

Your Assisted Living Checklist

If you are planning a visit or call to an assisted living community, you probably already know there will be a lot of information to process. Fortunately for you, we're here to help you make the most of your research!

If you are looking into your options, you likely have lots of questions. This handy checklist will help you cover all of your bases. If you are comparing communities, print this checklist for each and start the search for your perfect lifestyle!

Community Name: _____

Monthly Fee: _____

First Impressions

- Does the community look nice from the outside?
 - Trees
 - Parking
 - Landscaping
 - Outdoor Seating/Tables
- Are you greeted when you first come in?
 - Is the staff open and friendly?
 - Do the staff members call residents by name?
 - Do the residents look happy?
- Are there good sources of natural light?
 - Large windows
 - Skylight

Safety

- Do residents have an individual care plan?
- Do residents have regular access to doctors and health care professionals?
- Are there precautions taken for those needing memory care?
- How does the staff handle medical emergencies?
- How do staff evacuate residents in the case of a fire?
- Is there 24/7 security?

Location

- Does the community look nice from the outside?
- Is it pedestrian friendly?
- Is it on a bus line?
- Does the area have entertainment?
 - Restaurants
 - Coffee Shops
 - Movie Theatre
 - Boutiques or shopping districts

Dining/Food Options

- Are there on-site food options?
 - More than one?
 - Dietary planning?
 - Meals are nutritious and well made?

Amenities

- Are there onsite laundry units?
- Is there easy access to a social calendar?
- Are transportation services available?
- Is there an onsite salon?
- Is there an onsite fitness center?
- Are there short term accommodations for family and guests?
- Are you in control of your heating and cooling adjustments?
- Do you have access to wifi?
- Is the community pet friendly?
- Local and long-distance telephone services available?
- Cable TV
- Religious Services
- Are utilities included?
 - Water
 - Sanitation
 - Heating/Cooling
 - Electricity
- Housekeeping?
- Do they provide future care services?
 - Assisted Living
 - Continuing Care
 - Long-term Care
 - Memory Care

Miscellaneous

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Additional Notes:

Now, you can keep track of your visits and compare them to better choose the lifestyle that is right for you!