## LIFE ENRICHING COMMUNITIES

# Compliance and Ethics Program

# **Code of Conduct**



6279 Tri-Ridge Blvd., Suite 320 Loveland, Ohio 45140

Also available on the LEC website home page:

https://LEC.org/

## FROM THE CEO'S DESK

Dear Associate,

Exceptional everyday experiences and quality care for those we serve is our commitment at Life Enriching Communities. In an effort to maintain and improve the quality of the services we provide, we have implemented a Compliance and Ethics Program. You are a vital part of this program.

This Code of Conduct will explain the Compliance and Ethics Program to you, so you can apply its guidelines in your daily responsibilities at Life Enriching Communities. If you have any questions, comments or concerns regarding these guidelines, you should discuss them with your immediate supervisor. You may also contact our Compliance Officer or use the confidential Hotline at 1-800-211-2713.

Thank you for working in a manner that achieves the goals of Life Enriching Communities so that everyone involved in senior living finds fulfillment and the opportunity to live their best life.

Sincerely,

Scott M. McQuinn, CEO

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#### LIFE ENRICHING COMMUNITIES

#### **Scope of Program**

Our Compliance and Ethics Program and Code of Conduct address the guidelines, compliance issues, laws and regulations that are relevant to a provider of senior services, including Senior Living Communities like ours that provide a wide range of healthcare services. This includes, but is not limited to, Medicare and Medicaid regulatory issues; guidelines from the Office of Inspector General, Internal Revenue Service, Office of Civil Rights of the Department of Health and Human Services, Occupational Safety and Health Administration; as well as other federal and state regulatory and business issues.

The program fosters a culture of compliance that promotes legal and ethical behavior in the workplace by creating processes that detect and prevent fraud, waste, abuse, and policy violations. The Code of Conduct is supported by our compliance policies and procedures and should be understood jointly with those policies and procedures.

We use the term "associate" to define the various individuals who are associated with Life Enriching Communities. All individuals, including employees, contractors, volunteers, directors, and officers are members of our team in providing care and services to our residents. We use the term "resident" to refer to individuals who receive the various types of healthcare and other services that we provide.

Any questions regarding the policies in this Code of Conduct, compliance policies, or related references, should be directed to your immediate supervisor, a member of the Compliance & Ethics Committee, or the Compliance Officer.

#### **Compliance Officer**

Diana Grover has been appointed by the CEO and Board of Directors as the Compliance Officer and is responsible for coordinating day-to-day compliance activities. These activities include audits, responses to hotline calls, and leading the organization's Compliance & Ethics Committee. As a function of this role, the Compliance Officer also serves as the overall Privacy Officer. Mark Mountel serves as our organization's data Security Officer.

#### **Compliance and Ethics Program Management**

Our Board of Trustees, through the CEO, carries the overall responsibility for creating a culture that values and emphasizes compliance and integrity.

The Compliance & Ethics Committee is comprised of members of the management team and other key staff positions. The Compliance Officer is the chairperson for this committee. The committee meets at least quarterly, and more frequently as needed.

The Compliance Officer has direct reporting responsibility to the Board of Trustees. She has responsibility for assisting the CEO and the Board of Trustees in designing and overseeing efforts for establishing, maintaining, and monitoring compliance within our organization. She also coordinates the development, implementation, training, monitoring, and enforcement activities related to the overall compliance program.

The Friends Services Alliance (FSA) Vice President of Compliance serves as support and is a resource to the Life Enriching Communities Compliance Officer. The FSA Vice President of Compliance is assisted by FSA Compliance Managers and Specialists in providing services to our organization.

### **Code of Conduct**

#### Introduction

The Code of Conduct is the foundation of the Compliance and Ethics Program. It is a guide to appropriate workplace behavior, and it will help you make the right decisions if you are not sure how to respond to a situation. All associates must comply with both the spirit and the letter of all federal, state, and local laws and regulations that apply to the healthcare services and other services that our organization provides, as well as all laws that apply to our business dealings. Violations of these laws and regulations can result in severe penalties for us and the individuals we do work with including financial penalties, exclusion from participation in government programs, and, in some cases, imprisonment.

