

TWIN LAKES PRESS

June 2017

WHAT'S INSIDE

Campus Notes	2
Health & Therapy	2
A Note from Jim	3
Campus Shop	4
Bulletins	5
Spiritual/Transportation	6
Big Screen Movies	7
Calendar	8-9
Going Out	10-12
Staying In	12-14
Volunteer Services	14
The Connection	15
LEC Foundation	15-16

 www.lec.org



Twin Lakes Senior Living Community

Six Dimensions of Wellness

Emotional • Intellectual
Physical • Social
Spiritual • Vocational

Summer Concert Series Presents



Howard Bloemker Orchestra (HBO Band)

Wednesday, June 21st at 7:00pm
outside the Main Dining Room. Will be held in the Chapel if there is inclement weather.

Music will include big band, swing, Latin, Dixieland, Broadway/show tunes, the Great American Songbook, some jazz, pop and country.

Mark your calendars for the Annual Twin Lakes Barbeque

Thursday, June 15th from 11:30am-1:30pm
outside the Café and Main Dining Room.

There will be plenty of games, prizes, and a super fun Island Trio band!



A NOTE FROM JIM

Emotional Intelligence

Emotional Intelligence is how we handle emotions in our lives. We all have emotions about that which is happening around us, and we all handle these emotions in different ways; therefore, we all have our individual personalities. After reading and understanding about emotions, I have learned that there are six universal emotions that all people in the world deal with in their lives. Emotions are data points for the brain to react to; this is called emotional self awareness.

The six universal emotions are Happiness, Sadness, Surprise, Anger, Fear, and Disgust.

The meaning of Happiness is gaining something of value; the behavior that we express in happiness is to explore more and to want more of that emotion. Most people with a higher happiness factor have open minds about situations that are not clear.

The meaning of Sadness is a loss of value; the behavior is giving up or shutting down. People who have a high sadness factor usually have low self esteem.

The meaning of Surprise is that this emotion comes from something that is happening unexpectedly. Thus our behavior is to pay more attention and be more alert. People tend to either love surprises or hate them, and surprise causes a fight or flight scenario in the brain.

The meaning of Anger is that a person is blocked from getting something he or she wants, and the behavior resultant again is a fight or flight response. Usually outcome in anger emotions are negative.

The emotion of Fear means there is a possible threat either real or perceived; once again our behavior is flight or fight.

The meaning of Disgust is that an implied rule is broken, and our behavior is rejection to the person who broke the rule or to the rule itself.

These six universal emotions drive behaviors that are actually skills that people have developed throughout their lives. These abilities are called emotional self awareness skills. Emotional self awareness is how we handle situations in our lives or how we react to the universal emotions.

Further reading through the writings of Daniel Goldman, the guru on Emotional Intelligence, explains that we have the ability to change our emotional self awareness if we really want to badly enough.

If you wish to read more about Daniel Goldman's ideas, you will want to read his book called **EMOTIONAL INTELLIGENCE**.

Again thank you for living here at Twin Lakes. All of you make this community the best!

Jim

Campus Shop

The Campus Shop

Hours:

Monday - Friday: 9:30am - 12:00pm, 1:30pm - 4:00pm, & 6:00pm - 7:30pm
Saturday - Sunday: 1:00pm - 3:00pm

Phone:

513 - 247-1346

THE CAMPUS SHOP EXTENDS A VERY HAPPY FATHER'S DAY WISH TO ALL WHO QUALIFY

Remember Dad and Grandpa or any father figure in your life with a beautiful Father's Day card handcrafted by Ann Flournoy or with a commercial card.

At this time of the year when friends and relatives are graduating, you will find appropriate congratulatory cards and cards convenient for sending a monetary gift.

If you are in need of a gift for any occasion, look first to the Campus Shop as we have a very nice selection of scarves, jewelry, wall decorations, oven mitts, flowers and more.

