

PLACES OF PEACE

Discover Spiritual Connection

at Life Enriching Communities





Chapel

CONCORD RESERVE

Spiritual Wellness and Pastoral Care

Concord Reserve offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Sr. Jacy Kimaro and Pastor Tom Joyce provide holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the chapel at Concord Reserve.

“Spiritual places emphasize direct, personal, and superior experiences rather than communal, institutional worship,” Chaplain Kimaro explained. “We serve the residents and their families while respecting diverse beliefs, religions, and cultural backgrounds. Essentially, we help residents cope with their circumstances on a deeper level supported by their faith and belief beyond just medical treatment.”

A variety of spiritual wellness services and groups are available in the chapel, including Bible studies, interfaith and end-of-life education, spiritual and aging discussion groups, and family caregiver, Alzheimer's spousal, and bereavement support groups. There are also weekly

Interdenominational Worship, Catholic Mass, and television broadcasts of chapel services directly to residents' rooms.

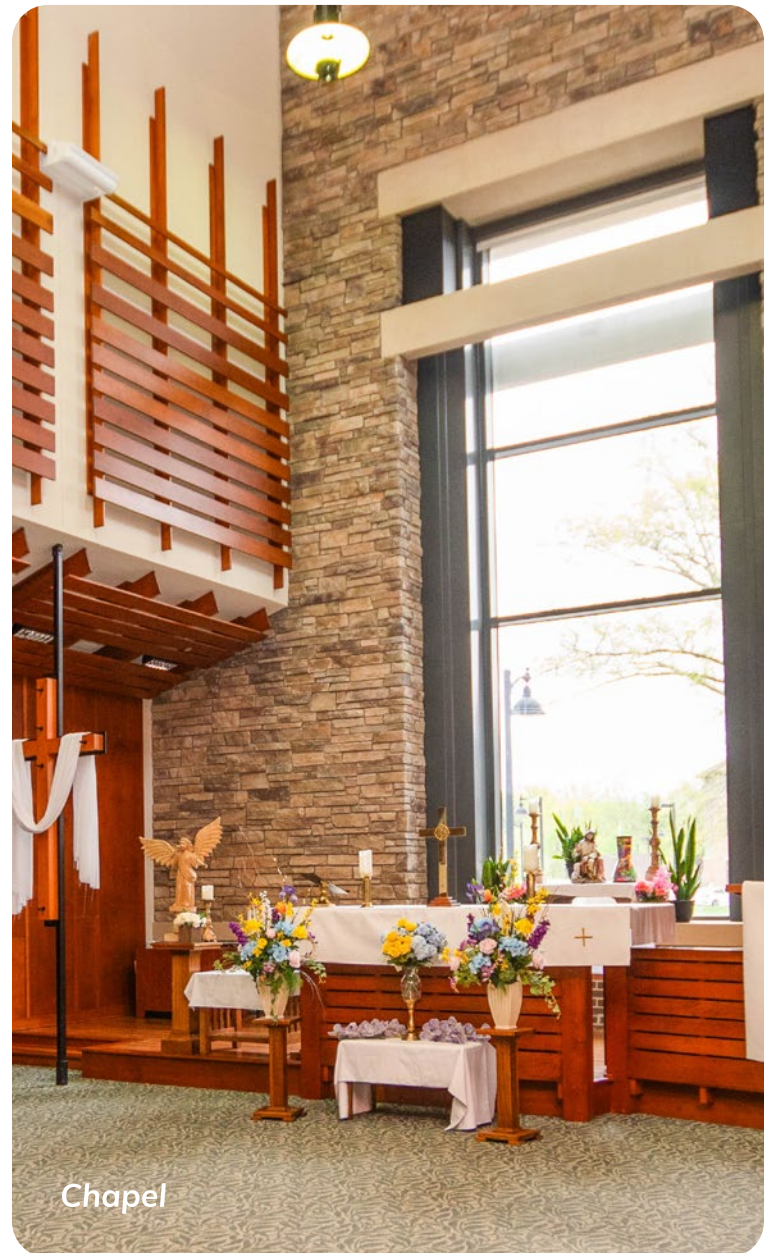
Chaplain Kimaro appreciates the ability to connect with residents in the comfort of their home via broadcast or personal visit. "Room-to-room visits provide interactions essential for social connection, emotional comfort, and cognitive stimulation. It also helps the resident to fight loneliness and maintain a sense of identity. Residents feel listened to individually."