As associates at Life Enriching Communities, we share a commitment to legal, ethical, and professional conduct in everything that we do. We support these commitments in our work each day, whether we care for residents, order supplies, prepare meals, keep records, pay invoices, or make decisions about the future of our organization.

The success of Life Enriching Communities as a provider of healthcare and other services depends on you, your personal and professional integrity, your responsibility to act in good faith, and your obligation to do the right things for the right reasons.

The Compliance and Ethics Program provides principles and standards to guide you in meeting your legal, ethical, and professional responsibilities. As an associate, you are responsible for supporting the Compliance and Ethics Program in every aspect of your workplace behavior. Your continued working relationship with our organization includes understanding and adhering to the Compliance and Ethics Program.

This Code of Conduct discusses the importance of:

**Care Excellence** – providing quality, compassionate, respectful, and clinically-appropriate care.

**Professional Excellence** – maintaining ethical standards of healthcare and business practices.

**Regulatory Excellence** – complying with federal and state laws, regulations, and guidelines that govern healthcare, housing services, and other services we provide.

#### **A Shared Responsibility**

Because we are in the business of caring for and providing services for others, it is critical that each of us adheres to appropriate standards of behavior. As individuals, and as an organization, we are responsible to many different groups. We must act ethically and responsibly in our relations with:

- ✓ Residents and their families:
- ✓ Colleagues and co-workers;
- ✓ Physicians, Nurse Practitioners, Physician Assistants;
- ✓ Vendors and contractors;
- ✓ Volunteers and affiliated colleagues;
- ✓ Healthcare payers, including federal and state governments;
- ✓ Regulators, surveyors, and monitoring agencies;
- ✓ Business Associates; and
- ✓ The communities we serve.

Any compromise in our standards could harm our residents, our co-workers, and our organization in a number of ways. Like every organization that provides healthcare, we do business under very strict regulations and close governmental oversight. Fraud, waste, and abuse are serious issues. Sometimes even an innocent mistake can have significant consequences that could result in substantial penalties to Life Enriching Communities.

All associates are required to complete training on the Code of Conduct and the Compliance and Ethics Program as a condition of employment or business relationship. The Code of Conduct sets forth mandatory standards.

# There is no justification for departing from the Code of Conduct no matter what the situation may be.

Every associate is responsible for ensuring that he or she complies with the Code of Conduct and all policies and procedures. Any associate who violates any of these standards and/or policies and procedures is subject to discipline up to and including termination.

#### **A Personal Obligation**

As we are each responsible for following the Code of Conduct in our daily work, we are also responsible for enforcing it. This means that you have a duty to report any problems you observe or perceive, regardless of your role.

As an associate, you must help ensure that you are doing everything practical to comply with applicable laws. If you observe or suspect a situation that you believe may be unethical, illegal, unprofessional or wrong, or you have a clinical, ethical, or financial concern, you must report it...and we want you to! You are expected to satisfy this duty by complying with the **Three Step Reporting Process**. If you fail to report noncompliance with the Code of Conduct, policies and procedures, or applicable federal or state laws, you can be subject to discipline up to and including termination. We also have a zero tolerance for retaliation. No one may retaliate against someone who reports a concern in good faith.

#### **Reporting Compliance Concerns**

#### **The Three Step Reporting Process**

**First,** talk to your supervisor. They are most familiar with the laws, regulations, and policies that relate to your work.

**Second,** if you do not want to talk to your supervisor, seek out another member of the leadership team or someone from Human Resources.

**Third,** if you still have a concern, contact a member of our organization's Compliance & Ethics Committee, or the Compliance Officer.

You may also call the toll-free Compliance Line at any time.

#### **Compliance Line**

# Compliance Line: 1-800-211-2713 All calls are confidential, and you may call *ANONYMOUSLY* if you choose.

The Compliance Line is available 24 hours a day, 7 days a week, for callers to report compliance-related issues. Concerns that are reported to the Compliance Line are taken seriously.

You can make reports to the Compliance Officer or calls to the Compliance Line without fear of reprisal, retaliation, or punishment. Anyone, including a supervisor, who retaliates against an associate for contacting the Compliance Line or reporting a compliance issue in any other manner, will be disciplined.

# **Care Excellence**

ur most important job is providing quality care to our residents. This means offering compassionate support and working toward the best possible outcomes while following all applicable rules and regulations, including the Medicare Requirements of Participation.

