



# PLACES OF PEACE

*Discover Spiritual Connection*

at Life Enriching Communities





Chacey Lane Gardens

## WESLEY GLEN

# *Spiritual Wellness and Pastoral Care*

Wesley Glen offers accessible pastoral care services that welcome individuals of all faith backgrounds, foster community and purpose, and extend support through life's transitions. Chaplain Dawn Swartz provides holistic wellness that nurtures meaningful living for all with a variety of spiritual wellness services in the Longworth Auditorium, Ravine Room, and activity rooms at Wesley Glen.

"Wesley Glen is a spiritual place," praised Chaplain Dawn. "New relationships are formed, neighbors reach out to help each other in kindness and compassion, and peace is experienced. Every inch of our

community has been hallowed through prayer, joyful celebration, deep sadness, and self-giving."

From the inspiring ravine and gardens of Chacey Lane to the Tree of Life sculpture adjoining the Vecozols Patio, there are many captivating ways to find peace and connect with something or someone. For Chaplain Dawn, it's Wesley Glen's beautiful faceted glass windows in the Holm Marketplace.

"They speak to our history, story, vision, and reason for existing," she said of the windows designed by Rev. Alvin Ritts, a Methodist pastor turned Chaplain and administrator during the community's earliest years. "The windows portray the rays of God's love extending through every aspect of our community and world. There are images connected to our founding and to peace, harmony, healing, Christ, our residents, and the full anticipation of new and eternal life. There are also three key

quotes from John Wesley, the Anglican priest who founded the Methodist movement in the 1700s and after whom Wesley Glen is named.”

A variety of spiritual wellness services and groups are available in the Longworth Auditorium, Ravine Room, and activity rooms, including Bible studies, choir, educational series, prayer, meditation, support groups, and Spiritual Life Work Group. There are also in-house broadcasts of worship services and morning devotions, an Ecumenical Vespers service every Sunday, a monthly Catholic Mass, holy day services, and weekly worship in Assisted Living, Memory Support, and Health Center.

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“All of these spaces are part of every resident’s home,” Chaplain Dawn explained. “Having these places so conveniently close and fully accessible makes gathering with neighbors, friends, and family much easier. Whether our residents have a local faith community that they can travel to or not, it is good to have so many spiritual places and options available at home. Our residents intentionally choose to move here, and despite the downsizing, here the size of their home is greatly expanded and new opportunities for growth and connection abound.”

“Our residents come from diverse places and backgrounds,” she continued. “But here they experience welcome and neighbors, and often discover commonalities. They make new friends and share stories, tears, and laughter. Because everything is close and accessible and because they have the care and support they need, it is easy to be involved and active. Many residents find ways to share their gifts and serve others.”

When asked what spiritual wellness means to her, especially as we age, Chaplain Dawn said, “Spiritual wellness is a deep-down relational wellness that connects us with something greater than ourselves and moves us beyond ourselves. It gives an expanding sense of meaning and purpose in life. The challenges of the later years are not easy. Yet they do, among other things, invite us to deeper practices of reflection, gratitude, generosity, relinquishment, and love.”

As a not-for-profit organization committed to providing all-inclusive services and programs for its residents, Wesley Glen is surely fortunate to have spiritual wellness services that guide and inspire others in community.



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