Patronize the Campus Shop for all your greeting cards all year long and thereby benefit Benevolent Care and Pastoral Care Funds as all our net proceeds go to those two Funds. Thank you in advance.

Red, White and Blue will be dominant in the Campus Shop, and you will be able to find the right decorations for your villa or apartment for the 4th of July if you did not secure them for Memorial Day. We encourage everyone to purchase Ann Flournoy's hand crafted patriotic cards to send to the men and women whose service allows us the freedom to celebrate this and other holidays throughout the year.

We are sending out a very large "thank you" to all who helped make the "Bingo with a Bling" and "Auction Baskets" a success. You may have organized, worked at, attended, contributed product or money or gift cards to the auction baskets, bid on or had the winning bid on one of the baskets, purchased extra bingo cards, but whatever you did, you made a difference. All net proceeds benefit Benevolent Care and Pastoral Care Funds.

The Campus Shop will be closed on Father's Day so all of our volunteers can celebrate the holiday.

Available in the Campus Shop for your refreshment and nourishment are bottled water, Coke products and 100% juices as well as cookies, crackers and chips.

AS WE MOVE INTO THE HOT, HUMID DAYS OF SUMMER, KEEP IN MIND THE CAMPUS SHOP HAS COOL TREATS FOR YOU AT \$1.25 EACH.

**SNICKERS ICE CREAM BARS
KLONDIKE ICE CREAM BARS
DRUMSTICKS
AND MORE**

The signup sheet for Campus Shop volunteers in July, 2017, will be available in the shop on June 1, 2017.

Bulletins

Enjoy a complimentary birthday luncheon with Jim Mayer!

If your birthday is in **June**, and you would like to attend the luncheon on **Wednesday, June 21st** in the Main Dining Room at 12:00pm, you *must RSVP* to the Connection at X1333 by **Friday, June 16th.**

Birthday Cake Party

Wednesday, June 28th at 1:00pm in the Art Studio

SAVE THE DATE

LEC Foundation's A Musical Feast

Friday, October 13, 2017
The Gilden Community Center at
Twin Towers

Entertainment by impressive CCM Artists in
Residence! Delicious food & drinks!
Exciting silent auction!

More info to come. Call Gretchen at X1362 for questions!

Chaplain's Corner

The lyrics of a popular song in the 1960s were "Walk right in, sit right down, baby let your hair hang down." The thought conveyed was come and be yourself. You don't have to put on a false front here. In Bible times, however, women who let their hair down in public were considered immodest, perhaps even immoral.

The words of the sixties song flooded back in my memory as I read a devotion in the April 12, 2017, issue of *Our Daily Bread* written by Julie Ackerman Link about the event in Jesus' life when Martha's sister Mary was sharply criticized for anointing Jesus' feet with expensive perfume and drying them with her hair let down. (John 12:3)

Julie applied this event by saying, "Some of us may feel pressured to be perfect when we go to church so that people will think well of us. Metaphorically speaking, we work hard to make sure we have every hair in place."

I believe this principle not only applies to attending a church or chapel service but also to relationships with friends and staff at Twin Lakes. We would rather not admit we are struggling with problems like depression, loneliness, or grief, and, when asked how we are, we reply, "O, fine thanks."

The Twin Lakes chaplains, the nursing staff, and the newly formed Grief Share group are all available to help with personal problems if you will only "let down your hair."

Julie concludes her devotion with these words: "When our greatest fear is letting down our hair, perhaps our greatest sin is keeping it up."

Chaplain Jerry's "Food for Thought"

SPIRITUAL

Catholic Mass

Catholic Mass is celebrated every Wednesday morning in the Chapel at 10:30am. Because of the solemnity of the celebration, please arrive a few minutes before Mass begins.

Celebrants for the month of June are:

June 7th	Fr. Albert Bischoff, S. J.
June 14th	Fr. Bill Wysong
June 21st	Fr. Albert Bischoff, S. J.
June 28th	Fr. Pat Crone

Televised on Channel 1852 at 10:30am.