#### **Resident Rights**

Residents receiving healthcare and other services have clearly defined rights. A document describing these rights is provided to each resident upon admission and is posted in conspicuous locations for the residents' and your reference. To honor these rights, we must:

- Make no distinction in the admission, transfer, or discharge of a resident, or in the care we provide on the basis of race, gender, age, religion, national origin, disability, color, marital status, veteran status, medical condition, sexual orientation, or other protected class status, insurance, or financial status;
- Treat all residents in a manner that preserves their dignity, autonomy, selfesteem, and civil rights;

- Protect every resident from abuse or neglect whether physical, emotional, verbal, financial or sexual;
- Protect all aspects of resident privacy and confidentiality;
- Respect residents' personal property and money and protect it from loss, theft, improper use, and damage;
- Respect the right of residents and/or their legal representatives to be informed of and participate in decisions about their care and treatment;
- Respect the right of residents and/or their legal representatives to access their medical records as required by the Health Information Portability and Accountability Act (HIPAA);
- Recognize that residents have the right to consent to or refuse care and the right to be informed of the medical consequences of such refusal;
- Protect residents' rights to be free from physical and chemical restraints;
   and
- Respect the resident's right to self-determination and autonomy.

#### **Abuse and Neglect**

We will not tolerate any type of resident abuse, exploitation or neglect – physical, emotional, verbal, financial, or sexual. Residents must be protected from abuse, exploitation and neglect by associates, family members, legal guardians, friends, or any other person. This standard applies to all residents in all levels of living at all times.

**Federal law** defines abuse as the willful infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, pain, or mental anguish. It presumes that instances of abuse of all residents, even those in a coma, cause physical harm, or pain or mental anguish. The failure to follow a resident's care plan may constitute abuse.

**The State of Ohio** defines abuse as knowingly causing physical harm, or recklessly causing serious physical harm, to a resident by physical contact or by use of physical or chemical restraint, medication, or isolation as punishment, as a substitute for treatment, or in amounts that preclude habilitation and treatment. This presumes that instances of abuse of all residents, even those in a coma, cause physical harm or pain or mental anguish. The term "abuse" includes the following:

- <u>Verbal Abuse</u> the use of oral, written or gestured language that willfully includes disparaging and derogatory terms to residents or their families, or within their hearing distance, regardless of their age, ability to comprehend or disability. Examples include threats of harm or saying things to frighten a resident.
- <u>Sexual Abuse</u> includes sexual harassment, sexual coercion or sexual assault.
   It also can mean forced or coerced nudity, exhibitionism and other non-touching sexual situations.
- <u>Physical Abuse</u> is the intentional use of physical force that results in injury, pain or impairment. It includes pushing, hitting, slapping, pinching, kicking and other ways of physically harming a person. It can also mean placing an individual in incorrect positions, force feeding, restraining or giving medication without the person's knowledge. The term also includes controlling behavior through corporal punishment.
- Mental/Emotional Abuse includes humiliation, harassment, intimidation, threats of punishment or deprivation, or other psychologically hurtful actions.
   It includes the violation of a resident's right to make decisions and the loss of their privacy. Examples can include the taking of demeaning or unflattering photos or videos of residents.
- <u>Exploitation</u> taking advantage of a resident or their resources for monetary or personal gain through manipulation, intimidation, threats or coercion.
- <u>Involuntary Seclusion</u> includes separation of a resident from other residents or from their room, or confinement to their room, against the resident's will or the will of the resident's legal representative.
- <u>Neglect</u> means recklessly failing to provide a resident with any treatment, care, goods or services necessary to maintain their health or safety or avoid their physical harm, pain, mental anguish or emotional distress.

Abuse, exploitation and neglect <u>MUST BE REPORTED IMMEDIATELY</u> to meet mandatory reporting requirements. Any associate who abuses, exploits or neglects a resident is subject to termination. In addition, legal or criminal action may need to be taken.

#### **Elder Justice Act**

The Elder Justice Act is the federal law that requires timely reports of any reasonable suspicion of a crime against a resident of a long-term care facility. You must report your reasonable suspicion to the Ohio Department of Health/Bureau of Long Term Care Quality and local law enforcement within two (2) hours if the suspected crime involves serious bodily injury, or within 24 hours if the suspected crime does not involve serious bodily injury.

