

Associate TESTIMONIAL

What community do you work in?

Wesley Woods

What is your job title and in what level of care do you work?

Events & Programs Specialist for Memory Support

How long have you worked with our organization?

3 months

What do you love most about your role here?

I love that I am able to spend most of my time actively engaging with the residents.

What's a recent moment with a resident that made you smile?

While making apple turnovers with the residents I was told by Millie how much she enjoys baking and creating something with her hands- this is something she had always enjoyed. The whole event sparked a loving and warm response from everybody around, even if not participating. To see the relaxed faces and smiles from the group while enjoying a nostalgic snack made together felt really comforting. As a community I believe we are a family and that feeling spread over the whole neighborhood as we enjoyed the snack as much as each others company.

Why do activities matter so much to our residents?

Activities keep our residents busy, happy and engaged. When our residents are engaged in a meaningful activity- this gives them purpose. Humans rely on having purpose and feeling useful. For memory support in particular activity engagement means less falls, less behavioral issues & helps them sleep through the night. Cognitive engagement is extremely important to keep the brain active.

What's one activity, program or special event that residents always look forward to?

Our residents look forward to the baking events on Friday and then eating our creations in a social hour following.

What makes this community feel special to you?

From the moment I walked through the door, I knew this was a very special community. Everyone is greeted with a genuine smile and kindness. I truly believe we have the most special residents that make "work" feel like home.

~ Samantha G.

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