

Maximizing Dual-purpose Spaces



Here are some simple ways to maximize the use of the most frequently used rooms in your home.

Dual-purpose Space Examples

Bedroom or Garden as a Sacred Space: Have a private space to connect with your spiritual needs and practice mindfulness.

Den as a Guest Room: All you need is the perfect couch that can convert into a bed.

Entryway as a Storage Area: Since the entrance is where people store jackets, umbrellas, and shoes, make it the storage area for other outdoor or seasonal items.

Kitchen as a Dining or Gardening Space: Your kitchen island could be the dining table or the perfect place for an indoor garden.

Office as a Craft Space or At-home Gym: Separate and organize work and craft materials and keep exercise equipment available in this open space.



How to Create a Dual-purpose Space



Make a list of:

- Things that are important to you
- How much space you have
- Your long-term needs



Limit the purposes of a room and separate spaces into categories:

- Mindfulness
- Productivity
- Rest
- Storage



Thoughtful design tips:

- Set up the room for its primary purpose with pleasing decor for both uses
- Get flexible, space-saving, multifunctional, or built-in furniture
- Consider your sensory needs for appropriate lighting, noises, spacing, and visuals that will best suit it