"Chaplaincy is seen as a necessary part of healing rather than a profit-center or a reimbursable expense," Pastor Tom shared, working on an as-needed basis and meeting with residents wherever they are, physically and spiritually. "Support groups allow a person to understand they are on a shared journey and not alone."

"Spiritual places emphasize direct, personal, and superior experiences"

"I was moved by the mission and values of the organization," Chaplain Kimaro recalled of the first time coming to Concord Reserve. "I believe that providing pastoral care in a not-for-profit senior living community is very important because residents, no matter who they are, need spiritual and emotional support. They need help to cope with the challenges of aging, cope with loss, maintain the purpose of living, intensify their quality of life, and have that sense of connecting with others in difficult situations."

When asked what spiritual wellness means to her, especially as we age, Chaplain Kimaro said, "Spiritual wellness to me is a sense of connecting to something which is greater than me. As I get older, the meaning of my life becomes more important. For example, I cope better with life by maintaining a positive outlook, even when I encounter challenges."



As a not-for-profit organization committed to providing all-inclusive services and programs for its residents, Concord Reserve is surely fortunate to have spiritual wellness services that guide and inspire others in community.

TWIN LAKES

Spiritual Wellness and Pastoral Care

Twin Lakes offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Steve Copeland and Chaplain Tim Crowley provide holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the chapel at Twin Lakes.

“Our Chapel is beautiful and welcoming,” Chaplain Copeland explained. “It is conveniently located and yet a place of solitude. There are sacred symbols of residents’ faith groups represented in the chapel, and the outside garden and fountain have a labyrinth connecting them for meditation and reflection. Spiritual practices such as meditation, prayer, or attending services often offer emotional support and a source of comfort during difficult times, helping seniors deal with anxiety, fear, or grief.”

A variety of spiritual wellness services and groups are available in the chapel, including Bible studies, interfaith and end-of-life education, spiritual and aging discussion groups, and family caregiver, Alzheimer’s spousal, and bereavement support groups. In addition to the Jewish Friendship Gatherings and closed-circuit television broadcast of chapel services, there are also weekly morning prayers, Interdenominational Worship, Catholic



Mass, Long-Term Care, Memory Support, and Assisted Living Music and Devotions. On a monthly basis, there’s an Episcopal Worship, as well as a Memory Support Worship that is open to the public.

“Our sacred spaces are used for worship, study, spiritual discussion, prayer, spiritual art exhibits, and resident chapel work group meetings,” said Chaplain Copeland. “It is a statement of our organization’s values and commitment to the residents’ spiritual life. Having a designated spiritual place gives importance to spirituality and aging well. Spirituality can foster a sense of connection with others, reducing feelings

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When asked what spiritual wellness means to him, especially as we age, Chaplain Copeland said, “Spiritual wellness becomes increasingly important as we age and helps us cope with life changes. As people grow older, they often face significant life transitions, such as retirement, loss of loved ones, or health challenges. Spiritual wellness provides a framework for coping with these changes, offering a sense of peace, acceptance, and resilience. Many seniors may feel a loss of purpose when their roles change or when they experience loneliness. Spiritual wellness can help them find renewed meaning and purpose, whether through personal reflection, community involvement, or serving others.”

of isolation. Many spiritual or religious communities provide social networks that offer friendship and a support system.”

Chaplain Tim Crowley greatly experiences the impact of pastoral care in the community as both a spiritual guide and a fellow resident. “The importance of support groups is for someone to be able to come and be present with other people that are in a similar situation and have the ability to talk with them, to relate their experiences and perhaps make new friends.”

“My view is to start where the person is,” Chaplain Copeland says of his guiding methods. “Are they in pain? What are their needs? Building relationships with others across cultural and religious backgrounds is essential. I have often found that the resident is the best teacher on where to start to assist them in enhancing their quality of life. Good pastoral care requires an open spirit.”

