

# Your Assisted Living Checklist

## First Impressions

- Does the community look nice from the outside?
  - Trees
  - Parking
  - Landscaping
  - Outdoor Seating/Tables
- Are you greeted when you first come in?
  - Is the staff open and friendly?
  - Do the staff members call residents by name?
  - Do the residents look happy?
- Are there good sources of natural light?
  - Large windows
  - Skylight

## Safety

- Do residents have an individual care plan?
- Do residents have regular access to doctors and health care professionals?
- Are there precautions taken for those needing memory care?
- How does the staff handle medical emergencies?
- How do staff evacuate residents in the case of a fire?
- Is there 24/7 security?

## Dining/Food Options

- Are there on-site food options?
  - More than one?
  - Dietary planning?
  - Meals are nutritious and well made?

## Amenities

- Are there onsite laundry units?
- Is there easy access to a social calendar?
- Are transportation services available?

## Amenities Cont.

- Is there an onsite fitness center?
- Are there short term accommodations for family and guests?
- Are you in control of your heating and cooling adjustments?
- Do you have access to wifi?
- Is the community pet friendly?
- Local and long-distance telephone services available?
- Cable TV
- Religious Services
- Are utilities included?
  - Water
  - Sanitation
  - Heating/Cooling
  - Electricity
- Housekeeping?
- Do they provide future care services?
  - Assisted Living
  - Continuing Care
  - Long-term Care
  - Memory Care

## Location

- Is it pedestrian friendly?
- Is it on a bus line?
- Does the area have entertainment?
  - Restaurants
  - Coffee Shops
  - Movie Theatre
  - Boutiques or shopping districts