

Physical Wellness

Word Search

P L A N O I T A P U C C O D I T H E R A P Y
 H N D S R Y A Y E F M A Z N D F D R D Y N T
 Y O Q I X E L P I R C E D G R W A L K I N G
 S I Y N S N H T P T A E D E H T G N E R T S
 I T L N L K N A I O P C S I N N T P T Y X J
 C I Y E L E I V B E I H H E C N D O C T O R
 A R E T S L I L N I I N M T E I S P E E C H
 L T X S I T A D L N L E T M L S N R T D N Q
 W U E G Y L E B G E V I T M C A O E G Y V T
 E N R R N N I R E O D A T I E U E G W D W N
 L A C B C I E B M L E N B A T N N H N W B N
 L T I E A D M N I R K O U I T I T B Z N T Y
 N H S P I L O M T X R C N R N I O S V T L L
 E L E E E U A P I E E E I N S W O T E I D Y
 S E N Y R E P N A W J L U P L I G N I K I B
 S T Z I M Y L R C T S R F I R E N I C C A V
 S E S P O R T S R E B K N K G N Z G R L B R
 B H D N Z Q G N L L Z G N G Q N Z Q L N T Q

Activity
 Aerobics
 Appointments
 Athlete
 Balance
 Biking
 Bowling

Diet
 Doctor
 Exercise
 Fitness
 Flexibility
 Fresh Ingredients
 Healthcare

Independence
 Medicine
 Movement
 Nourish
 Nutrition
 Occupational
 Physical Wellness

Pickleball
 Rehabilitation
 Routine
 Running
 Skilled Nursing
 Sleep
 Speech

Sports
 Strength
 Swimming
 Tennis
 Therapy
 Treatment
 Vaccine
 Walking