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Wilson Memorial Chapel

TWIN TOWERS

Spiritual Wellness and Pastoral Care

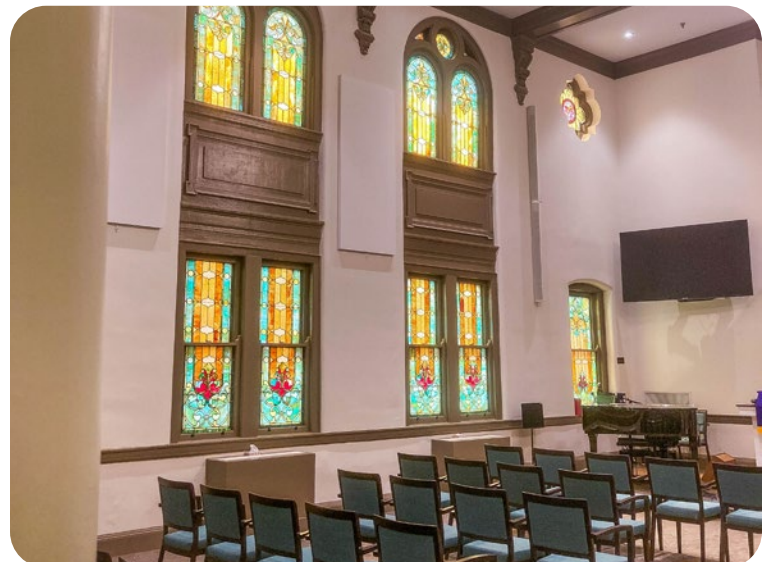
Twin Towers offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Jon Madden, Chaplain Alex Wright, and Jeff Holmes, Music and Worship Specialist, provide holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the Wilson Memorial Chapel and Prayer Garden at Twin Towers.

"I've noticed that our chapel is larger than many you might see in hospitals or other senior living facilities," observed Music and Worship Specialist Jeff Holmes. "The founders clearly envisioned that worship would play a central role in the daily lives of future residents and invested their resources in ensuring there was a

dedicated space for people to worship together. Worshipping together is a core formational experience for so many people growing up, and Twin Towers is committed to ensuring those community-forming experiences continue."

Highlighting some of the elements of the space that made his services sing, Holmes noted, "I appreciate that the chapel was built with an older consideration for natural acoustics. The high ceiling and hard plaster walls enhance the resonance of congregational singing, allowing worshippers to better hear the voices of their neighbors. It is a gift to hear your fellow companions on this journey of life lifting their voices together with you."

A variety of spiritual wellness services and groups are available in the chapel, including Bible studies, end-of-life education, prayer and spiritual discussion groups, handbell choir, chorale, and family caregiver and bereavement support groups. On a weekly basis, there are Episcopal Worship, Interdenominational Worship, Catholic Mass, Catholic Communion, Long-Term Care, Memory Support, and Assisted Living Worship, and Assisted Living Music Trivia,



Wilson Memorial Chapel



Prayer Garden

Sing-along, and Hymn Sing. Additionally, there are holy day services, a monthly campus hymn sing, and a closed-circuit television broadcast of chapel services.

Beyond the Wilson Memorial Chapel are the studio, Parkview Clubroom, and conference rooms used for spiritual discussion and education, but most inspiring still is the Prayer Garden. “This is a peaceful outdoor space where folks can pray and reflect,” said Chaplain Wright. “Apart from a place where they can be reminded of their faith in God, residents are provided opportunities to be with each other and remember they are not alone.

”Inspired by St. Francis of Assisi, the garden includes a fountain, a prayer plaque and statue of St. Francis, several small animal statues, and colorful flowers to commemorate St. Francis as the Patron Saint of Animals of Ecology. Chaplain Madden was pleased to share, “Residents love that the Prayer Garden is a peaceful space to pray or reflect silently, read a book or devotional, or sit and visit with a friend. The Prayer Garden also has a

lending library, which contains spiritual and devotional books provided by Pastoral Care for residents’ use and enjoyment.”

Twin Towers has a rich history of pastoral care with roots as a community for retired Methodist clergy and their spouses. “It was as important for the first residents of Twin Towers to be able to practice their faith in ways meaningful to them as it is for our current residents today,” Chaplain Madden explained. “People experiencing difficulty, grief, or challenges in their lives often feel isolated. However, simply having someone who can listen with empathy and compassion can help people find hope and strength in the midst of their situation.”

“Spiritual wellness includes finding meaning and purpose in our lives and finding hope.”

When asked what spiritual wellness means to him, especially as we age, Chaplain Madden said, “Spiritual wellness includes finding meaning and purpose in our lives and finding hope. This is important as we age because making meaning from our experiences can help us navigate changes in our health and abilities. People often find spiritual wellness in the midst of challenges when they can draw upon their faith to give them a sense of peace and hope.”

As a not-for-profit organization committed to providing all-inclusive services and programs for its residents, Twin Towers is surely fortunate to have spiritual wellness services that guide and inspire others in community.



