated PG-13, 113 mins.

Saturday, October 22nd

Decades after making their marks as big-screen pugilists, Sylvester Stallone and Robert De Niro play aging prizefighters prevailed upon -- by a money-hungry boxing promoter -- to return to the ring for one last match.

The Ghost and Mr. Chicken

1966, Not Rated, 90 mins.

Saturday, October 29th


Mild-mannered typesetter Luther Heggs (Don Knotts) wants to be a respectable reporter, so he decides to get the scoop on local ghosts by spending a fated night at a haunted abode where there's been an unsolved murder. When the community thinks he's concocting a fable, he's determined to convince them of what he's witnessed. Will his sensational story make him a bona fide journalist? Liam Redmond and Joan Staley co-star in this classic comedy.

All movies will be shown at 1:00pm in the Montgomery Room.

Calendar of Events

Sunday	Monday	Tuesday	Wednesday
	<p>KEY TO THE AREAS</p> <p>AA Aquatic Area AS Art Studio BR Billiards Room CC Central Campus CF Cafe CH Chapel CON The Connection</p>	<p>M&E Movement & Education MCK McKinley Place MDR Main Dining Room Mont Montgomery Room NC North Campus PS Pottery Studio SC South Campus RT Rotunda WCC Welcome Center Conf.</p>	<p>CL Clubhouse at NC CR Card Room CS Campus Shop DS Daystar Room LIB Twin Lakes Library LIL Living Is Learning FS Fireside Lounge</p>
2	3	4	5
4:00 Ecumenical Worship Service - CH	9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 7:00 Bill Nolan - FS	10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS	9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:00 Street Car Ride Outing 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:00 Armstrong Bible Study - CH 2:30 Aqua Level 3 - AA 7:00 HBO Band - CH
9	10	11	12
4:00 Ecumenical Worship Service - CH	9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 11:10 Mystery Lunch (1st Choice) 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR Rudino's Night 5:00pm to 7:30pm	10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:00 Art Seminar - Mont 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 All Campus Sing-A-Long	9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 11:00 Aqua Level 2 - AA 11:10 Explore You Appetite Outing 1:00 Trader Joe's Shuttle 1:30 Mahjong - CR 2:00 Armstrong Bible Study - CH 3:00 Alzheimer's Support - DS 4:00 Friends of Twin Lakes - CH
16	17	18	19
4:00 Ecumenical Worship Service - CH	8:50 Woodford Reserve Distillery Tour 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 3:30 The "Bookies" - NC	10:00 CC Coffee Chat - CR 10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:00 Tom Strohfeltd Lecture Series - CH 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS	9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:00 Armstrong Bible Study - CH 2:00 Fall Book Discussion - AS 2:30 Aqua Level 3 - AA 7:00 Tom White - FS
23/30	24/31	25	26
4:00 Ecumenical Worship Service - CH	9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:00 Shaw Farms Outing 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR	10:00 Circuit Training - M&E 10:00 Oil Painting - AS 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Birthday Cake Party - AS 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:00 Art Seminar - Mont 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Tri-State Chamber Chorus	9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 10:30 Kenwood Towne Center Shuttle 11:00 Aqua Level 2 - AA 1:30 Mahjong - CR 2:00 Armstrong Bible Study - CH 2:00 Frank Gallenstein - Mont 2:30 Aqua Level 3 - AA
8			

