

Your Assisted Living Checklist

First Impressions

- Does the community look nice from the outside?
 - Trees
 - Parking
 - Landscaping
 - Outdoor Seating/Tables
- Are you greeted when you first come in?
 - Is the staff open and friendly?
 - Do the staff members call residents by name?
 - Do the residents look happy?
- Are there good sources of natural light?
 - Large windows
 - Skylight

Safety

- Do residents have an individual care plan?
- Do residents have regular access to doctors and health care professionals?
- Are there precautions taken for those needing memory care?
- How does the staff handle medical emergencies?
- How do staff evacuate residents in the case of a fire?
- Is there 24/7 security?

Dining/Food Options

- Are there on-site food options?
 - More than one?
 - Dietary planning?
 - Meals are nutritious and well made?

Amenities

- Are there onsite laundry units?
- Is there easy access to a social calendar?
- Are transportation services available?

Amenities Cont.

- Is there an onsite fitness center?
- Are there short term accommodations for family and guests?
- Are you in control of your heating and cooling adjustments?
- Do you have access to wifi?
- Is the community pet friendly?
- Local and long-distance telephone services available?
- Cable TV
- Religious Services
- Are utilities included?
 - Water
 - Sanitation
 - Heating/Cooling
 - Electricity
- Housekeeping?
- Do they provide future care services?
 - Continuing Care
 - Long-term Care
 - Memory Care

Location

- Is it pedestrian friendly?
- Is it on a bus line?
- Does the area have entertainment?
 - Restaurants
 - Coffee Shops
 - Movie Theatre
 - Boutiques or shopping districts