Chacey Lane Gardens

WESLEY GLEN

Spiritual Wellness and Pastoral Care

Wesley Glen offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Dawn Swartz provides holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the Longworth Auditorium, Ravine Room, and activity rooms at Wesley Glen.

“Wesley Glen is a spiritual place,” praised Chaplain Dawn. “New relationships are formed, neighbors reach out to help each other in kindness and compassion, and peace is experienced. Every inch of our

community has been hallowed through prayer, joyful celebration, deep sadness, and self-giving.”

From the inspiring ravine and gardens of Chacey Lane to the Tree of Life sculpture adjoining the Vecozols Patio, there are many captivating ways to find peace and connect with something or someone. For Chaplain Dawn, it's Wesley Glen's beautiful faceted glass windows in the Holm Marketplace.

“They speak to our history, story, vision, and reason for existing,” she said of the windows designed by Rev. Alvin Ritts, a Methodist pastor turned Chaplain and administrator during the community's earliest years. “The windows portray the rays of God's love extending through every aspect of our community and world. There are images connected to our founding and to peace, harmony, healing, Christ, our residents, and the full anticipation of new and eternal life. There are also three key

quotes from John Wesley, the Anglican priest who founded the Methodist movement in the 1700s and after whom Wesley Glen is named.”

A variety of spiritual wellness services and groups are available in the Longworth Auditorium, Ravine Room, and activity rooms, including Bible studies, choir, educational series, prayer, meditation, support groups, and Spiritual Life Work Group. There are also in-house broadcasts of worship services and morning devotions, an Ecumenical Vespers service every Sunday, a monthly Catholic Mass, holy day services, and weekly worship in Assisted Living, Memory Support, and Health Center.

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“All of these spaces are part of every resident’s home,” Chaplain Dawn explained. “Having these places so conveniently close and fully accessible makes gathering with neighbors, friends, and family much easier. Whether our residents have a local faith community that they can travel to or not, it is good to have so many spiritual places and options available at home. Our residents intentionally choose to move here, and despite the downsizing, here the size of their home is greatly expanded and new opportunities for growth and connection abound.”

“Our residents come from diverse places and backgrounds,” she continued. “But here they experience welcome and neighbors, and often discover commonalities. They make new friends and share stories, tears, and laughter. Because everything is close and accessible and because they have the care and support they need, it is easy to be involved and active. Many residents find ways to share their gifts and serve others.”

When asked what spiritual wellness means to her, especially as we age, Chaplain Dawn said, “Spiritual wellness is a deep-down relational wellness that connects us with something greater than ourselves and moves us beyond ourselves. It gives an expanding sense of meaning and purpose in life. The challenges of the later years are not easy. Yet they do, among other things, invite us to deeper practices of reflection, gratitude, generosity, relinquishment, and love.”

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Holm Marketplace Glass Windows

WESLEY RIDGE

Spiritual Wellness and Pastoral Care

Wesley Ridge offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Karen Brantley provides holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the Kimes Chapel, Meditation Rooms, Draper Chapel, and English Garden at Wesley Ridge.

“Our Kimes Chapel stands out because of the attention to detail in our stained glass windows and altar decor,” Chaplain Karen explained. “It’s more than the space; what sets us apart is giving residents the

opportunity to continue to live a spiritual life without having to leave home. They appreciate the consistency of having ‘their chaplain’ sharing the message weekly, just as they loved their pastor doing so in their former home church. They love the church feel, the piano and organ being played weekly, and the engagement in worship together. Family members frequently join our residents to attend church together.”

A variety of spiritual wellness services and groups are available throughout the spaces and levels of care, including Bible studies, devotions, end-of-life education, handbell choir, chapel choir, and caregiver, grief, and other support groups. There are also non-denominational Vespers services every Sunday afternoon for Assisted Living, Sunday evening for Independent Living and Health Services, and Thursday morning for Memory Support, as well as special services during the season of Lent and Advent.





“Having spaces to go is important to our residents,” Chaplain Karen shared. “It is a smooth transition from attending their home church to being engaged here in a spiritual community. We talk with new residents about their spiritual practices prior to moving in and find ways to incorporate them into the spiritual life here at Wesley Ridge. We encourage them to be involved here as they were in their church, such as mission projects, choir, Bible study, and altar guild.”

“When people feel seen and heard, their entire being is lifted.”