October 2016

Thursday	Friday	Saturday
		<div style="text-align: right;">1</div> 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont Vertigo 4:00 Katie Johannigman Singing Broadway - FS 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i>
<div style="text-align: right;">6</div> 9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 2:30 Aqua 20-20-5 - AA 4:00 CC Resident Meeting-CH	<div style="text-align: right;">7</div> 9:00 NC Resident Meeting - CL 9:30 Muscles in Motion - M&E 9:40 CSO: Violin Legends 10:30 Ping Pong - BR 10:30 SC Resident Meeting -Mont 11:00 Aqua Level 2 - AA 12:30 Senior Boxing - M&E 1:30 Scrabble - CR 2:00 Art for Everyone - AS 2:30 Aqua Level 3 - AA 4:00 Identity Theft Lecture - CH	<div style="text-align: right;">8</div> 10:00 SC Ladies Coffee Chat-Gazebo 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont Silver Linings Playbook 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i> <i>Open Gym / Open Swim</i>
<div style="text-align: right;">13</div> 9:00 Walk It Out - CON 9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Duplicate Bridge - CR 1:00 Twin Lakes Veterans' Group-AS 2:30 Aqua 20-20-5 - AA 7:00 Ladies Chat-CR	<div style="text-align: right;">14</div> 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 12:30 Senior Boxing - M&E 1:30 Scrabble - CR 2:30 Aqua Level 3 - AA 6:30 Musical Feast - Twin Towers	<div style="text-align: right;">15</div> 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont Stalag 17 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i> <i>Open Gym / Open Swim</i>
<div style="text-align: right;">20</div> 9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Therapy Program-Mont 2:30 Aqua 20-20-5 - AA	<div style="text-align: right;">21</div> 9:00 NC Coffee Chat - CL 9:30 Keeneland Outing 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 12:30 Senior Boxing - M&E 1:30 Scrabble - CR 2:00 Art for Everyone - AS 2:30 Aqua Level 3 - AA	<div style="text-align: right;">22</div> 10:00 SC Ladies Coffee Chat-Gazebo 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont Grudge Match 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i> <i>Open Gym / Open Swim</i>
<div style="text-align: right;">27</div> 9:00 MCK, NC and SC Villas Kroger Shuttle 9:30 CC Montgomery Kroger Shuttle 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 Duplicate Bridge - CR 2:30 Aqua 20-20-5 - AA 6:00 Harvest Festival	<div style="text-align: right;">28</div> 9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 11:00 Aqua Level 2 - AA 11:40 Mystery Lunch (2nd Choice) 12:30 Senior Boxing - M&E 1:30 Scrabble - CR 2:30 Aqua Level 3 - AA 3:00 Movie Matinee Featuring "Zootopia"- Mont	<div style="text-align: right;">29</div> 1:00 Hong Kong Mahjong - CR 1:00 Big Screen Movie - Mont The Ghost & Mr. Chicken 7:00 Bingo - AS 7:30 Open Bridge - CR <i>Connection Hours</i> <i>8:00 am- 12:30 pm</i> <i>Open Gym / Open Swim</i> <div style="text-align: right;">9</div>

Going Out

Walk It Out to Woodland Mound

Thursday, October 13th

Meet in the Connection at 9:00am.

Cost: \$14, includes transportation and boxed lunch. One type of lunch for everyone.

To sign up, please call the Activity Line at X1321. Leave your name, phone number, APT/VILLA number and if you want a boxed lunch. *Estimated time back to Twin Lakes 1:00pm.*

Keeneland on Friday, October 21st

Experience a five star buffet and an exhilarating horse race all while overlooking the grandstand racetrack in the Lexington Room at Keeneland!

Cost: \$80/person, which includes transportation, general admission, room admission, buffet, taxes and program.

The dress code is as follows:

Gentlemen: Suits or sport coats, dress slacks, dress shirt with collar and tie, dress shoes and dress socks.

Ladies: Clothing of comparable formality to gentlemen, including but not limited to suits, dresses, tailored pantsuits or dress slacks.



Transportation Schedule:

- South Campus Mail Kiosk: 9:30am
- Central Campus Apt. Building: 9:35am
- Clubhouse at North Campus: 9:40am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 7:00pm.*



Shaw Farms

Monday, October 24th

Enjoy pumpkin picking, hay rides, and warm apple cider!



Transportation Schedule:

- South Campus Mail Kiosk: 1:00pm
- Central Campus Apt. Building: 1:05pm
- Clubhouse at North Campus: 1:10pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 4:00pm.*

Greenacres Art Center Tour

Tuesday, November 1st at 1:00pm

Cost: \$7 transportation

This spectacular art show will highlight incredible works by twenty-eight of the most highly accomplished living artists in Cincinnati. This year's art show will display artwork that best showcases the vast array of talent of the Greenacres Artists Guild through a variety of mediums including sculpture, illustration, and painting. The Greenacres Artists Guild will also be introducing new members Tom Post and John Hebenstreit.

This is a 1-hour walking tour and the exhibits are outside. Please dress accordingly.

Transportation Schedule:

- South Campus Mail Kiosk: 12:30pm
- Central Campus Apt. Building: 12:35pm
- Clubhouse at North Campus: 12:40pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

GOING OUT

Explore Your Appetite to Iron Chef

Wednesday, November 2nd

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:40am
- Central Campus Apt. Building: 11:45am
- Clubhouse at North Campus: 11:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

St. Peter in Chains 12th annual Caregiver Recognition Mass

Sunday, November 6th at 11:00am

This mass will be honoring health caregivers and will be celebrated At The Cathedral of St. Peter in Chains in downtown Cincinnati. Twin Lakes has nominated a resident, Dianne Forgacs, and Associate, Steve Ledwin, to receive the Outstanding Caregiver Awards.