DO NOT call the Compliance Line if you suspect abuse, exploitation or neglect. Report it immediately to your supervisor and the Administrator or Director of Nursing!

#### **Resident Confidentiality/HIPAA**

All associates must use and disclose medical, financial, or personal information about a resident <u>only</u> in a manner consistent with the HIPAA privacy policies and procedures and state and federal law. You are responsible for keeping resident protected health information (PHI) confidential. PHI is individually identifiable health information that is transmitted or maintained in any form, including electronic health information.

Any unauthorized exposure of PHI which compromises the security or privacy of that information is a potential breach.

If you become aware of a breach of any protected or sensitive information, it is important that you report it immediately to your supervisor and/or the Privacy Officer, as described on page 2.

If the disclosure results in a breach, Life Enriching Communities must investigate and comply with all state and federal HIPAA regulations for breach notification.

#### **Resident Property**

Associates must respect residents' personal property and protect it from loss, theft, damage, or misuse. Associates who have direct access to resident funds (e.g., resident trust funds) must take care to maintain accurate records and accounts.

#### **Providing Quality Care**

In operating Continuing Care Retirement Communities ("CCRCs"), our primary commitment is to provide the care, services, and resources necessary to help each resident reach or maintain their highest possible level of physical, mental, and psychosocial well-being. Life Enriching Communities has policies and procedures, and provides training and education, to help each associate strive to achieve this goal. You will learn about policies and procedures specific to your job responsibilities as part of your employment onboarding and training.

#### Our care standards include:

- Accurately assessing the individual needs of each resident and developing interdisciplinary care plans to meet those needs;
- Reviewing goals and plans of care to ensure that the residents' ongoing needs are being met;
- Providing only medically necessary, physician prescribed services and products that meet the residents' clinical needs;
- Confirming that services and products (including medications) are within accepted standards of practice for the resident's clinical condition;
- Ensuring that services and products are reasonable in terms of frequency, amount, and duration;
- Measuring clinical outcomes and resident satisfaction to confirm that quality of care goals are met;
- Providing accurate and timely clinical and financial documentation and record keeping;
- Ensuring that resident care is given only by properly licensed and credentialed providers with appropriate background, experience, and expertise;
- Reviewing resident care policies and procedures and clinical protocols to ensure that they meet current standards of practice; and
- Monitoring and improving clinical outcomes through Quality Assurance and Process Improvement Committees with established benchmarks.

#### **Medical Services**

We are committed to providing comprehensive, medically necessary services for our residents. The Medical Director provides oversight to physicians and other medical providers and services as defined by state and federal regulations. The Medical Director oversees the care and treatment policies and is actively involved in the Quality Assurance and Process Improvement Committee.

# **Professional Excellence**

he professional, responsible, and ethical behavior of every associate reflects on the reputation of our organization and the services we provide. Whether you work directly with residents or in other areas that support resident services, you are expected to maintain our standards of respect, honesty, integrity, and professional excellence, every day.

#### **Hiring and Employment Practices**

Life Enriching Communities is committed to fair employment practices. When hiring and evaluating applications for employment, we:

- Comply with federal, state, and local Equal Employment Opportunity laws, hiring the best qualified individuals regardless of race, color, age, religion, national origin, sex, creed, or disability. All promotions, transfer evaluations, compensation, and disciplinary actions also follow this policy.
- Conduct employment screenings to protect the integrity of our workforce and welfare of our residents and associates.
- Require all who need licenses or certifications to maintain their credentials in compliance with state and federal laws. Documentation of licenses or certifications must be provided.

#### **Employee Screening**

Screening procedures have been implemented and are conducted prior to hire in accordance with federal and state law to ensure the safety of our residents.

Life Enriching Communities is prohibited by federal law from employing, retaining, or contracting with anyone who is excluded from any federal or state funded programs. Screening of all associates through the Office of Inspector General's List of Excluded Individuals and Entities, GSA's System of Award Management, and the Ohio Medicaid Excluded Provider List database is conducted prior to hire and at a minimum of quarterly thereafter.