Sunday Ecumenical Worship Services

All Are Welcome! Come As You Are!
All services are held in the Chapel at 4:00pm.

June 4th	Pentecost Sunday Holy Communion
June 11th	Guest speaker Rev. Jodi Keith Special Music: Karen & Mattie Davis
June 18th	Fathers' Day Guest Soloist Bill Klayko
June 25th	Special Music: Lyn Miller pianist and vocalist

Televised on Channel 1852 at 4:00pm.

Bi-weekly Book Discussion

The Dalai Lama and Archbishop Tutu's
The Book of Joy

Discussions arranged by Chaplain Tim Crowley and Bernard Dauenhauer.

Wednesday, June 7th from 1:00pm-2:00pm in the Art Studio.
Wednesday, June 21st from 1:00pm-2:00pm in the Art Studio.

For information, please contact Bernard: Phone X1728 or bpdorjef@gmail.com

TRANSPORTATION

Need a ride? Have an appointment?

Twin Lakes provides both private and medical transportation services.

Appointments must be made five (5) days in advance, are available on a first come, first served basis, and are subject to availability.



SHOPPING SHUTTLE

Montgomery Shopping Center

McKinley and Villas at 9:00am

Central Campus at 9:30am

Continuous return trips until 11:00am

Thursdays in June: 1st, 8th, 15th, 22nd, 29th

Trader Joe's

Wednesday, June 7th at 1:00pm

Kenwood Towne Centre and Kenwood Theater

Wednesday, June 28th at 10:30am

Return Trips: 12:00pm, 1:00pm, 2:00pm, and 3:00pm

Big Screen Movies

American Graffiti

1973, Rated PG, 112 minutes

Saturday, June 3rd

Showcasing then-Hollywood-newcomers Harrison Ford, Richard Dreyfuss and Ron Howard, director George Lucas weaves together the stories of a disparate group of teenagers as they struggle with adolescent rites of passage in 1962.

This movie will be shown at 1:00pm in the M&E Room.

Mr. Holmes

2015, Rated PG, 104 minutes

Saturday, June 10th

Long retired to a country farmhouse, 93-year-old Sherlock Holmes tends his apiary and reflects on his remarkable career. But the legendary sleuth, whose mental powers are fading, remains haunted by the unsolved case that caused him to call it quits.

This movie will be shown at 1:00pm in the M&E Room.

Hidden Figures

2016, Rated PG, 127 minutes

Saturday, June 17th

In the race to space between the United States and the Soviet Union during the Cold War, three black female mathematicians play a key role in launching astronaut John Glenn into outer space, making him the first American to orbit Earth.

This movie will be shown at 1:00pm in the M&E Room.

La La Land

2016, Rated PG-13, 128 minutes

Saturday, June 24th

While pursuing showbiz fame, jazz pianist Sebastian falls for aspiring actress Mia, and the two embark on an intense love affair. But as their separate paths of ambition force them to make tough choices, their relationship starts to fray.

This movie will be shown at 1:00pm in the M&E Room.

Movie Matinee Featuring “Fences”

Wednesday, June 28th at 3:00pm in the M&E Room

Working as a trash collector in 1950s Pittsburgh, Troy Maxson struggles to raise his family while trying to transcend the bitter experience of being a talented baseball player denied the opportunity to play in the majors because of his race.

Snacks and drinks will be provided.