Transportation Schedule:

- South Campus Mail Kiosk: 9:50am
- Central Campus Apt. Building: 9:55am
- Clubhouse at North Campus: 10:00am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 1:00pm.*

Town Hall Lecture Series: "Mitch Albom"

Thursday, November 10th at 11:00am at
Montgomery Assembly of God

*Cost: \$60 includes ticket and transportation. *Space Limited to 12 residents.**

Author, philanthropist, columnist, and sports reporter, he is an inspiration around the world. His books have sold over 35 million copies in over 40 languages. His breakthrough book, Tuesdays with Morrie, was made into a TV movie and remains one of the top selling memoirs of all time. He is an award winning sport columnist and an active philanthropist. His first love has always been music. He plays several instruments and is in a band with several other well-known authors. His latest book, The Magic Strings of Frankie Pesto, is a great story based on the power of music in our lives. There will be a book signing following the lecture.

Transportation Schedule:

- South Campus Mail Kiosk: 10:30am
- Central Campus Apt. Building: 10:35am
- Clubhouse at North Campus: 10:40am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 1:00pm.*

Mystery Lunch (1st Date Choice)

Wednesday, November 16th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

Going Out

Cincinnati Symphony Orchestra Presents Best of Baroque with lunch at Quatman's Cafe

Friday, November 11th at 11:00am

Cost: \$40 includes ticket and transportation, plus lunch on your own.

The beauty and intimacy of Cincinnati's Taft Theatre provides the ideal setting for sparkling and equally intimate music of the Baroque period. Led by Ton Koopman and featuring soloists from a chamber-sized Cincinnati Symphony Orchestra, the works on this program are among the best-loved by Handel and Bach. The Water Music and Royal Fireworks Music, both written for celebratory occasions hosted by English kings, are high-spirited and festive. In the energetic Brandenburg Concerto, nine string players each get vigorous solo turns that build one upon the other to create a feeling of perpetual motion. The Orchestral Suite brings the concerts to a rollicking conclusion.

Transportation Schedule:

- South Campus Mail Kiosk: 9:50am
- Central Campus Apt. Building: 9:55am
- Clubhouse at North Campus: 10:00am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.

Broadway Cincinnati Presents Phantom of the Opera

Tuesday, November 15th at 7:30pm

Cost: \$90, includes transportation and ticket in center orchestra

Cameron Mackintosh's spectacular new production of Andrew Lloyd Webber's The Phantom of the Opera comes to a city near you as part of a brand new North American Tour. This production, which retains the beloved story and thrilling score, boasts exciting new special effects, scenic and lighting designs, staging and choreography and has been hailed by critics as "bigger and better than ever before."



Transportation Schedule:

- South Campus Mail Kiosk: 6:30pm
- Central Campus Apt. Building: 6:35pm
- Clubhouse at North Campus: 6:40pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 11:00pm.

Mystery Lunch (2nd Date Choice)

Wednesday, November 30th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:40am
- Central Campus Apt. Building: 11:45am
- Clubhouse at North Campus: 11:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:00pm.

Going Out

Cincinnati Art Museum presents Van Gogh: Into the Undergrowth

Tuesday, November 29th at 11:00am

Cost: \$17 includes ticket and transportation, plus lunch on your own at Slatts.

Centered on the Cincinnati Art Museum's Undergrowth with Two Figures, the exhibition explores the significance of the forest interior, or sous-bois, to the art of Vincent van Gogh. Into the Undergrowth traces the evolution of the artist's style and techniques through this special group of landscape paintings spanning his career.

Featuring more than 20 works on loan from American, Asian, and European collections, this exhibition allows visitors to compare Van Gogh's treatment of this theme with examples by those who influenced and inspired him, including Théodore Rousseau, Paul Cézanne, Claude Monet and Paul Gauguin.

Transportation Schedule:

- South Campus Mail Kiosk: 10:20am
- Central Campus Apt. Building: 10:25am
- Clubhouse at North Campus: 10:30am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:00pm.

Staying In

Back to Broadway:

An Afternoon of Gershwin, Berlin, Porter and Hammerstein

With Katie Johannigman and Mary Lou Boylan on the piano.

Saturday, October 1st at 4:00pm in the Fireside Room

Bill Nolan

Monday, October 3rd at 7:00pm
in the Fireside Room

Bill will be singing a variety of songs that everyone will love!

Howard Bloemaker Orchestra with Walt Griesinger

Wednesday, October 5th at 7:00pm in
the Chapel

Art for Everyone

Friday, October 7th and Friday, October
21st at 2:00pm in the Art Studio.

Join us for a presentation on **Identity Theft** on Friday, October 7th at
4:00pm in the Chapel.