Chaplain Karen believes pastoral care is essential in all senior living communities and that many don’t realize how having chaplains on the team can greatly impact residents, family, and even associates. “When people feel seen and heard, their entire being is lifted. For residents to have the ability to freely express their spiritual practices in their new home is life-giving. I believe that whether someone has a

practicing faith or not, at some point, they will face a situation where they need someone to talk to. I see pastoral care as a gift to any community, serving our residents, families, and associates with a listening ear and guiding them with the tools they need to get through their situation. Having the ability to establish an ongoing relationship early with a resident and family helps to make the transition toward their next life a little smoother. When there is trust, there is peace.”

When asked what spiritual wellness means to her, especially as we age, Chaplain Karen said, “Spiritual wellness for my life means balance; I am spiritually well when my body and mind are all in tune to the One who created me. When one area of wellness is weak, the other areas become weak as well. For all of us as we age, it is important to keep our spiritual life as a priority along with our physical and emotional health.”

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WESLEY WOODS

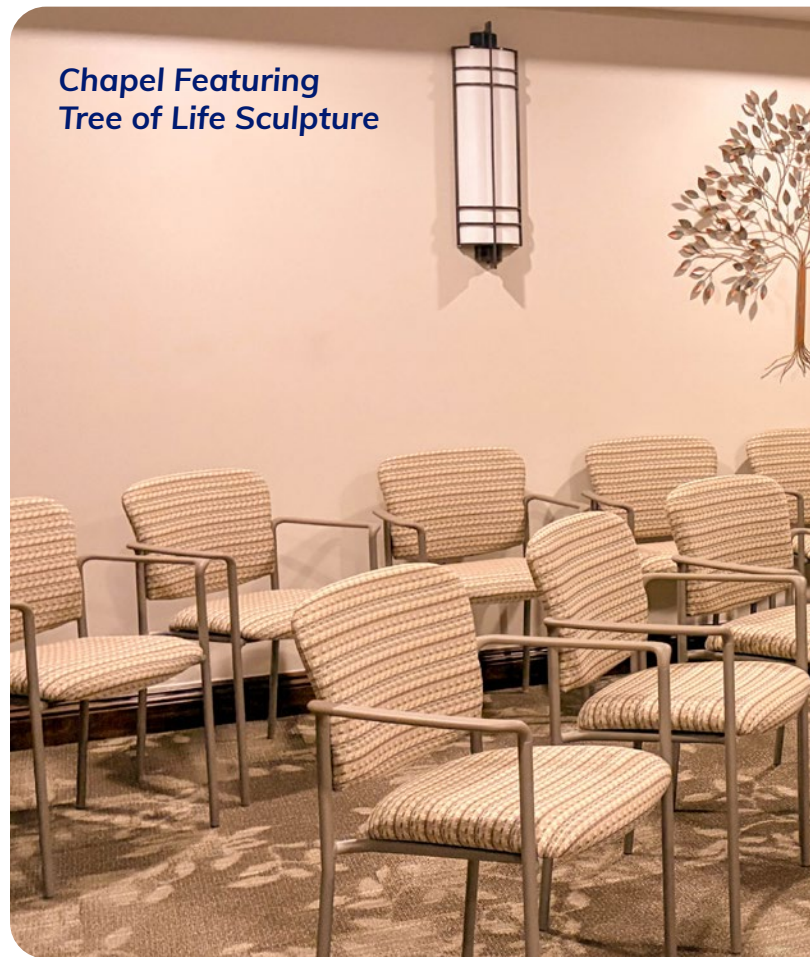
Spiritual Wellness and Pastoral Care

Wesley Woods offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Mark Bair provides holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the chapel at Wesley Woods.

"It's simple and minimalist," Chaplain Mark explained. "But like a church, there is a cross and an altar table for communion. It is usually a quiet place, and since it is small, groups can see and hear each other well. Support groups and people to talk to are essential, and I've learned that safe groups and people help the physical body calm down and reduce anxiety."

A variety of spiritual wellness services and groups are available in the chapel, including Bible studies, prayer groups, the Resident Spiritual Care Work Group, mental health and end-of-life workshops, and caregiver, grief, and anxiety support groups. There are also non-denominational Vespers services every Sunday and mid-week services during Advent and Holy Week.