Calendar of Events

Sunday	Monday	Tuesday	Wednesday
	<p>KEY TO THE AREAS</p> <p>AA Aquatic Area AS Art Studio BR Billiards Room CC Central Campus CF Cafe CH Chapel CON The Connection</p>	<p>CL Clubhouse at NC CR Card Room CS Campus Shop DS Daystar Room LIB Twin Lakes Library LIL Living Is Learning FS Fireside Lounge</p>	<p>M&E Movement & Education MCK McKinley Place MDR Main Dining Room Mont Montgomery Room NC North Campus PS Pottery Studio SC South Campus RT Rotunda WCC Welcome Center Conf.</p>
4	5	6	7
<p>Sign ups Close 4:00 Ecumenical Worship Service - CH</p>	<p>9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 7:00 On the Edge of Illusion - CH</p>	<p>9:20 Fort Ancient Tour 10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS</p>	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 11:15 Hand & Foot - CR 1:00 Trader Joe's 1:00 Book Discussion - AS 2:30 Aqua Level 3 - AA 7:00 Tom White - FS</p>
11	12	13	14
<p>4:00 Ecumenical Worship Service - CH</p>	<p>10:30 Ping Pong - BR 10:30 Specs Fix - AS 1:30 Bible Study - CR 3:15 Coloring Book Club - CR Rudino's Night 5:00pm to 7:30pm</p> <p>Annual Connection Shutdown (Land / Aquatic Classes Cancelled)</p>	<p>10:00 CC Coffee Chat - CR 1:00 American Mahjong - FS 1:30 Social Bridge - CR 3:00 Play BINGO! - AS 7:00 All Campus Sing along With Mike Pendell - FS Annual Connection Shutdown (Land / Aquatic Classes Cancelled)</p>	<p>10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:15 Hand & Foot - CR 3:00 Alzheimer's Support - DS 4:00 Friends of Twin Lakes- CH 6:20 Damn Yankees Musical</p> <p>Annual Connection Shutdown (Land / Aquatic Classes Cancelled)</p>
18	19	20	21
<p>4:00 Ecumenical Worship Service - CH</p>	<p>9:30 Muscles in Motion - M&E 10:30 Ping Pong - BR 10:30 Specs Fix - AS 11:00 Aqua Level 2 - AA 1:30 Bible Study - CR 2:30 Aqua Level 3 - AA 3:15 Coloring Book Club - CR 3:30 "Bookies" - CL 4:00 Dick Watson - FS</p>	<p>10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:00 History Discussion - CH 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS</p>	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 11:15 Hand & Foot - CR 1:00 Book Discussion - AS 2:30 Aqua Level 3 - AA 7:00 HBO Band - outside MDR</p>
25	26	27	28
<p>4:00 Ecumenical Worship Service - CH 6:10 Habitat For Humanity Concert</p>	<p>9:30 Muscles in Motion - M&E 10:20 Explore Your Appetite 10:30 Ping Pong - BR 10:30 Specs Fix - AS 1:30 Bible Study - CR 3:15 Coloring Book Club - CR</p> <p>City Barbeque Night 10:30am to 10:00pm</p>	<p>10:00 Circuit Training - M&E 11:00 Balance Class - M&E 11:00 Aqua Level 1 - AA 12:00 Ice Cream Bar - MDR 1:00 American Mahjong - FS 1:30 Social Bridge - CR 2:30 Aqua Level 3 - AA 3:00 Play BINGO! - AS 7:00 Redeemed Trio - CH 7:15 Ladies Chat - AS</p>	<p>9:30 Muscles in Motion - M&E 10:00 Coffee and Art - PS 10:30 Kenwood Towne Center Shuttle 10:30 Catholic Mass - CH 10:30 Pool/Billiards Club - BR 11:00 Aqua Level 2 - AA 11:15 Hand & Foot - CR 1:00 Birthday Cake Party - AS 2:30 Aqua Level 3 - AA 3:00 Movie Matinee Featuring "Fences" - M&E</p>
8			