As long as you are employed or affiliated with Life Enriching Communities, you must immediately report to your supervisor and/or Human Resources:

- If you are arrested or indicted for a criminal offense;
- If you are convicted of an offense that would preclude employment in a healthcare facility;
- If action has been taken against your license or certification; or
- If you are excluded from participation in a federal or state healthcare program.

#### **Licensure and/or Certification Verification**

We are committed to ensuring that only qualified professionals provide care and services to residents. Practitioners and other professionals treating residents must abide by all applicable licensing, credentialing and certification requirements. In addition, every effort is made to validate licenses and certification through the appropriate state or federal agency.

#### **Employee Relations**

To maintain an ethical, comfortable work environment, staff must:

- Refrain from any form of sexual harassment or violence in the workplace;
- Treat all colleagues and co-workers with equal respect, regardless of their national origin, race, color, religion, age, sexual orientation, gender identity, creed or disability;
- Protect the privacy of other associates by keeping personal information confidential and allowing only authorized individuals access to the information;
- Not supervise or be supervised by an individual with whom they have a close personal relationship; and
- Behave professionally and use respectful communication at all times.

#### **Workplace Safety**

Maintaining a safe workplace is critical to the well-being of our residents, visitors, and co-workers. That is why policies and procedures have been developed describing our organization's Safety Promise and safety requirements. Every associate should become familiar with safety regulations and emergency plans regarding fire and disaster in their work area.

You are expected to follow organizational safety guidelines and to take personal responsibility for helping to maintain a secure work environment. If you notice a safety hazard, you must take action to correct it if you can or report it to your supervisor immediately. In addition to organizational policies, we must abide by all environmental laws and regulations.

#### **Drug and Alcohol Abuse**

We are committed to maintaining a workforce dedicated and capable of providing quality resident services. To that end, you are prohibited from consuming any substance that impairs your ability to provide quality services or otherwise perform your duties.

You may never use, sell, or bring on our property alcohol, illegal drugs and/or narcotics or report to work under the influence of alcohol, illegal drugs and/or narcotics. For an associate who appears to have work performance problems related to drug or alcohol use, a drug and alcohol screening will be conducted and appropriate action will be taken, if necessary.

Illegal, improper, or unauthorized use of any controlled substance that is intended for a resident is prohibited. If you become aware of any improper diversion of drugs or medical supplies, you must immediately report the incident to your department supervisor, the Director of Nursing, the Compliance Officer, or the Compliance Line. This is a serious matter and failure to report a known instance of noncompliance in this area may result in disciplinary action against you, up to and including termination.

#### **Organizational Relations**

Professional excellence in organizational relations includes:

- Complying with federal tax law to maintain tax exempt status under the Internal Revenue Code;
- Complying with the licensing and certification laws that apply to our business;
- Maintaining company privacy and keeping proprietary information confidential;
- Avoiding outside activities or interests that conflict with your responsibilities to Life Enriching Communities and reporting such activity or interests prior to and during employment; and
- Allowing only designated management staff to report to the public or media.

#### **Proprietary Information**

In the performance of your duties you may have access to, receive, or be entrusted with confidential and/or proprietary information that is owned by Life Enriching Communities and that is not presently available to the public. This type of information should never be shared with anyone outside the organization without authorization from a member of the executive team.

Examples of proprietary information that should not be shared without permission include:

- Resident and associate data and information;
- Details about clinical programs, procedures, and protocols;
- Policies, procedures, and forms;
- Training materials;
- Current or future charges or fees or other competitive terms and conditions;
- Current or possible negotiations or bids with payers or other clients;
- Compensation and benefits information for staff;
- Stocks or any kind of financial information; and/or
- Market information, marketing plans, or strategic plans.

#### **Gifts**

You may not accept any tip or gratuity from residents and you may not receive individual gifts from residents. You also may not give gifts to residents.

Associates may accept gifts from "gift funds" established from resident funds so long as the gifts provided to employees are of equal value and the contributions by residents to the "gift fund" are voluntary and anonymous so that there is no way for an employee who benefits from the fund to determine whether a resident contributed to the fund. You may not borrow money from nor lend money to residents; nor may you engage with residents in the purchase or sale of any item. No associate may accept any gift from a resident under a will or trust instrument except in those cases where they are related by blood or marriage.

