



# PLACES OF PEACE

*Discover Spiritual Connection*

at Life Enriching Communities





Chapel

## CONCORD RESERVE

### *Spiritual Wellness and Pastoral Care*

Concord Reserve offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Sr. Jacy Kimaro and Pastor Tom Joyce provide holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the chapel at Concord Reserve.

“Spiritual places emphasize direct, personal, and superior experiences rather than communal, institutional worship,” Chaplain Kimaro explained. “We serve the residents and their families while respecting diverse beliefs, religions, and cultural backgrounds. Essentially, we help residents cope with their circumstances on a deeper level supported by their faith and belief beyond just medical treatment.”

A variety of spiritual wellness services and groups are available in the chapel, including Bible studies, interfaith and end-of-life education, spiritual and aging discussion groups, and family caregiver, Alzheimer's spousal, and bereavement support groups. There are also weekly

Interdenominational Worship, Catholic Mass, and television broadcasts of chapel services directly to residents' rooms.

Chaplain Kimaro appreciates the ability to connect with residents in the comfort of their home via broadcast or personal visit. "Room-to-room visits provide interactions essential for social connection, emotional comfort, and cognitive stimulation. It also helps the resident to fight loneliness and maintain a sense of identity. Residents feel listened to individually."

"Chaplaincy is seen as a necessary part of healing rather than a profit-center or a reimbursable expense," Pastor Tom shared, working on an as-needed basis and meeting with residents wherever they are, physically and spiritually. "Support groups allow a person to understand they are on a shared journey and not alone."

*"Spiritual places emphasize direct, personal, and superior experiences"*

"I was moved by the mission and values of the organization," Chaplain Kimaro recalled of the first time coming to Concord Reserve. "I believe that providing pastoral care in a not-for-profit senior living community is very important because residents, no matter who they are, need spiritual and emotional support. They need help to cope with the challenges of aging, cope with loss, maintain the purpose of living, intensify their quality of life, and have that sense of connecting with others in difficult situations."

When asked what spiritual wellness means to her, especially as we age, Chaplain Kimaro said, "Spiritual wellness to me is a sense of connecting to something which is greater than me. As I get older, the meaning of my life becomes more important. For example, I cope better with life by maintaining a positive outlook, even when I encounter challenges."



As a not-for-profit organization committed to providing all-inclusive services and programs for its residents, Concord Reserve is surely fortunate to have spiritual wellness services that guide and inspire others in community.

**CINCINNATI AREA**



Twin Towers  
College Hill:  
513-853-2000



Twin Lakes  
Montgomery:  
513-247-1300

**CLEVELAND AREA**



Concord Reserve  
Westlake:  
440-871-0090

**COLUMBUS AREA**



Wesley Glen  
Clintonville:  
614-888-7492



Wesley Ridge  
Reynoldsburg:  
614-759-0023



Wesley Woods  
New Albany:  
614-924-0030



Wesley Hospice  
Central Ohio:  
614-451-6700



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