June 2017

Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>Sign Ups Open</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>11:10 Mystery Lunch</p> <p>2:30 Aqua 20-20-5 - AA</p> <p>4:00 CC Resident Meeting - CH</p>	<p style="text-align: right;">2</p> <p>9:00 NC Resident Meeting - CL</p> <p>9:30 Muscles in Motion - M&E</p> <p>10:30 SC Resident Meeting -Mont</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">3</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Movies with Adam - M&E</p> <p style="text-align: center;"><u>Cocoon</u></p> <p>7:00 Bingo - AS</p> <p>7:15 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">8</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>11:20 Reds vs Cardinals</p> <p>1:00 Duplicate Bridge - CR</p> <p>2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">9</p> <p>9:30 Muscles in Motion - M&E</p> <p>11:00 Aqua Level 2 - AA</p> <p>11:00 Therapy Program - MONT</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">10</p> <p>10:00 SC Ladies Coffee Chat-PDR</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Movies with Adam - M&E</p> <p style="text-align: center;"><u>Mr. Holmes</u></p> <p>7:00 Bingo - AS</p> <p>7:15 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">15</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>11:30 Twin Lakes Annual Barbeque -outside the Main Dining Room</p> <p>Annual Connection Shutdown (Land / Aquatic Classes Cancelled)</p>	<p style="text-align: right;">16</p> <p>9:00 NC Coffee Chat - CL</p> <p>1:30 Scrabble - CR</p> <p>2:00 Art for Everyone - AS</p> <p>Annual Connection Shutdown (Land / Aquatic Classes Cancelled)</p>	<p style="text-align: right;">17</p> <p>8:00 CONNECTION RE-OPEN</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Big Screen Movie - M&E</p> <p style="text-align: center;"><u>Hidden Figures</u></p> <p>7:00 Bingo - AS</p> <p>7:15 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">22</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>1:00 Duplicate Bridge - CR</p> <p>1:00 Zoo On The Move - CH</p> <p>2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">23</p> <p>9:00 Walk it Out - CON</p> <p>9:30 Muscles in Motion - M&E</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">24</p> <p>10:00 SC Ladies Coffee Chat-PDR</p> <p>10:30 Joyful Joints - AA</p> <p>1:00 Big Screen Movie - M&E</p> <p style="text-align: center;"><u>La La Land</u></p> <p>7:00 Bingo - AS</p> <p>7:15 Open Bridge - CR</p> <p style="text-align: center;"><i>Connection Hours</i> 8:00 am- 12:30 pm</p>
<p style="text-align: right;">29</p> <p>9:00 MCK, NC and SC Villas Kroger Shuttle</p> <p>9:30 CC Montgomery Kroger Shuttle</p> <p>10:00 Circuit Training - M&E</p> <p>11:00 Balance Class - M&E</p> <p>11:00 Aqua Level 1 - AA</p> <p>1:30 Reds Fan Fest - MDR</p> <p>2:30 Aqua 20-20-5 - AA</p>	<p style="text-align: right;">30</p> <p>9:30 Muscles in Motion - M&E</p> <p>11:00 Aqua Level 2 - AA</p> <p>1:30 Scrabble - CR</p> <p>2:30 Aqua Level 3 - AA</p>	<p style="text-align: right;">9</p>

Going Out

SIGN-UPS REMINDER

Please note that Sign-ups will open on the 1st day of the month and will close the 4th day of the month. To sign up, please call the Activity Line at X1321. Leave your name, phone number and APT/ VILLA number.

Walk It Out to Sharon Woods

Tuesday, June 20th

Meet in the Connection at 9:00am.

Cost: \$14, includes transportation and boxed lunch. One type of lunch for everyone.

To sign up, please call the Activity Line at X1321. Leave your name, phone number, APT/VILLA number and if you want a boxed lunch. *Estimated time back to Twin Lakes 1:00pm.*

BAMSO Independence Day Free Concert

Monday, July 3rd at 7:30pm

Help celebrate our nation's birthday by joining us in beautiful Montgomery Park. BAMSO will perform a mix of patriotic selections and music from some of the all-time great Broadway shows.