Staying In

All Campus Sing-A-Long "Salute to the October Skies" With Louise Lake and Marge Freshley

Tuesday, October 11th at 7:00pm in the Fireside Room

Ladies Chat

Thursday, October 13th at 7:00pm in the Card Room with Brittany Barrett

Lois Johannigman Art Seminar

Tuesday, October 11th and Tuesday, October 25th from 2:00pm-3:00pm in the Montgomery Room

Tom White

Wednesday, October 19th at 7:00pm in the Fireside Room

The Emergence of the American Rifleman Lecture Series with Tom Strohfeldt

Tuesday, October 18th at 2:00pm in the Chapel

Tri-State Chamber Chorus Tuesday, October 25th at 7:00pm in the Chapel

Enjoy this chorus that consists of 2 flutes, 2 oboes, 2 clarinets, 2 bassoons and 2 horns.

Birthday Cake Party

Tuesday, October 25th at 1:00pm in the Art Studio. Enjoy delicious cake and October Birthdays!

Book Study Sponsored by Armstrong Chapel

Every Wednesday at 2:00pm in the Chapel

Frank Gallenstein Folk Musician

Wednesday, October 26th at 2:00pm in the Chapel

Harvest Festival

Thursday, October 27th from 6:00pm to 8:00pm

Movie Matinee Featuring "Zootpia"

Friday, October 28th at 3:00pm in the Montgomery Room
Snacks and drinks will be provided.

The Connection



Pink Fridays!



October is all about Pink!

Residents and Associates: Wear pink on Fridays in October to raise awareness to those who are affected by Breast Cancer. Help spread awareness! Pick up your pink ribbon from The Connection.

The Connection

ALICE

What is Alice:

What everyone in this community is looking for is an active and meaningful life. You and your neighbors want to embrace each day and then look forward to a new day every day.

This is what you will find in our NEW ALICE program. Through our “Real-Time” Events & Programs and Announcement pages you will have access to all of the up-to-date information that affects you. Think of it as a closed news network just for YOU.

Why should I “Log-On” to Alice? Here are a few ideas:

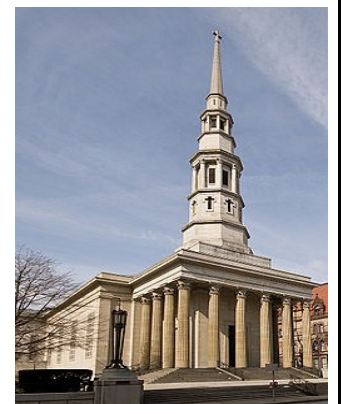
Check Twin Lakes Activity Calendar, Check monthly menus and Campus Shop specials, Receive important news and department updates in real-time, See what is happening in the Connection, Get up to date Construction information, Find friends who are in your community who might have the same interest, and the list goes on.

QUESTIONS? PLEASE CONTACT JON WILLIAMSON
CONNECTION MANAGER AT 247-1331.

Volunteer Services

St. Peter in Chains 12th annual Caregiver Recognition Mass

This ‘white mass’ will be honoring health caregivers. It will be celebrated on Sunday, November 6, 2016 at 11:00 am at the Cathedral of St. Peter in Chains in downtown Cincinnati. Twin Lakes has nominated a resident, Dianne Forgacs, and Associate Steve Ledwin, to receive the Outstanding Caregiver Awards. Please call the Activity Line at x1321 if you would like to ride on the bus to the Mass.



Volunteer Services

connect | Montgomery

Making A Difference



Saturday, October 22, 2016

10:00 am - 12:00 pm

Join us in making thank you cards / letters for a deployed US Military Unit. All supplies will be provided in the Art & Card Studio and Hannaford Court activity room.

All Twin Lakes residents, families, and associates are invited to join to help make a difference!

We are accepting donated items to be sent with the thank you cards to the Military Unit. Please drop items off at the Welcome Center marked *Making a Difference*.

Suggested Items Include:

Individual drink mixes (flavor packets, lemonade, hot cocoa mixes, coffee, tea)

Seasonings to add to their MRE's, Gum, mints, nuts, prepackaged cookies that won't crumble in shipping Individual snack items

Socks, knit hats, travel size toiletries, individually wrapped wipes, wipes in small containers, pocket sized tissue packs, playing cards, stress relief squeeze balls, puzzle books, plastic Ziploc bags, pads of paper and pens, air fresheners (stick-ups) long distance phone cards, holiday decorations, napkins, plates, cups, etc.

Questions.....contact Nancy Schwandner at Twin Lakes at 247-1362 or Nancy.schwandner@lec.org