

BRAIN Games

SUDOKU

	7			2			4	6
	6					8	9	
2			8			7	1	5
	8	4		9	7			
7	1						5	9
			1	3		4	8	
6	9	7			2			8
	5	8					6	
4	3			8			7	

How many words can you make from the word **WELLNESS**?

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.

RIDDLES

1. What has many keys but can't open a single lock?

2. What gets wetter the more it dries?

3. I have cities but no houses, forests but no trees and water but no fish. What am I?

4. What can you catch but never throw?

5. What belongs to you, but other people use it more than you do?

CROSSWORD

W	E	R	O	L	P	X	E	V	Y	Z
D	E	K	N	I	H	T	G	R	O	W
S	I	L	N	I	M	A	G	I	N	E
U	T	S	L	R	B	R	C	M	K	X
O	V	N	C	N	A	R	M	K	Q	D
I	V	P	T	O	E	E	Y	L	J	J
R	Z	Y	R	A	V	S	L	D	X	V
U	Z	Y	T	T	Y	E	S	M	W	P
C	Q	E	J	N	M	W	R	B	Y	R

CURIOUS GROW LEARN
CREATE IMAGINE THINK
DISCOVER EXPLORE WELLNESS

NUMBER PATTERNS

1. 5, 12, 19, 26, 33, ____
2. 90, 81, 72, 63, 54, ____
3. 3, 6, 12, 24, 48, ____
4. 2, 3, 5, 8, 13, 21, ____
5. 10, 15, 12, 17, 14, 19, ____

Answers

8	7	5	9	2	1	3	4	6
3	6	1	7	5	4	8	9	2
2	4	9	8	6	3	7	1	5
5	8	4	6	9	7	1	2	3
7	1	3	2	4	8	6	5	9
9	2	6	1	3	5	4	8	7
6	9	7	4	1	2	5	3	8
1	5	8	3	7	9	2	6	4
4	3	2	5	8	6	9	7	1

Riddles 1. A Piano, 2. A Towel, 3. A map, 4. A cold, 5. Your name

Numbers 1. 40, 2. 45, 3. 96, 4. 34, 5. 16