Transportation Schedule:

- South Campus Mail Kiosk: 6:50pm
- Central Campus Apt. Building: 6:55pm
- Clubhouse at North Campus: 7:00pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/Villa number. *Estimated time back to Twin Lakes 9:30pm.*

Mystery Lunch

Thursday, July 6th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 3:00pm.*

A Summer Night Out at Primavista

Tuesday, July 11th at 6:00pm

Cost: \$60 includes dinner, dessert, transportation, tax, and gratuity

The Food. The View. Primavista was named "Best Italian Restaurant" by Cincinnati Magazine's Reader's Choice, and continues each year to win numerous public popularity categories such as "Best Dining with a View," "Best Date Spot," "Most Romantic," and many more by CityBeat and CiN Weekly for it's breath taking view of the city.

Transportation Schedule:

- South Campus Mail Kiosk: 5:05pm
- Central Campus Apt. Building: 5:10pm
- Clubhouse at North Campus: 5:15pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. *Estimated time back to Twin Lakes 9:00pm.*

GOING OUT

A Tour of Rumpke's Colerain Township Landfill

Wednesday, July 12th at 1:30pm

Cost: \$7 transportation

A landfill tour includes a brief history of the company and an explanation of truck types. The bus then travels around the landfill while a trained guide shows guests what happens after garbage leaves their homes. Methane gas removal and recovery, leachate (waste water) collection, surface water controls and other points of interest, including recycling facts are explained. The tour concludes with a description of standard landfill closure processes and future landfill property use.

Transportation Schedule:

- South Campus Mail Kiosk: 12:40am
- Central Campus Apt. Building: 12:45am
- Clubhouse at North Campus: 12:50am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.



Reds vs. Nationals

Monday, July 17th at 12:35pm

Cost: \$45 including ticket and transportation.

Transportation Schedule:

- South Campus Mail Kiosk: 11:20am
- Central Campus Apt. Building: 11:25am
- Clubhouse at North Campus: 11:30am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 5:00pm.

Reds vs. Diamondbacks

Thursday, July 20th at 12:35pm

Cost: \$45 including ticket and transportation.



Transportation Schedule:

- South Campus Mail Kiosk: 11:20am
- Central Campus Apt. Building: 11:25am
- Clubhouse at North Campus: 11:30am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 5:00pm.

Cincinnati Art Museum Presents: Tiffany Glass: Painting with Color and Light with lunch to follow

Wednesday, July 26th at 11:00am

Cost: \$7 transportation, plus lunch on your own

The Cincinnati Art Museum will host Tiffany Glass: Painting with Color and Light, a stunning exhibition of iconic works by Louis C. Tiffany (1848-1933). The exhibition is organized by The Neustadt Collection of Tiffany Glass in Queens, New York. Tiffany Glass: Painting with Color and Light includes five windows, 20 lamps and 100 pieces of opalescent flat glass and glass "jewels" that illustrate the rich expanse of color, texture and opacity available to the artists creating remarkable works of art at the Tiffany Studios. The windows and lamps on display are celebrated examples of Tiffany's work and include Well by the Fence, a window conceived by Tiffany Studios designer Agnes Northrop, and lamps such as the Dragonfly model originated by Tiffany designer, Clara Driscoll.

Transportation Schedule:

- South Campus Mail Kiosk: 10:15am
- Central Campus Apt. Building: 10:20am
- Clubhouse at North Campus: 10:25am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:30pm.

Going Out

Habitat For Humanity Concert at St. Barnabas Church

Sunday, June 25th at 7:00pm *Transportation Only*

Here is an opportunity to hear great music and support Habitat for Humanity. St. Barnabas Episcopal Church will host a concert for the community to benefit Habitat for Humanity of Greater Cincinnati's construction of homes for families. Pianist/conductor Michael Chertock will lead a talented array of musicians for the concert. Admission is free. Donations to Habitat are encouraged. Checks may be made out directly to Habitat.

