

A Note from Executive Director, Paige Trotta

I always look forward to the month of April, the tulips begin to bloom, the promise of warmer weather is in the air, and I can finally tuck my puffer coat away for a few months.

We recently celebrated our annual Easter Egg Hunt, and it was truly a lovely time. Residents, associates, and families came together to enjoy a beautiful day filled with music, festive bites, photos with the Easter Bunny, face painting, and Egg Hunts.

Looking ahead, we are excited to continue our Speaker Series with an upcoming presentation by Michelle Crum from the Golden Buckeyes, who will be presenting, Connection, Competence, and Confidence: The Three Cs of Caregiving. This is an important topic, and we are proud to provide opportunities for education and support for both residents and their families.

We're also still talking about last month's highly anticipated chair volleyball rematch between our Wesley Woods associates and residents. After falling short in the previous tournament, our associates came back determined and secured a victory this time around! The associate players apologize for any brief "grieving period" experienced by some of our resident athletes. We're already looking forward to the next faceoff!

I am also excited to introduce new technology enhancements throughout our community. We have begun installing TV screens in key locations, including near the Welcome Center elevator and the Health Center elevator. These screens display a scrolling view of daily events and programs across the entire community, along with special event flyers and important community updates. Our goal is to keep everyone informed in a more accessible and environmentally friendly way by reducing paper postings. Additional screens will soon be added in Traditional Assisted Living, Memory Support Assisted Living, and on the second floor near the Chapel.

In addition, we are expanding our use of Communications360 to improve how we share important information. While this system has already been helpful for our independent living residents, we are now extending it to include traditional assisted living residents, and assisted living, memory support, and long-term care families. Moving forward, families can expect to receive timely text messages from Wesley Woods regarding important updates such as phone or Wi-Fi outages and emergency notifications.

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As we step into May, I'm excited to share several updates and highlights from around Wesley Woods.

To start, I am pleased to announce we will be initiating a new workgroup to our growing list: the Maintenance and Grounds Workgroup. Landscaping and outdoor spaces have been a frequent topic of conversation, and your feedback has inspired us to create a dedicated forum for these discussions. I'm grateful to share that Dorothy Hall has graciously accepted the role of Co-Chair. Our first meeting will take place on Thursday, May 14th at 11:00 AM in the Education Room. If you're interested in being part of conversations around our landscaping and grounds, with myself, Dave (our Facilities Manager), and fellow residents, I encourage you to join us.

Speaking of beautifying our grounds, I'd like to recognize Dorothy, in her role as head of the Gardening Interest Group, along with Bob and Ellen, for planting beautiful spring flowers in the planters crafted by our Woodworking Interest Group. Located near our entryways, these eye-catching pops of color are sure to brighten your day each time you pass by.

We are kicking off the month in true Kentucky fashion by celebrating the Kentucky Derby! Ebony hosted a wonderful hat-making event at the end of April, and we're looking forward to wearing our Derby hats together on Friday, May 1st. I can't wait to see everyone's creativity on display.

During the second week of May, we will also take time to recognize and celebrate our incredible associates during National Skilled Nursing Care Week. We have a full lineup of events planned, including our leadership team preparing custom pizzas in the Bistro. It's a small way to show appreciation for the dedication and compassion our team brings to our community every day.

We will wrap up the month with one of my favorite events, the Art Gala. All residents are welcome to participate and showcase their talents. This event is always inspiring, and I look forward to celebrating the creativity within our community.

Lastly, I'd like to provide an update on our Health Center flooring project. We are currently planning to begin construction on May 18th, with an expected timeline of approximately one month. Our team has been working diligently to develop an efficient plan that minimizes disruption. The project will be completed in phases, allowing us to remove and install flooring in sections at the same time. While there may be some temporary inconveniences, we are fortunate to be part of Life Enriching Communities, whose commitment to maintaining beautiful, updated spaces continues to benefit us all. I will be sure to keep everyone informed as the project progresses.

