

SENIOR LIFE-PLAN COMMUNITIES LET YOU AGE IN PLACE

By Chris Klawitter

Concord Reserve, one of six senior life-plan communities under the umbrella of Life Enriching Communities (LEC), offers a comprehensive plan for aging in place. This plan, which evolves as seniors age, provides a sense of security and peace of mind, assuring seniors and their families that they will be taken care of, no matter what happens with their health or finances.

Most senior life-plan residents move into independent housing knowing that if they ever need additional services, they will be available on the same campus. Senior life plan communities provide a range of care services, from independent living to assisted living, skilled nursing, and memory care.

This model empowers residents and allows them to avoid moving from their communities. If their needs change, they can shift to another level of services. This flexibility and adaptability give residents control over their future, enabling them to stay independent and take full advantage of the amenities and services. Dedicated teams eliminate the worry and difficulty of home maintenance.

Because senior life-plan communities comprise an extended multigenerational family, they are passionate about maintaining a culture of optimal health and wellness within a resident's current environment. Concord Reserve follows an evolving "Way of Wellness" model to achieve health and wellness goals that will change as seniors' needs change. The current model includes programs that support the physical, spiritual, emotional, intellectual, vocational, and social needs of residents and members of their communities.

If you're looking for a senior life plan community for yourself or your parents, there are several factors you should consider, and it's essential to visit several communities before you choose. Is the community located in an area you'd like to live in for the rest of your life? Is there a wide range of services enabling you to age in place? What is the quality of care? What is the atmosphere like? Are there events and programs that foster friendships? What is the quality of the dining services, and are there several options? And, most importantly, is the community a not-for-profit model?

A not-for-profit model ensures that the focus is on serving the community, not generating income. Not-for-profit organizations are mission-driven, providing high-quality care and superior services. Funds are re-invested in the community, which allows for continuous improvements. Studies back up the notion that not-for-profit communities have better staffing levels and considerable flexibility in care plans and are rated higher in resident satisfaction than for-profit communities. They nurture an optimal environment for seniors that's warm, cheerful, and fun!

Chris Klawitter is the executive director of Concord Reserve in Westlake, Ohio. LEC is a not-for-profit Christian organization affiliated with the West Ohio Conference of the United Methodist Church. It is passionate about senior living and respects residents' individual preferences and desired lifestyles. Residents live in vibrant communities with independent, assisted, nursing, aging-in-place options, innovative programs, and access to superior services whenever needed.



The Ideal Retirement *for Dad*

You grew up in a warm and loving environment. Now, you can help your parent find a senior living community with the environment you experienced.

"Concord Reserve is responsive, supportive, and interactive with my father. I know that at any given time I can pick up the phone and check on him, knowing he's doing okay. They're very supportive of him from a holistic standpoint."

—Toni, Daughter of Concord Reserve Resident

Scan the QR code to explore Life Enriching Communities!



lec.org/westlake

Life Enriching
COMMUNITIES

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Westlake, OH

Life Enriching Communities welcomes people of all faiths.