Transportation Schedule:

- South Campus Mail Kiosk: 6:00pm
- Central Campus Apt. Building: 6:05pm
- Clubhouse at North Campus: 6:10pm

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 9:00pm.

Explore Your Appetite for a Taste of New Orleans to The Swamp Water Grill

Friday, July 28th

Cost: \$7 transportation, plus lunch on your own.

Transportation Schedule:

- South Campus Mail Kiosk: 11:10am
- Central Campus Apt. Building: 11:15am
- Clubhouse at North Campus: 11:20am

To sign up, please call the Activity Line at X1321. Leave your name, phone number, and APT/VILLA number. Estimated time back to Twin Lakes 3:00pm.

Staying In

On The Edge of Illusion Variety Show

Monday, June 5th at 7:00pm in the Chapel

Join us for a variety of comedy, live animals, juggling, and magic with John Louis! This will be a lot of fun!

Performance by pianist Tom White

Wednesday, June 7th at 7:00pm in the
Fireside Room

All Campus Sing-along with Mike Pendell

Tuesday, June 13th at 7:00pm in the
Fireside Room

Annual Twin Lakes Barbeque

Thursday, June 15th from 11:30am-1:30pm outside the Café and Main
Dining Room.

There will be plenty of games, prizes and a super fun Island Trio band!

Dick Watson

Join us for a variety of music of the 50's & 60's,
Gospel or Country.
Monday, June 19th at 4:00pm in the
Fireside Room

A History Discussion with Tom Strohfeldt

Tuesday, June 20th at 2:00pm in the
Chapel

Staying In

Summer Concert Series Presents: Howard Bloemker Orchestra (HBO Band)

Wednesday, June 21st at 7:00pm outside the Main Dining Room.
Will be held in the Chapel if there is inclement weather.

Music will include big band, swing, Latin, Dixieland, Broadway/show tunes, the Great American Songbook, some jazz, pop and country.

The Cincinnati Zoo on the Move

Do you want to encounter something wild? Join us to meet some of the Cincinnati Zoo animals. We'll have a 45 minute close encounter with the Zoo's animal ambassadors.

Thursday, June 22nd at 1:00pm

For the animals' and our own safety we can only accommodate 40 people for this presentation. Please call Ashley at X1352 to save your seat!

Kick off the Summer with Ice Cream!

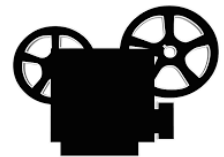
Tuesday, June 27th from 12:00pm
to 2:00pm outside the Main Dining
Room.

Enjoy soft serve ice cream with
delicious toppings like cherries,
sprinkles, and peanuts!



Movie Night With Adam!

Join Adam every
Saturday at
1:00pm in the
M&E Room with
great friends and
a movie!



Ladies Chat

Join Norma and Tracy for chatting with old
and new friends! All ladies are
welcome!

Tuesday, June 27th at 7:15pm in the
Art Studio

Redeemed Trio: Southern Gospel Led by Pastor Gary Bayes

Tuesday, June 27th at 7:00pm in the
Chapel

Birthday Cake Party

Come and enjoy cake and punch with
friends!

Wednesday, June 28th at 1:00pm in the
Art Studio

Movie Matinee "Fences"

Wednesday, June 28th at 3:00pm in
the M&E Room.

Snacks and drinks will be provided!

Staying In

Reds Fan Fest

Thursday, June 29th at 1:30pm in the Main Dining Room

Cincinnati Reds Lovers! Through the Reds Hall of Fame Legends Remembered Program, we will be hosting a Reds Alumnus Speaker. You will have the opportunity to mix, mingle and take photographs.

A light ball park style lunch will be served.

Due to space limitations, please call Ashley or Jackie at X1352 to save your seat.

Have Any Tech Questions?

Friday, June 30th from 9:00am - 2:00pm in the Montgomery Room

Do you have tech questions about your cell phone, iPad, or computer? A tech teacher, Erin Bailey will be here on Friday to work one on one with you to answer any questions you may have. Sign up for a 30 minute session: \$25 or a 60 minute session: \$40.