Associates may not serve as a resident's executor, trustee, administrator, or guardian or provide financial services or act under a power of attorney for a resident except in those cases where they are related by blood or marriage (or unless otherwise allowed by state law).

#### **Business Courtesies**

Life Enriching Communities prohibits any associate from offering, giving, soliciting, or accepting business or professional courtesies, including entertainment and gifts, that could be interpreted as attempts to influence decision making. Under no circumstances should you solicit or accept business courtesies, entertainment or gifts that depart from the Business Courtesies policy.

#### **Conflict of Interest**

A conflict of interest exists any time your loyalty to the organization is, <u>or even appears to be</u>, compromised by a personal interest. There are many types of conflict of interest and these guidelines cannot anticipate them all, however the following provide some examples:

• Financial involvement with vendors or others that would cause you to put their financial interests ahead of our organization's;

- Participation in public affairs, corporate or community directorships, or public office;
- An immediate family member who works for a vendor or contractor doing business with Life Enriching Communities and who is in a position to influence your decisions affecting the work of the organization;
- Participating in transactions that put your personal interests ahead of those of Life Enriching Communities or that cause loss or embarrassment to Life Enriching Communities; or
- Taking a job outside of Life Enriching Communities that overlaps with your normal working hours or interferes with your job performance here.

All associates must seek guidance and approval from our CEO or Compliance Officer before pursuing any business or personal activity that may constitute a conflict of interest.

#### **Use of Property**

We must protect the assets of Life Enriching Communities and ensure their authorized and efficient use. Theft, carelessness, and waste have a direct impact on the organization's viability.

Everyone must make sure that they exercise good judgment and care when using supplies, equipment, vehicles, and other property; and that they respect copyright and intellectual property laws.

#### **Computers /Internet**

Associates are expected to use computers, email, smart phones, software and internet/intranet systems appropriately and according to the established policy and procedure. Associates are not permitted to use the internet for improper or unlawful activity or to download movies or play games on organization computers without prior approval.

Internet use can be tracked and how you use your time on the internet may be monitored. You should have no expectation of privacy when you use our computers, email, and internet/intranet system. Our organization has the right to sanction or discipline employees who violate the Code of Conduct in a digital, cyber, or other non-face-to-face environment.

#### **Vendor Relationships**

We take responsibility for being a good client and dealing with vendors honestly and ethically. We are committed to fair competition among prospective vendors and contractors for our business. Arrangements between Life Enriching Communities and its vendors must always be approved by appropriate management. Certain business arrangements must be detailed in writing, and approved by management and the Compliance Officer. Agreements with contractors and vendors who receive resident information, with the exception of care providers, will require a Business Associate Agreement (BAA) with the organization as defined by HIPAA. Contractors and vendors who provide resident care, reimbursement, or other services to residents who are beneficiaries of federal and/or state healthcare programs are also subject to this Code of Conduct and must:

- Maintain defined standards for the products and services they provide to Life Enriching Communities and our residents;
- Comply with all policies and procedures, as well as the laws and regulations that apply to their business or profession;
- Maintain all applicable licenses and certifications and provide evidence of sanctions screening, current workers compensation, and liability insurance as applicable; and
- Require that their employees comply with the Code of Conduct and the Compliance and Ethics Program and related training and education as appropriate.

#### **Marketing and Advertising**

We use marketing and advertising activities to educate the public, increase awareness of our services, and recruit new associates. These materials and announcements, whether verbal, printed, or electronic, will present only truthful, informative, non-deceptive information.

# **Regulatory Excellence**

B ecause we are in healthcare, we must follow the many federal, state, and local laws that govern our business. Keeping up with the most current rules and regulations is a big job – and an important one. We are all responsible for learning and staying current with the federal, state, and local laws, rules, and regulations, as well as the policies and procedures that apply to our job responsibilities.

#### **Billing and Business Practices**

We are committed to operating with honesty and integrity. Therefore, all associates must ensure that all statements, submissions, and other communications with residents, prospective residents, the government, suppliers, and other third parties are truthful, accurate, and complete.