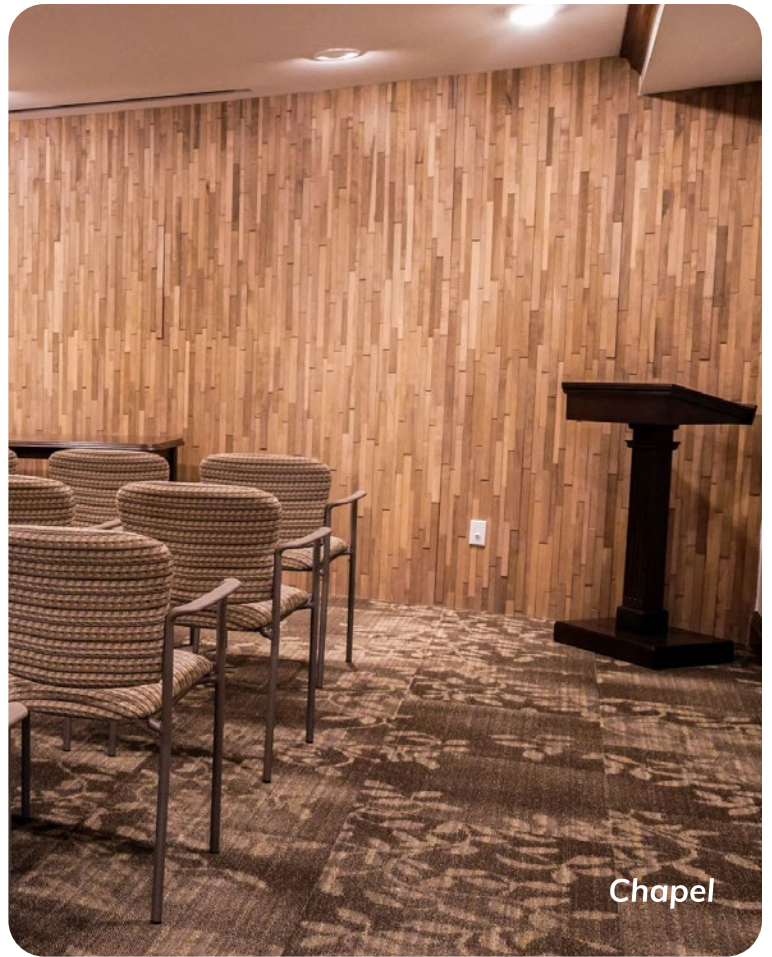
"A person might need pastoral care for several reasons," Chaplain Mark shared. "Pastoral care, whether for people with or without religious faith, is valuable for helping residents not become lonely or



isolated and providing the opportunity to share their sorrow or grief. But sometimes people just need to be able to tell their story, that their lives have mattered."

A feature of the chapel that Chaplain Mark admires is the tree of life sculpture. "It is important because it is a symbol of life, rootedness, and growth. There's a sense of the sacred due to the simplicity of adornment, the cross, and the tree of life. The projector is nice, too, so art and content can be displayed."

When asked what spiritual wellness means to him, especially as we age, Chaplain Mark said, "Spiritual wellness includes feeling known and loved, being seen and listened to, making friends and being comfortable in their own skin, learning how to unburden and express oneself in prayer, and understanding some religious texts. Spiritual wellness is important for us as



Chapel



Chapel

“Sometimes people just need to be able to tell their story, that their lives have mattered.”

we age because of losses of physical and cognitive strengths, which challenge one’s sense of usefulness, and loss of friends and loved ones, which can isolate and lead to depression.”

As a not-for-profit organization committed to providing all-inclusive services and programs for its residents, Wesley Woods is surely fortunate to have spiritual wellness services that guide and inspire others in community.

CINCINNATI AREA



Twin Towers
College Hill:
513-853-2000



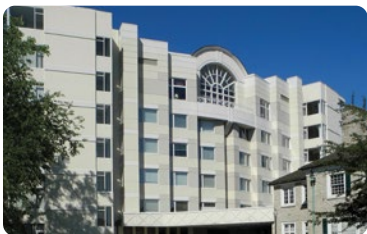
Twin Lakes
Montgomery:
513-247-1300

CLEVELAND AREA



Concord Reserve
Westlake:
440-871-0090

COLUMBUS AREA



Wesley Glen
Clintonville:
614-888-7492



Wesley Ridge
Reynoldsburg:
614-759-0023



Wesley Woods
New Albany:
614-924-0030



Wesley Hospice
Central Ohio:
614-451-6700



For additional resources, visit us online at lec.org.