Please call Ashley at X1352 if you are interested in signing up.

Volunteer Services

“Stars and Stripes” is Twin Lakes theme this year in the Montgomery Independence Day Parade on Tuesday, July 4th.

You can participate in several different ways:

- Help decorate on Friday, June 30th at 1:30 pm.
- Ride in the decorated bus on July 4th.
- Ride in Ron and Betsy Schaa’s 48 Dodge.
- Walk in the parade or enjoy watching from the Twin Lakes property along Montgomery Road.



Call Jackie or Ashley at X1352 to learn more about decorating and riding in the parade.

The Connection

At Twin Lakes, we enhance the lifestyles of senior adults in a Christian community through The Choice of a Wellness Lifestyle. Our goal is to create an environment that fosters and stimulates the highest quality of life through the promotion of the six dimensions of wellness: emotional, intellectual, physical, social, spiritual and vocational.

To continue the highest quality of service, it is necessary for The Connection to perform scheduled maintenance needs on the facility, drain the pool and whirlpool, and thoroughly inspect all areas. The following closure dates are needed for annual maintenance:

The Connection will be CLOSED and ALL classes will be CANCELLED from Monday, June 12th—Friday, June 16th. Events and programs will take place as scheduled in the Twin Lakes Press.

The Connection at Twin Lakes will resume regular hours of operation and class schedule on **Saturday, June 17th.**

The Connection at Twin Towers will be available for use during this time should you choose to utilize the facility. Please check with a wellness specialist within The Twin Tower Connection for further information at 513-853-4100.

Twin Tower Connection hours are: Monday/Wednesday: 7:00am-7:00pm,
Tuesday/Thursday/Friday: 7:00am- 5:30pm.

We thank you for your patience and understanding. We are excited to continue to serve you by offering new and innovative wellness opportunities. For further information or questions, please call (513) 247-1330.

Tracy Stegall, Wellness Coordinator

LEC Foundation

Join us for delicious food & support our Twin Lakes Benevolent Care Fund!



Every 2nd Monday of the month

5:00pm-7:30pm
10% of sales donated back to TL!

Next Fundraiser: Monday, June 11th



Every 4th Monday of the month

All day 10:30am-10:00pm
25% of sales donated back to TL!

Next Fundraiser: Monday June 26th

***Make sure to bring the coupon!**

LEC Foundation

Wondering What to Leave Your Loved Ones? Think Carefully When Considering Retirement Plan Assets

While IRAs are excellent vehicles for accumulating assets for your use during retirement, to many people's surprise, they are a far less attractive way to pass an inheritance to loved ones. A better and easier option is to leave an IRA to a charitable organization like Twin Lakes. Here's why.

The Tax Costs of IRAs

When you name anyone other than your spouse as beneficiary of your IRA, it will be exposed to heavy taxation, leaving less for your heirs than you had hoped. The income tax bill can take as much as 39.6 percent, and that percentage can be even higher if your estate is subject to estate taxes.

A Charitable Solution

If you've thought about contributing to Life Enriching Communities Foundation-Twin Lakes, consider giving IRA assets to us and giving other assets that are not as heavily taxed to family members. As a nonprofit organization, we are tax-exempt (Tax ID No. 06-1708088), so we can use 100 percent of your IRA. To get this process started:

1. Decide what percentage (1–100) you would like us to receive.
2. Contact your IRA administrator for a change-of-beneficiary form.
3. Name Life Enriching Communities Foundation-Twin Lakes and the gift percentage on the form.
4. Return the form to your IRA administrator.
5. Let us know about your plans so we can thank you. (We will also honor your preference for anonymity).

If you have any questions about providing support to Twin Lakes through your IRA, please feel free to contact: Gretchen Ramstetter at X1362 or Gretchen.ramstetter@lec.org.