Thank you, as always, for your engagement, your ideas, and your commitment to making Wesley Woods such a special place. I hope you all have a wonderful May filled with joy, connection, and sunshine.

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As we welcome the month of June, there is a great deal of excitement and activity happening around Wesley Woods!

One of the highlights this June will be a special visit from a few animals from the Columbus Zoo. Residents and team members alike always enjoy these unique experiences, and we are excited to bring a little wildlife and fun to our community.

We are also pleased to kick off our 2026 Associate Appeal this month; our Foundation will be hosting a pizza party and visiting team members with a snack cart throughout the month. The Associate Appeal gives our team members an opportunity to get involved in philanthropy within our community and make a meaningful impact on the Foundation's mission.

On June 19th, we look forward to celebrating Juneteenth. This important holiday recognizes freedom, history, and culture, and we are excited to honor the occasion together through community activities and celebration.

With summer just around the corner, we are also excited to begin our Wednesday cookouts once again. These cookouts are a favorite tradition and provide a wonderful opportunity for residents, families, and team members to gather outdoors, enjoy delicious food, and spend time together in the beautiful weather.

We recently purchased two Raizer Lift Chairs to assist with safely lifting residents after a fall while reducing the risk of injury to both residents and team members. A demonstration of the equipment was provided to residents during our most recent Resident Update Meeting, allowing everyone to learn more about how these devices operate.

Our Health Center flooring project is almost complete! Stop by to see the beautiful new laminate flooring, which gives the space a more modern look while also making it easier to maintain and keep clean. We have also added eight new recliners throughout the Health Center, along with brighter lighting to create a more comfortable and welcoming environment for residents and guests.

I hope everyone has a fantastic June!

-Paige Trotta

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July is here! We have a lot of fun events planned this month and I'm looking forward to enjoying them alongside our Wesley Woods family.

One of the highlights will be our Fourth of July Cookout on July 1st. It's always a great time to get together, enjoy good food, and celebrate the holiday with friends and neighbors.

We'll also be hosting our Red, White, and Brew Happy Hour, which is open to both current residents and individuals interested in learning more about Wesley Woods. It's a wonderful opportunity to socialize, meet new people, and show off everything that makes our community so special.

Our Speaker Series continues this month with Theresa Sprouse, who will be presenting Foods to Boost Your Brainpower on July 31st. We hope you'll join us to learn about how nutrition can support brain health and overall wellness.

Another event we are excited to be part of again this year is the Taste of New Albany. Our Dining Services team is preparing an incredible selection of food to share with attendees, and we can't wait to showcase their talent. The event brings together some of the best restaurants in the area, making for some friendly competition. We were honored to win the People's Choice Award in 2023 and 2024, and we're hoping to bring that trophy back where it belongs!

As always, one of my favorite parts of summer is spending time outdoors during cookouts and community events. Many flowers around campus are looking beautiful thanks to the hard work of our Gardening Interest Group, and they make every walk around the community a little more enjoyable.

I hope everyone has a wonderful July, and I look forward to seeing you at many of the events throughout the month!

-Paige Trotta

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Hello all, and welcome to the August edition of The Wesley Woods Post!

Looking back at July, one of the highlights was participating in the Taste of New Albany. Our team had an incredible time showcasing the creativity and talent of our Dining Services department while connecting with hundreds of community members. Events like these are a wonderful opportunity to share the spirit of Wesley Woods with our neighbors, and I couldn't be more proud of everyone who helped make the evening such a success. Be sure to read Tyler's Dining Services Update on the next page to hear more about the event and (spoiler alert) the incredible award we took home!

This month also brings a bittersweet transition for our team. We are sad to say goodbye to Emily, our Development Manager, as she begins a new chapter spending more time with her family. Emily has made many meaningful contributions to Wesley Woods, and we wish her nothing but happiness in the years ahead.

At the same time, we are excited to welcome Sheila, our new Development Manager, to the Wesley Woods family! Please join us for a Welcome Reception on Friday, August 7, at 1:30 p.m. in the Event Center. I hope you'll stop by to introduce yourself, offer a warm welcome, and help us show Sheila what makes our community so special.