We are committed to ethical, honest billing practices and expect you to be vigilant in maintaining these standards at all times. We will not tolerate any false or inaccurate coding or billing. Any associate who knowingly submits a false claim, or provides information that may contribute to submitting a false claim, such as falsified clinical documentation, to any payer – public or private – is subject to termination. In addition, legal or criminal action may be taken.

#### Prohibited practices include, but are not limited to:

- Billing for services or items that were not provided or costs that were not incurred;
- Duplicate billing billing for items or services more than once;
- Billing for items or services that were not medically necessary;
- Assigning an inaccurate code or resident status to increase reimbursement;
- Providing false or misleading information about a resident's condition or eligibility;
- Failing to identify and refund credit balances;
- Submitting bills without supporting documentation;
- Soliciting, offering, receiving, or paying a kickback, bribe, rebate, or any other remuneration in exchange for referrals; and/or
- Untimely entries into medical records.

If you observe or suspect that false claims are being submitted or have knowledge of a prohibited practice, you must immediately report the situation to a supervisor, the Compliance Officer, or the Compliance Hotline. Failure to report a known prohibited practice will subject you to disciplinary action up to and including termination.

#### **Referrals and Kickbacks**

Associates and our related entities often have close associations with local healthcare providers and other referral sources. To demonstrate ethical business practices, we must make sure that all relationships with these professionals are open, honest, and legal.

Resident referrals are accepted based solely on clinical needs and our ability to provide the services required. Life Enriching Communities never solicits, accepts offers, or gives anything of value in exchange for resident referrals or in exchange for purchasing or ordering any good or service for which payment is made by a federal health care program. "Anything of value" includes any item or service of value including cash, goods, supplies, gifts, "freebies," improper discounts or bribes.

Accepting kickbacks is against our policies and procedures and also against the law. A kickback is anything of value that is received in exchange for a business decision such as a resident referral. To assure adherence to ethical standards in our business relationships, we must:

- Verify all business arrangements with physicians or other healthcare providers or vendors in a written document; and
- Comply with all state and federal regulations when arranging referrals to physician-owned businesses or other healthcare providers.

Associates also cannot request, accept, offer, or give any item or service that is intended to influence – <u>or even appears to influence</u> – the referral, solicitation, or provision of a healthcare service paid for by any private or commercial healthcare payer or federal or state healthcare program, including Medicare and Medicaid, or other providers.

#### **Inducements to Prospective Residents**

You may not provide anything of value including goods, services, or money to prospective residents or any beneficiary of a federal or state healthcare program that you know, or should know, will likely influence that person's selection of a provider of healthcare services.

For the purposes of this policy, anything of value includes but is not limited to any waiver of payment, gift, or free service that exceeds a value of \$10 per item or \$50 annually in total. If you have a question about whether a particular gift or service would be considered "of value," ask your supervisor or the Compliance Officer.

#### **Copyright Laws**

Most print and electronic materials are protected by copyright laws. Associates are expected to respect these laws and not reproduce electronic or printed material without obtaining permission as required by the writer or publisher. If you are unable to assess the copyright or intellectual property laws, don't copy the material or download unauthorized software or content. When in doubt, ask your supervisor and/or the Compliance Officer.

#### **Financial Practices and Controls**

Ensuring that financial and operating information is current and accurate is an important means of protecting our organization's assets. All associates must make sure that all information provided to bookkeepers, accountants, reimbursement staff, internal and external auditors, and compliance staff is accurate and complete. This includes ensuring the accuracy of clinical documentation that supports our reimbursement for services. We must also comply with federal and state regulations when maintaining clinical records, accounting records and financial statements, and cooperate fully with internal and external audits.

#### **Fair Dealing**

All associates must deal fairly with residents, suppliers, competitors, and other associates. No associate, manager or director shall take unfair advantage of anyone through manipulation, concealment, abuse of privileged information, misrepresentation of material facts, or any other unfair dealing practice.

#### **Document Creation, Use and Maintenance**

Every associate is responsible for the integrity and accuracy of documents, records, and e-mails including, but not limited to, resident medical records, billing records, and financial records. No information in any record or document may ever be falsified or altered.

Associates must not disclose, internally or externally, either directly or indirectly, confidential information except on a **need to know** basis and in the performance of their duties. Disclosure of confidential information externally must follow organization policies.

Upon termination of employment, an associate must promptly return all confidential information, medical and/or business, to the organization. Examples of confidential business information include potential or threatened litigation, litigation strategy, purchases or sales of substantial assets, business plans, marketing strategies, organizational plans, financial management, training materials, fee schedules, department performance metrics, and administrative policies.

#### **Voluntary Disclosure**

It is the policy of Life Enriching Communities to voluntarily report known overpayments and any improper/irregular conduct, including fraudulent conduct, which affects any federal or state healthcare program. Reporting is completed within the time frames identified in applicable regulations.

#### **Government Investigations**

Life Enriching Communities is committed to cooperating with reasonable requests from any governmental inquiry, audit, or investigation. Associates are encouraged to cooperate with such requests, conscious of the fact that associates have the following rights:

- You have the right to speak or decline to speak;
- You have the right to speak to an attorney before deciding to be interviewed;
   and
- You can insist that an attorney be present if you agree to be interviewed.

In complying with policy, associates must not:

- Lie or make false or misleading statements to any government investigator or inspector;
- Destroy or alter any records or documents;
- Attempt to persuade another associate or any person to give false or misleading information to a government investigator or inspector; or
- Be uncooperative with a government investigation.

If you receive a subpoena or other written or oral request for information from the government or a court, contact your supervisor or the Compliance Officer before responding.

#### **Disciplinary Action**

Disciplinary action will be taken against anyone who fails to act in accordance with this Code of Conduct, the Compliance and Ethics Program, supporting policies and procedures, and applicable federal and state laws. Disciplinary action may also be warranted for those who fail to detect violations or who fail to respond appropriately to a violation, whatever their role in the organization. When taking disciplinary action against an associate, we will utilize Just Culture principles and standard disciplinary processes which may lead to the termination of employment, business relationships and agreements. The Compliance Officer, in conjunction with the CEO, may initiate and recommend corrective or disciplinary action against an associate through their immediate supervisor and may also monitor appropriate implementation of the disciplinary process. Retaliation is strictly prohibited and Life Enriching Communities will discipline anyone who engages in such conduct.

#### **Compliance Questions**

The laws applicable to our operations are numerous and complicated. When you are not sure whether a particular activity or practice violates the law or the Compliance and Ethics Program, do not guess as to the correct answer. Instead, you should immediately seek guidance from your department supervisor, the Compliance Officer or a member of the Compliance & Ethics Committee.

You will not be penalized for asking compliance-related questions. In fact, we are intent on creating and maintaining a culture in which every associate is comfortable asking questions to ensure that they understand the duties that are imposed upon them under this Code of Conduct, the Compliance and Ethics Program, and other federal and state laws that apply to our business.

# **Conclusion**

he Compliance and Ethics Program is critical to Life Enriching Communities' continued success, and you are crucial in ensuring the integrity of our operations. The Code of Conduct and the Compliance and Ethics Program set standards for the legal, professional, and ethical conduct of our business.

#### Some key points to remember are:

- Life Enriching Communities and all of our associates are committed to personal and organizational integrity, to acting in good faith, and to being accountable for our actions.
- The Code of Conduct and the Compliance and Ethics Program
  prepare us to deal with the growing complexity of ethical,
  professional, and legal requirements of delivering healthcare in the
  retirement environment.
- The Compliance and Ethics Program is an ongoing initiative designed to foster a supportive work environment, provide standards for clinical and business conduct, and offer education and training opportunities for associates.

he success of the Life Enriching Communities Compliance and Ethics Program depends on our commitment to act with integrity, both personally and as an organization. As an associate, your duty is to ensure that the organization is doing everything practicable to comply with applicable laws. You are expected to satisfy this duty by performing your responsibilities in accordance with professional standards, the regulations guiding our business practices, and our policies and procedures.

LEC Compliance Officer
Diana M. Grover
513-853-2094
Diana.Grover@LEC.org

Toll-Free Compliance Line 1-800-211-2713

#### **FSA Compliance Program**

Friends Services for the Aging (FSA), along with the Brethren, Mennonite, and Quaker organizations involved in providing services to the elderly, have established a collaborative Compliance and Ethics Program known as the FSA Compliance Program.

FSA 670 Sentry Parkway Suite 120 Blue Bell, PA, 19422-2325 215-646-0720

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