I am also pleased to share a new enhancement to the Community Portal. Within the next week or so, we'll be adding a new sub-tab under Resident Resources that will house the minutes from our Independent Living Resident Council meetings. This will provide an easy way for all residents who were not able to attend the meeting to stay informed on the important discussions and updates from Resident Council.

Looking ahead, our August Speaker Series will feature Tonya Kreml, who will present on fall prevention, fall risks, and practical strategies to help avoid falls. This is an incredibly important topic that impacts many of us, and I encourage everyone to attend this informative session.

As always, thank you for making Wesley Woods such a vibrant, welcoming, and caring community. I hope you enjoy everything August has to offer and take advantage of the many opportunities to learn, connect, and have fun throughout the month.

Wishing you a wonderful August!

-Paige Trotta

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It's hard to believe we're already heading into September! Before we jump into a new month, I want to take a moment to look back at what was a pretty incredible August.

One of our biggest events of the year, our Casino Night, was an absolute success! It was so much fun seeing everyone dressed up, enjoying themselves, and getting into the spirit of the evening. From trying your luck at the casino table games to getting a fun caricature drawn, taking pictures with the Mirror Man, and, of course, checking out all of the wonderful raffle baskets, there was something for everyone to enjoy. And we have to give a huge shout-out to our Dining team, who absolutely knocked it out of the park!

The food was amazing, and the lobster seemed to be a particular favorite. A big thank-you to everyone who helped make the evening such a memorable one. It takes a lot of people working behind the scenes to pull off an event like this, and I am so grateful for everyone who played a part.

Now, I'll admit it, I'm ready for fall! There's just something about September that makes me excited for cooler weather, changing leaves, and all the fun that comes with a new season. As always, we have a full month of programs planned to keep us all busy. We'll kick off the month with our Labor Day Cookout on Wednesday, September 9, which is sure to be a great way to gather together and enjoy some good food and good company.

Our Speaker Series this month will feature Teresa Sprouse, who will be discussing How Nutrition Changes as You Age. It's sure to be an interesting and informative conversation, so I hope you'll join us!

I hope everyone has a wonderful September! Enjoy the start of fall, get out and enjoy some of the beautiful weather. Happy September!

-Paige Trotta

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We have a lot to look forward to this October at Wesley Woods! One of the highlights this month will be our Walk to End Alzheimer's on October 2nd. We are excited to come together as a community to support Alzheimer's awareness and honor the individuals and families impacted by this disease. This year, we will have the New Albany High School Marching Band joining us and playing during our walk, which will make the event even more special. I'm looking forward to seeing our residents, families and team members come together for this meaningful morning.

Of course, October also means Spooky Season is here! We have some fun activities planned, including our Spooky Happy Hour and our annual Trick or Treat event. There is something special about seeing Wesley Woods filled with decorations, costumes and plenty of Halloween spirit. Be sure to check the Event Table for all of the details and upcoming programs.

We are also pleased to welcome Dr. Graytock, our new podiatrist, beginning in October. Dr. Graytock comes highly recommended by Dr. Georgoff, who recently retired after caring for members of our community. We are grateful for the years of care Dr. Georgoff provided to Wesley Woods and are excited to welcome Dr. Graytock to our community. Finally, a reminder that we will be holding a vaccine clinic for all residents and team members on October 19th. Please watch for additional information regarding the clinic and how to participate.

I would also like to take a moment to thank Carol Covington for her support and service as the Wesley Woods Resident Representative for the 2026 Regional Forum Meetings. Carol has done a wonderful job representing our community and helping bring the resident perspective to these conversations. Thank you, Carol, for your time, engagement, and commitment!

We are currently looking for a 2027 Resident Representative to serve in this role. If you are interested in representing Wesley Woods and participating in the Regional Forum Meetings, please come see me. I would be happy to talk with you about the opportunity.

As the weather gets cooler and the leaves begin to change, I hope you'll take some time to enjoy everything October has to offer at Wesley Woods!

-Paige Trotta